



UNIVERSITY
of NICOSIA

**UNIC
SEP
TEM
BER**



**ORIENTATION
PROGRAMME**

03-23 SEPTEMBER 2018

Organisers:



UNIC September is the orientation programme of the University of Nicosia, designed to introduce new students to the University environment.

The programme consists of free English languages classes, social and sports activities, experiences, and learning opportunities.

FREE ENGLISH LANGUAGE COURSES
03 September-14 September @ 9:00 am-1:30 pm

ORIENTATION ACTIVITIES PROGRAMME

17-23 SEPTEMBER 2018

17
MON

09:30-10:30 Registration

Venue: Cine Studio Lobby

10:30-11:00 Welcome to UNIC!

Venue: Cine Studio

The Vice Rector for Academic Affairs of the University will welcome you and your family on campus.

11:00-12:00 Think Big

Venue: Cine Studio

The CEO of the University will discuss student and alumni success stories and the potential to use your university years to set your career direction.

12:00-12:10 UNIC Eagles – Class of 2022

Venue: Cine Studio

Join us for the UNIC Eagles – Class of 2022 Family Photo! Special guest our very own humanoid robot, Nicky.

12:10-14:00 Energizers – Introduce Yourself

Venue: EUROPA Amphitheatres (lobby)

A series of interactive team-building activities will help you to socialize and, above all, have fun! The University of Nicosia is a flourishing, diverse community composed of students with many different experiences, perspectives, and backgrounds. By understanding and learning how to engage in a diverse and inclusive environment, we can improve the way we interact with and support each other.

18:00-20:00 UNIC City Tour

Meeting Point: Open Amphitheatre

Get to know the campus and the area around it and make new friends, as part of this exciting 20 building campus tour!

20:00-22:00 #Movie_Pizza_Night

Venues: Gallery and Cine Studio

Swing into Cine Studio and join us for a screening of the popular "The Shape of Water". Enjoy an action-packed #Movie_Pizza_Night. Free popcorn and pizza!

For more information:

Orientation Activities

Department of Student Affairs

T: 22842150

E: student.affairs@unic.ac.cy

Sports Office

T: 22842336

E: pavlidou.a@unic.ac.cy

Main Reception

T: 22841500

E: reception@unic.ac.cy

English Language Intensive Course registration queries

Centre of Modern Languages

T: 22841696 | 22841509

E: iacovidou.c@unic.ac.cy
ioannou.s@unic.ac.cy

18
TUE

10:00–11:00 Cultural Mix (in English)

Venue: UNESCO Amphitheatre

Let's get familiar with other cultures, gain a heightened sense of social consciousness, and start to identify ourselves as global citizens. By understanding and learning how to engage in a diverse and inclusive environment, you can improve the way you interact with and support each other.

11:00–12:00 Language Fun (in English)

Venue: Classroom A21

Join us for a series of amusing and interactive language oriented activities that will help you learn more about the different languages of your fellow students and have fun while doing it.

12:00–13:00 Youth to Youth – Being Active in Cyprus (in English)

Venue: UNESCO Amphitheatre

Interested in finding out what is on offer to you as a university student? Meet representatives from the Cyprus Youth Board and get information on the abundance of opportunities available.

13:00–14:00 Free Time (Lunch)

14:00–15:30 Mastering Study Skills (Part A)

Venue: Plato Amphitheatre (in Greek) / Da Vinci Amphitheatre (in English)

We'll get to share tips and tricks for skillful studying through workshops and academic consulting (e.g. Essay Writing, Avoiding Plagiarism, etc.). It's in your hands to make your papers rock.

15:30–16:00 Break

16:00–18:00 Boosting Energy – Student Life Academy (in English)

Meeting Point: UNESCO Amphitheatre

Time to learn how to cultivate skills that contribute to psychological well-being, positive attitude towards life, and how to shift to a growth mindset. Anyone can get in the game! Advance positive energy is essential to thrive and we aim to provide you with the toolkit.

21:00–00:00 Chill-out Night

Venue: Square 19 (14, Porfyriou Dikaiou Str., Engomi)

Looking for a great opportunity to relax and meet new people? Join us for drinks, food, and music! First drink is on the house!

19
WED

10:00–12:30 Navigating Around Campus: Tips and Tricks – UNIC Services/Departments (in Greek)

Venue: Cine Studio

Get to know UNIC. This series of interactive presentations will provide the information you need to start at UNIC. With vital support, social and academic services, these presentations will help you settle in your first few weeks at the University. This session is designed to address aspects of campus life, health and safety, Intranet use, and introduction to the most important UNIC Services.

10:00–11:00 The Power of Expression (in English)

Venue: UNESCO Amphitheatre

Verbal, non-verbal communication, and presenting shouldn't be taken lightly. These skills allow you to give form and shape to the concepts and ideas you want to convey to your audience.

11:00–11:30 The Story of Cyprus (in English)

Venue: UNESCO Amphitheatre

What is it about this country that makes it magical? The sun, the golden beaches, the natural habitat, or something deeper? Let's find out through this brief session on the exciting history and culture of Cyprus.

11:30–12:30 Embrace the Culture of Cyprus! (in English)

Venue: UNESCO Amphitheatre

Feeling homesick in a foreign country is absolutely normal, but you can find out techniques to cope with that, and to make the most of your stay in Cyprus. Meet the hospitable people, sample the different flavours of the local dishes, smell the local air, and settle in to your new home!

13:00–14:00 Free Time (Lunch)

14:00–15:30 Mastering Study Skills (Part B)

Venue: Plato Amphitheatre (in Greek) / Da Vinci Amphitheatre (in English)

We'll get to share tips and tricks for skillful studying through workshops and academic consulting (e.g. Note Taking, Learning Styles, etc.). Useful tips that will enhance your learning.

15:30–16:00 Break

16:00–17:00 Meet your Professors (in English)

Venue: Cine Studio

Join the School Deans and professors for an official welcome to UNIC, where you can ask about your School/Programme and tips for academic success.

17:00–18:00 Short and Sweet (Cocktail)

Venue: Gallery

If you are still puzzled then you can meet in person with your School Dean and professors in a relaxing and cozy environment.

21:00–00:00 Clubbing Time

Venue: Square 19 (14, Porfyriou Dikaiou Str., Engomi)

Throw on your clubbing clothes and join us for a night to remember. First drink on UNIC!!!

20
THU

10:00–12:30 Navigating Around Campus: Tips and Tricks – UNIC Services/Departments (in English)

Venue: UNESCO Amphitheatre

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10:00–11:00 The Power of Expression (in Greek)

Venue: UNESCO Amphitheatre

Verbal, non-verbal communication and presenting shouldn't be taken lightly. These skills allow you to give form and shape to the concepts and ideas you want to convey to your public.

11:30–12:30 The Best Version of Yourself (in Greek)

Venue: UNESCO Amphitheatre

Grab the opportunity to meet the Commissioner for Volunteerism and Non-Governmental Organisations in Cyprus. Through volunteerism, you will gain new skills and unique experiences, while evolving into the best version of yourself.

13:00–14:00 Free Time (Lunch)

14:00–15:00 Meet Alumni Eagles (in English)

Venue: UNESCO Amphitheatre

Time to meet some Alumni Eagles, people who actually experienced the UNIC student life and gained a lot from their education.

15:00–16:00 Using Public Wheels (in English)

Venue: UNESCO Amphitheatre

Public transportation has its own benefits. We will inform you of the range of options and ways to easily move around

16:15–19:00 Evening City Stroll (in English)

Meeting point: Student Affairs Department (be there 15 minutes earlier as buses will depart at 16:15 sharp)

Ready to experience one of Nicosia's most distinctive places? Discover its unique markets, restaurants, bars, and most important sights. An experienced guide will take you around, ensuring a great evening in the city.

After the tour you may choose to either ride back to UNIC by bus or stay downtown and find your own transportation back. Bring money for buying dinner or if you wish you can bring a packed dinner.

FRI
21

11:00-12:00 Smart Shopping and Healthy Eating (in English)

Venue: UNESCO Amphitheatre

Good nutrition starts with smart choices. But who has time to read all the food labels and figure out which items are the most nutritious and the best buys? With a little guidance, healthy choices are easy to find in any supermarket. Cooking up healthy meals can be a piece of cake!

12:00-13:00 Spend Wisely (in English)

Venue: UNESCO Amphitheatre

A managing finances seminar to learn more about staying financially smart while being a student. This session will provide you with tips on budgeting and enjoying student life to the fullest while spending the minimum.

13:00-14:00 Free Time (Lunch)

14:00-20:00 Sporty Afternoon

Venue: On Campus -TBA

Feeling sporty today? We will help you get moving with a variety of sport activities. Choose whatever suits your style, no matter your physical condition. You don't have to be an athlete; it's all about adding a little more activity to your life, even in small portions!

SAT
22

10:00-19:00 Beat the Heat! – Day Trip

Meeting point: Department of Student Affairs (be there 15 minutes earlier as buses will depart at 10:00 sharp)

Escaping the heat in Cyprus is a tricky proposition! Join us for an excursion to the Lamaca C.T.O Beach to "beat the heat" along with a series of amusing activities: beach yoga, fun games, water balloon fights, and beach volley, just to name a few.

Bring money for buying lunch or if you wish you can bring a packed lunch.

SUN
23

10:00-18:00 Picnic Style Adventure – Day Trip

Meeting point: Student Affairs Department (you are kindly asked to be there 15 minutes earlier as buses will depart at 10:00 sharp)

A day trip to the Troodos mountains for our Eagles! Explore the mountain with a leisurely walk, participate in activities with the friends you have made over the week, or just enjoy the day off campus before an exciting new chapter begins.

Bring a packed lunch.

THU
27

American Sports Day

Meeting point: 18:00-21:00 Open Amphitheatre

An opportunity to learn more about traditionally American sports like baseball and American football, put your skills to the test, and win prizes! UNIC's Global Semesters study abroad students from the U.S. will lead the skills-building and games! Hosts: The American Center at the University of Nicosia, in collaboration with the Embassy of the United States in Cyprus.

THU
04
OCTOBER

19:00-00:00 UNIC Music Vibes

Meeting Point: Open Amphitheatre

A great way to usher in the academic year is by attending UNIC Music Vibes, with rousing DJs on the decks and a blend of food and beverages. Let's shake up the Open Amphitheatre!

All orientation activities are mandatory. If for some reason you cannot make it to one of the activities, please let one of your Group Leaders know.