

Course Title	Psychiatry						
Course Code	MED-507						
Course Type	Required						
Level	Undergraduate						
Year / Semester	Year 5/ Semester 10 (Spring)						
Teacher's Name	Course Lead: Dr Anna Polyniki						
ECTS	8	Lectures / week	4	Laboratories / week	0	Clinical Practice	36
Course Purpose and Objectives	<p>The main objectives of the last two years of the six year medical programme are to provide students with extensive experience in the clinical environment, mainly in hospitals but also in the community, so that they can utilise their learning over the previous 4 years to practise their clinical, communication, diagnostic and reasoning skills on real patients, and to learn about the management of patients, from a medical, therapeutic, surgical, psychosocial and caring perspective.</p> <p>In this course, students will spend five weeks working primarily with patients with mental illness. They will develop an understanding of the presentation, signs and symptoms, physical examination findings (if any), investigations (if any), diagnosis, treatment (medical and psychological) and management plan for common psychiatric disorders.</p> <p>They will communicate with the mentally ill, take a psychiatric history from them and carry out a mental state examination, while appreciating the importance of psychological, biological and social factors in the presentation, diagnosis and treatment of physical and psychiatric illness.</p>						
Learning Outcomes	<p>After the completion of the course the students should be able to:</p> <ol style="list-style-type: none"> 1. Take a psychiatric history from a patient, or relative of a patient, who is mentally ill in a sensitive and caring manner 2. Carry out a mental state examination (and any necessary physical examination) as part of investigation of the presenting complaint 3. Broadly outline a classification of mental illness differentiating between functional and organic illness and psychotic and neurotic states. 4. Come up with a differential diagnosis for the presenting complaint 5. Identify appropriate investigations, if any, including blood and urine (e.g. for drugs) to assist in the diagnosis of the presenting complaint and to interpret the results from such tests 6. Produce a comprehensive summary of the patient, to include symptoms and problems, aetiological factors, differential diagnosis, treatment plan and prognosis to present to the responsible clinician. 						

	<p>7. Describe the psychological, social (talking) and physical (pharmacological and other) therapies that may be used in the treatment of mental illness, and discuss possible adverse effects or complications of treatments.</p> <p>8. Discuss the medico-legal and ethical dilemmas associated with working with the mentally ill, including the ethics of involuntary detention and treatment in psychiatry</p> <p>9. Describe how to carry out a risk assessment on a patient.</p>				
Prerequisites	None	Required	None		
Course Content	<ul style="list-style-type: none"> • Addictive behaviour, alcohol, smoking and drugs • Mood disorders e.g. depression • Anxiety disorders, including phobias • Self-harm and suicide • Delirium (acute confusional state) • Eating disorders and obesity • Medically unexplained symptoms (somatoform, hypochondriacal and dissociative disorders) • Psychological aspects of chronic pain and disability • Schizophrenia and Psychosis, including delusions and hallucinations • Behavioural Disorders, including sexual dysfunction • Cognitive Problems (Organic Psychiatric Disorder) including dementia and Alzheimer's • Learning disability • Personality Disorder • Forensic Psychiatry • Psychiatry of aging and disability • Child and adolescent psychiatry • Psychological treatments • ECT • Mental Health Act • Capacity and consent to treatment 				
Teaching Methodology	The course is delivered by clinical placements, lectures, tutorials, case studies and group discussions and visits to the community, including a hospice.				
Bibliography	Required Textbooks/Reading:				
	Authors	Title	Publisher	Year	ISBN
	Wright, Pdraig (ed.)	Core psychiatry	Saunders	2010	9780702033971

	Recommended Textbooks/Reading:				
	Authors	Title	Publisher	Year	ISBN
	American Psychiatric Association	Diagnostic and statistical manual of mental disorders	American Psychiatric Association	2013	9780890425558
Assessment	Final year exam and final year OSCE.				
Language	English				