

Personal Information	
<b>Surname:</b>	Lampropoulou
<b>Name:</b>	Sofia
<b>Rank:</b>	Assistant Professor
<b>School:</b>	Sciences & Engineering
<b>Department:</b>	Life and Health Sciences
<b>Academic Domain:</b>	BSc Physiotherapy

Educational Qualifications		
Degree Title	Awarding Institution	Year Awarded
PhD in Health Sciences	Brunel University / UK	2010
Master in Teaching in Higher Education (BAPP)	Brunel University / UK	2007
MSc in Neurorehabilitation	Brunel University / UK	2005
BSc in Physiotherapy	TEI of Lamias / GR	2000

Employment History			
Period of Employment (MM/YY-MM/YY)	Employer	Location	Position
09/2015 - now	University of Nicosia	Cyprus	Assistant Professor of Physiotherapy (FT)
09/2010 – 02/2015	TEI of Western Greece	Greece	Assistant Professor of Physiotherapy (FT)
08/2010 – 08/2015	Self Employed	Greece	Clinical Job (Neurological Physiotherapist)
09/2009 – 06/2010	TEI of Lamia	Greece	Lecturer of Physiotherapy (PT)
09/2009 – 06/2010	Metropolitan College of Athens	Greece	Module leader of Neurological Rehabilitation (PT)
03/2006 – 02/2009	Brunel University	UK	Teaching Assistant
08/2005 - 02/2006 10/2003 - 09/2004	Self Employed	Greece	Clinical Job (Neurological Physiotherapist)
09/2003 – 06/2004	1o Technological Lyceum of Kiato (Secondary Level Education)	Greece	Teacher in Physiotherapy
09/2002 – 06/2003	1o/6o Technological Lyceums of Patras	Greece	Teacher in Physiotherapy
04/2000 – 08/2001	“KAT” General Hospital of Attiki	Greece	Clinical Physiotherapist

<b>Publications</b>						
<i>Key refereed journals / conference publications / books (monographs, co-authored, edited, chapters) (list up to 10 most recent and important ones)</i>						
	<b>Year</b>	<b>Title</b>	<b>Authors</b>	<b>Journal/ Conference /Book/etc</b>	<b>Vol. No /ISBN</b>	<b>Pages</b>
<b>1</b>	2018	Reliability, Validity and Minimal Detectable Change of the Mini-BESTest in Greek Participants with Chronic Stroke.	<b>Lampropoulou S</b> , Billis E, Gedikoglou IA, Michailidou C, Nowicky AV, Skrinou D, Michailidi F, Chandrinou D, Meligoni M.	Journal Physiotherapy Theory & Practice (accepted)	TBA	
<b>2</b>	2017	Η επίδραση της θεραπευτικής αναρρίχησης στην αδρή κινητική λειτουργία παιδιών και εφήβων με ημιπληγία.	Λιξέκα ΓΕ, Παράς ΣΓ, Σακελλάρη Β, <b>Λαμπροπούλου ΗΣ</b> , Ταμπάκη Σ.	<b>Award of Best Poster</b> at 27ο Panhellenic Conference		
<b>3</b>	2016	Cross Cultural Adaptation of Mini- Balance Evaluation Systems Test (mini-BESTest) into Greek.	<b>Lampropoulou S.</b> , Gedikoglou I.A., Michailidou C., Billis E.	World Journal of Research & Review	3(3)	61-67
<b>4</b>	2016	Cross Cultural Adaptation of Berg Balance Scale in Greek for Various Balance Impairments.	<b>Lampropoulou S.</b> , Gizeli A., Kalivioti C., Gedikoglou I.A., Billis E., Nowicky A.V.	Journal of Physical Medicine Rehabilitation & Disabilities	2:011	Open Access
<b>5</b>	2016	Διαπολιτισμική Προσαρμογή και Πιλοτική Εφαρμογή της Motor Assessment Scale (MAS) στα Ελληνικά.	<b>Λαμπροπούλου Σ.</b> , Βαρδουλάκης Σ., Μιράκα Ε., Γκεδικογλου Ι.Α., Μπίλλη Ε	Journal of Physical Activity, Nutrition & Rehabilitation, , PANR	e-ISSN: 2421-7824	92-110
<b>6</b>	2016	Σπαστικότητα: Νέα Δεδομένα για τους Παθοφυσιολογικούς της Μηχανισμούς	<b>Λαμπροπούλου Σ.</b> , Κοτταρά Δ., Λαμπράκης Γ.	Περιοδικό Φυσικοθεραπεία	18 (1)	56-66
<b>7</b>	2014	Perception of Effort Changes Following an Isometric Fatiguing Exercise of Elbow Flexors	<b>Lampropoulou S.</b> , Nowicky VA.,	Motor Control Journal	18	146-164
<b>8</b>	2013	The Effect of Transcranial Direct Current Stimulation on Perception of Effort in an Isolated Isometric Elbow Flexion Task	<b>Lampropoulou S.</b> , Nowicky VA.,	Motor Control Journal	17	412-426

9	2013	Παράμετροι Επιτυχίας των Φοιτητών του Τμήματος Φυσικοθεραπείας ΤΕΙ Πάτρας στα Θεωρητικά Μαθήματα Ειδικότητας,	<b>Λαμπροπούλου Σ,</b> Ταχούλας Γ, Θεοδωρόπουλος Χρ.	Επιθεώρηση Κλινικής Φαρμακολογίας και Φαρμακοκινητικής,	31	171-181
10	2012	Magnetic versus Electrical Stimulation in the Interpolation Twitch Technique of Elbow Flexors	<b>Λαμπροπουλου, S.,</b> Nowicky V.A., Marston L.,	Journal of Sports Science and Medicine	11	709-718
11	2012	Διαταραχές Ισορροπίας σε Ασθενείς με Νόσο Πάρκινσον.	<b>Λαμπροπούλου Σ,</b> Μιχαήλ Α., Νούση Σ.,	Περιοδικό Φυσικοθεραπεία	15(3)	67-72
12	2011	Evaluation of the Numeric Rating Scale for Perception of Effort during Isometric Elbow Flexion Exercise, European	<b>Λαμπροπουλου, S.,</b> Nowicky V.A.	Journal of Applied Physiology	112	1167–1175

### Funded Projects

(list up to 10)

	Project Title	Funding Agency	Project Duration (DD/MM/YY- DD/MM/YY)	Participation Status (e.g. Partner, Principal Investigator, Research Associate)	Total Project's Budget	Allocated / Awarded Budget to the Participant
1	Enhanced PhD Studentship	Brunel University	01/03/2006- 28/02/2009	Doctoral Student	NA	£ 20.000/ annually (3 yrs)
2	«Αρχιμήδης ΙΙΙ - Ενίσχυση ερευνητικών ομάδων στα Τ.Ε.Ι.»	ΤΕΙ of Western Greece ESPA 2007-2013	01/05/2013- 31/01/2015,	External Collaborator	100.000	€ 1.500,00
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## Consultancy and Scholarly Work

*(E.g. Membership in Boards, Editorial Committees, etc. List up to 10)*

	Period (MM/YY-MM/YY)	Description
1	10/2017 – now	Coordinator of BSc / MSc / PhD Physiotherapy Program
2	Since 2017	Member of Editorial Board of World Journal of Physical & Rehabilitation Medicine
3	Since 2016 Reg. No. 853	Member of Pancyriot Association of Physiotherapists
4	Since 2006, Reg. No 118962	Member of The Physiological Society of UK
5	Since 2004, Reg. No PH2138	Member of Health Professional Council (HPC) of UK
6	Since 2002, Reg. No. 3603	Member of Panhellenic Scientific Association of Physiotherapists. PSF.
7	Since 2000, Reg. No. 705	Member of Hellenic Scientific Society of Physiotherapy (από το 2000, Αρ. Μητρώου 705)
8	2017	Member of Scientific Board of the 27o Panhellenic Scientific Conference of PSF and of the 6th Pancyriot Scientific Conference in Nicosia
9	2010-2017	Member of Committees for assessment of Undergraduate Thesis
10	2014-2017	Member of Editorial Boards for Curriculum Development
11	2016-2017	Coordinator of Clinical Placements and Practicum of Physiotherapy Students at Nicosia University

## Awards and Recognitions

*(list up to 10)*

	Year	Description
1	2017	<b>Award of Best Research Poster Presentation</b> at 27o Panhellenic Conference with the title: 'Η επίδραση της θεραπευτικής αναρρίχησης στην αδρή κινητική λειτουργία παιδιών και εφήβων με ημιπληγία' Λιζέκα ΓΕ, Παράς ΣΓ, Σακελλάρη Β, <b>Λαμπροπούλου ΗΣ</b> , Ταμπάκη Σ.
2	2006	<b>Recognized as an enhanced PhD Physiotherapy Student</b> to present to The Queen of England Elizabeth the Doctoral Research Protocol about Transcranial Magnetic Stimulation over Motor Area of the Brain as part of the Celebration for the Opening of the 'Mary's Seacole Building' of The School of Health Sciences a7 Social Care, Brunel, UK.
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