

Academic Personnel Short Profile / Short CV

University:	University of Nicosia
Surname:	Ferreira
Name:	Nuno
Rank:	Associate Professor
Faculty:	Humanities and Social Sciences
Department:	Social Sciences
Scientific Domain:	Clinical and Health Psychology

Academic qualifications

Qualification	Year	Awarding Institution	Department	Thesis title
PhD	2011	University of Edinburgh, UK	Clinical and Health Psychology	"Investigating the role of Acceptance and the use of Acceptance and Commitment Therapy in Irritable Bowel Syndrome"
Licenciature	2004	Instituto Superior de Psicologia Aplicada, Portugal	Clinical Psychology	Burnout and Coping in Maternity ward Physicians and nurses

Employment history

Period of employment		Employer	Location	Position
From	To			
September 2017	Present	University of Nicosia	Nicosia, Cyprus	Associate Professor
January 2017	July 2017	European University Cyprus	Nicosia, Cyprus	Special Scientific Collaborator
February 2012	November 2017	University of Edinburgh	Edinburgh, UK	Teaching Fellow, Lecturer, Senior Teaching Fellow

Key <u>refereed</u> journal papers, monographs, books, conference publications etc.						
Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2018	Factors Emerging from the Zarit Burden Interview and Predictive Variables in a UK Sample of Caregivers for People with Dementia.	Smith, K., George, C., Ferreira, N.	International Psychogeriatrics	Vol 30 Special issue 11	1671-1678
2	2018	The Influence of Psychosocial Factors in Veteran Adjustment to Civilian Life	Bowes, M., Ferreira, N. , Henderson	Clinical Psychology and Psychotherapy	e-pub ahead of print	https://doi.org/10.1002/cpp.2182
3	2017	Work-Life Balance, Couple Satisfaction, and Father Involvement: A Cross-Cultural Study	Parung, G. E. & Ferreira, N.	Anima Indonesian Psychological Journal	Vol. 32, No. 4	201-216.
4	2017	An Implementation Trial of ACT-Based Bibliotherapy for Irritable Bowel Syndrome	Gillanders, D., Ferreira, N. , Angioni, E., Carvalho, S., Eugenicos, M	Journal of Contextual Behavioural Science	Vol 6, Issue 2	172-177
5	2017	A pilot study of Acceptance and Commitment Therapy (ACT) for Irritable Bowel Syndrome (IBS) – A preliminary analysis of treatment outcomes and processes of change	Ferreira, N. , Eugenicos, M., Morris, P., Gillanders, D.	Clinical Psychologist	Vol 22, Issue 2	241-250
6	2017	New psychological therapies for Irritable Bowel Syndrome: Mindfulness and Acceptance and Commitment Therapy (ACT)	Sánchez, B. S., Roales-Nieto, J. G., Ferreira, N. , Luciano, B. G., Domingo, J. J.S	Spanish Journal of Digestive Illnesses	Vol 109, Issue 9	648-657
7	2016	Better living with illness: A transdiagnostic acceptance and commitment therapy group intervention for chronic physical illness.	Brassington, L., Ferreira, N. , Yates, S., Fearn, J., Lanza, P., Kemp, K., & Gillanders, D.	Journal of Contextual Behavioral Science	Vol 5 Issue 4	208-214

8	2016	Depression and physical disability in chronic pain: The mediation role of emotional intelligence and acceptance.	Costa, J., Maroco, J., Pinto-Gouveia, J., Ferreira, N	The Australian Journal of Psychology	Vol 69, Issue 3	167-177
9	2016	The influence of psychological flexibility on life satisfaction and mood in muscle disorders.	Graham, C. D., Gouick, J., Ferreira, N. , Gillanders, D.	Rehabilitation Psychology	Vol 61 Issue 2	210-217
10	2016	Heavy cannabis use is associated with low bone mineral density and an increased risk of fractures	Sophocleous, A., Robertson, J., Ferreira, N. , McKenzie, J., Fraser, W., & Ralston, S	American Journal of Medicine	Vol 130 Issue 2	214-221

Exhibitions					
Ref. Number	Date	Topic	International / Local	Location	Role in Exhibition
1	November 2018	Moderating effect of Psychosocial factors in the relation between Symptom Severity and Quality of Life in Irritable Bowel Syndrome (IBS)	6th International Multithematic Scientific Bio-Medical Congress	Cyprus, European University Cyprus	Oral poster presenter
2	October 2018	Third-Wave CBT approaches to Gastrointestinal (GI) Conditions - An emerging field	CYPSA – Psychology and Health, best practices in practice Conference	Cyprus, University of Cyprus	Invited Talk
3	May 2018	Pediatric chronic pain and adjustment: the mediating role of acceptance, catastrophizing and kinesiophobia	. 9th World Congress of the World Institute of Pain	Dublin, Ireland	Oral poster presenter
4	July 2017	Low intensity psychological intervention for Irritable Bowel Syndrome”	Association of Contextual Behavioural Science World Conference 15	Sevilla, Spain	Oral paper

5	July 2017	Values, Values-Consistent Behaviour and Wellbeing in Adolescents	Association of Contextual Behavioural Science World Conference 15	Sevilla, Spain	Oral aper
6	July 2017	ACT Processes in the Workplace and in Organizational Settings	Association of Contextual Behavioural Science World Conference 15	Sevilla, Spain	Symposium Chair
7	July 2017	Working in a Demanding Environment: Employee Wellbeing in Secure Forensic Settings	Association of Contextual Behavioural Science World Conference 15	Sevilla, Spain	Oral paper
8	July 2017	Burnout and Job Satisfaction in Secure Mental Health Settings: Exploring the Effects of Social Support, Psychological Mindedness and Psychological Flexibility	Association of Contextual Behavioural Science World Conference 15	Sevilla, Spain	Oral paper
9	July 2017	An Exploration of the Role of Psychological Flexibility, Mindfulness and Parenting in Predicting Health Outcomes in Adolescents with Type 1 Diabetes	Association of Contextual Behavioural Science World Conference 15	Sevilla, Spain	Oral paper
10	October 2016	Exploring treatment targets and novel methods of increasing psychological flexibility in young people with diabetes	3rd BABCP ACT SIG / ACBS UK & Ireland Chapter Conference.	Edinburgh, UK	Symposium Chair

Research Projects.

Ref. Number	Date	Title	Funded by	Project Role
1	2018	Project LIFE with IBD	Foundation for Science and Technology, Portugal	Research Team Member
2	2018	Unic Mental Health Screening Days 2018	Internal grant, University of Nicosia	Project Coordinator
3	2016	Barnardo's Scotland in ACTION	College of Humanities & Social Science - Knowledge exchange and impact grant	Project Coordinator
4	2015	Psychosocial predictors of Chronic Pain in Paediatric populations	Welcome Trust Seed award in Medical Humanities	Project Coordinator
5	2015	Well-being in new fathers coming back to work	Fathers Network Scotland	Project Coordinator
6	2014	Psychological interventions in palliative care: a practitioner / researcher network for developing and evaluating novel treatments	Knowledge Exchange Grant – University of Edinburgh	Project Coordinator
7	2014	On-line training of clinical psychology post-graduates in Good clinical Practice Research principles	Principal's Teaching Award Scheme	Project Coordinator
8	2012	Low intensity interventions for IBS	Moray Endowment Award	Co-PI

Consulting Services and/or Participation in Councils / Boards/ Editorial Committees.

Ref. Number	Period	Organization	Title of Position or Service	Key Activities
1	February 2017-Present	Journal of Contextual Behavioural Science	Guest editor	Editor
2	June 2015 - Present	Skills and Development Services, UK	Consultant	Workshop facilitator
3	May 2016 - Present	NHS Lanarkshire, UK	Consultant	Supervisor
4	2015	Center for Research in Neuropsychology and Cognitive and Behavioral Intervention at the Universidade de Coimbra, Portugal	Consultant	Research collaborator
5	June 2018 - Present	Association for Contextual Behavioural Science	Grant Committee Member	Grant award decision maker

Awards / International Recognition			
Ref. Number	Date	Title	Awarded by:
1	2010	Best Poster award	XXVIII European Psychosomatic Research Conference

Other Achievements.			
Ref. Number	Date	Title	Key Activities:
1	2016	Using Acceptance and Commitment Therapy (ACT) in Health Psychology Settings – an experiential introduction	Invited workshop at the European Health Psychology Conference (EHPS 2016, Aberdeen, UK):
2	2015	Using Acceptance and Commitment Therapy (ACT) in Health Psychology Settings – an experiential introduction	Invited workshop at the European Health Psychology Conference (EHPS 2015, Limasol, Cyprus):