

ERASMUS+ GRANT FOR TRAINEESHIP MOBILITY 2023 PROJECT

Erasmus+ Long-Term Traineeship Mobility	
Country	Monthly amount including Traineeship Top-Up in EUR
Norway, Denmark, Luxembourg, Iceland, Sweden, Ireland, Finland, Lichtenstein	824
Netherlands, Austria, Belgium, France, Germany, Italy, Spain, Greece, Malta, Portugal	756
Slovenia, Estonia, Latvia, Croatia, Slovakia, Czech Republic, Lithuania, Turkey, Hungary, Poland, Romania, Bulgaria, Republic of North Macedonia, Serbia	700
* <u>Fewer opportunities participants</u> top-up additional 250EUR	

Erasmus+ Blended & Doctoral Short-Term Mobility	
Period	Daily amount in EUR
5 – 14 Days	79
15 – 30 Days	56
Top-Up for fewer opportunities participants	
Amount per participant in EUR	
5 – 14 Days	100
15 – 30 Days	150

Erasmus+ Travel Grant**	
Distance in KM	Amount per participant in EUR
500 – 1999	275
2000 – 2999	360
3000 – 3999	530
4000 – 7999	820
8000+	1500
* <u>EU Distance Calculator Tool</u>	
**Available for participants who travel FROM Cyprus to the destination country	