

### Academic Personnel Short Profile / Short CV

<b>University:</b>	University of Nicosia
<b>Surname:</b>	Panagopoulou
<b>Name:</b>	Efharis
<b>Rank/Position:</b>	Adjunct
<b>Faculty:</b>	Education
<b>Department:</b>	Education
<b>Scientific Domain: *</b>	Psychology

*\* Field of Specialization*

Academic qualifications (list by highest qualification)				
Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
PhD	2001	Leiden University, The Netherlands	Psychology	Social Sharing of Emotions
Bachelors (ptychio)	1996	Aristotle University, Thessaloniki, Greece	Psychology	

### Employment history in Academic Institutions/Research Centers – List by the three (3) most recent

Period of employment		Employer	Location	Position
From	To			
2018	present	Aristotle University Thessaloniki	Thessaloniki	Associate Professor of Clinical Health Psychology
2019	Present	University of Nicosia	Nicosia	Adjunct Faculty
2015	2018	Aristotle University Thessaloniki	Thessaloniki	Senior Lecturer of Psychology
2006	present	Hellenic Open University	Patras	Module Leader “Psychological issues in healthcare”, Hellenic Open University, Masters in Health Care Management

Key <u>refereed</u> journal papers, monographs, books, conference publications etc. List the five (5) more recent and other five (5) selected –(max total 10)						
Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2021	Do critical incidents lead to critical reflection among medical students?	Doulougeri, K., Montgomery, A.,	<b>Heal Psychol Behav Med. 2021</b>	9	206-219
2	2021	<u>Resilience interventions in physicians: A systematic review and meta-analysis.</u>	Angelopoulou. E.	Applied Psychology: Heal Well-Being.	01	1-23
3	2020	Is wellbeing at work related to professional recognition: a pilot intervention.	Angelopoulou, E.	Psychol Heal Med.	8	950-957
4	2019	Can self-pampering act as a buffer against depression in women?	Dalkou M, Angelopoulou P, Montgomery A	Health Psychol Res	5	
5	2019	Does empathy change during undergraduate medical education? - A meta-analysis	Spatoula, V Montgomery A	Med teacher	8	895-904
6	2018	Playing music improves well-being of oncology nurses	Ploukou S	Appl Nurs Res.	39	77-80
7	2016	(How) do medical students regulate their emotions?	Doulougeri K	BMC Med Educ	12	
8	2016	Building Resilience in Children – Moving from treatment to prevention.	Montgomery,A	Europ H Psycholo	18	97-101

9	2013	The impact of maternal stress on initiation and establishment of breastfeeding.	Montgomery A, Doulougeri K	<i>J Neo Nurs</i>	13	
10	2009	Experimental emotional disclosure in women undergoing infertility treatment:	Montgomery A, Tarlatzis B	Soc Sci Med	69	678-81

Research Projects. List the five (5) more recent and other five (5) selected (max total 10)				
Ref. Number	Date	Title	Funded by	Project Role*
1	2016-2017	"Improving Quality and Safety in the Hospitals I	General Secretariat Research Technology	Principal Investigator/Project Leader
2	2015-2016	"Improving Quality and Safety in the Hospitals II.	"Improving Quality and Safety in the Hospitals II.	Principal Investigator/Project Leader
3	2014-2015	"Ameliorating Caregiver Stress: Integrating Dyadic Coping and Cultural Frameworks"	European Health Psychology Society	Project Partner
4	2009-2014	Organisational culture, professional burnout and quality of health care	7 <sup>TH</sup> Research Framework, European Union	Principal Investigator/Project Leader
5	2004-2005	"The influence emotional communication in infertility treatment"	European Union - Third Framework	Research Coordinator

6	2002-2004	"Prevention of burn-out in health care professionals	European Union - Third Framework	Research Coordinator
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*\*Project Role: i.e. Scientific/Project Coordinator, Research Team Member, Researcher, Assistant Researcher, other*

Academic Consulting Services and/or Participation in Councils / Boards/ Editorial Committees. List the five (5) more recent (Optional Entry)				
Ref. Number	Period	Organization	Title of Position or Service	Key Activities
1	2019-present	Medical Education	Member of editorial board	
2	2014-present	British Health Psychology	Member of editorial board	
3	2016-present	Journal of Psychosomatic Research	Member of editorial board	
4	2014-2016	Centre for Primary Care, Institute of Population Health, University of Manchester,	Research Consultant	
5	2011-2014	Institute of Work Health, and Organizations, University of Nottingham, UK	Honorary Lecturer	

**Awards / International Recognition (where applicable). List the five (5) more recent and other five (5) selected.  
(max total 10) (Optional Entry)**

Ref. Number	Date	Title	Awarded by:
1	2012	Fullbright Research Scholar New York University, USA	Fullbright Foundation