



Academic Personnel Short Profile / Short CV

University:	University of Nicosia
Surname:	Argiropoulou
Name:	Maria-Ioanna
Rank/Position:	Adjunct Faculty
Faculty:	School of Education
Department:	Department of Education
Scientific Domain: *	Clinical Psychology

** Field of Specialization*

Academic qualifications (list by highest qualification)				
Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
PhD in Clinical Psychology	2014	National & Kapodistrian University of Athens	Department of Philosophy, Pedagogics and Psychology	
Postgraduate Diploma in Cognitive & Behavioral Therapy	2012	Institute of Behavioral Research & Therapy	Institute of Behavioral Research & Therapy	
M.Sc. in Clinical Psychology	2010	National & Kapodistrian University of Athens	Department of Philosophy, Pedagogics and Psychology	
B.Sc. in Psychology	2006	National & Kapodistrian University of Athens	Department of Philosophy, Pedagogics and Psychology	
B.Sc. in Philosophy, Education, and Psychology (direction: Psychology),	2003	National & Kapodistrian University of Athens	Department of Philosophy, Pedagogics and Psychology	

Employment history in Academic Institutions/Research Centers – List by the three (3) most recent

Period of employment		Employer	Location	Position
From	To			
2018	today	University of Nicosia	Distance learning	Adjunct Faculty
2017	today	University of West Attica	Athens	Academic Fellow
2020	today	Hellenic Open University	Distance learning	Adjunct Faculty

Key refereed journal papers, monographs, books, conference publications etc. List the five (5) more recent and other five (5) selected –(max total 10)

Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2020	The role of psychological distress as a potential route through which procrastination may confer risk for reduced life satisfaction	Argiropoulou M.I. & Vlachopanou. P.	. Current Psychology	https://doi.org/10.1007/s12144-020-00739-8	
2	2021	Studying Vs Internet Use 0-1: The Mediating Role of Academic Procrastination Between Flow and Problematic Internet Use Among Greek University Students.	Argiropoulou M.I. & Vlachopanou. P.	Journal of Technology in Behavioral Science,	6, DOI:10.1007/s41347-020-00173-4	159-165,
3	2016	The relationship between general procrastination and health behaviors. What can we learn from Greek students?	Argiropoulou, M. I., Sofianopoulou, A. & Kalantzi-Azizi, A.	In T. Pychyl & F. Sirois (Eds). "Perspectives on Procrastination, Health, and Well-Being",	Elsevier, http://dx.doi.org/10.1016/B978-0-12-802862-9.00007-4	143-160

4	2015	Chronic procrastination among Emerging Adults: Factor Structure of the Greek Version of General Procrastination Scale.	Argiropoulou, M.I. & Ferrari, J.R.	Hellenic Journal of Psychology	12(2),	85-104
5	2015	Self-Disclosure Between Marital Couples: A Comparative Study Between Singapore and Greek Couples.	Quek, K. M. T., Taniguchi, N., & Argiropoulou, M. I.	Journal of Comparative Family Studies	46(2)	221-240
6	2015	Is procrastination related to sleep quality? Testing an application of the procrastination–health model	Sirois, F. M., van Eerde, W., & Argiropoulou, M. I.	Cogent Psychology	2(1)	1074776 http://dx.doi.org/10.1080/23311908.2015.1074776
7	2014	Frequency and Reasons for Academic Procrastination among Greek University Students: Shedding Light on a Darkened yet Critical Issue	Argiropoulou, M. I., Kalantzi-Azizi, A., & Ferrari, J. R.	Psychology	21(2),	150-160
8	2011	Conflict patterns among Greek couples: The role of values, self-disclosure, and relationship satisfaction.	Argiropoulou, M., Pavlopoulos, V., & Quek, K	In F. Deutsch, M. Boehnke, U. Kühnen & K. Boehnke (Eds.), Rendering borders obsolete: Cross-cultural and cultural psychology as an interdisciplinary, multi-method endeavor, Bremen, Germany: International Association for Cross-Cultural Psychology	available via http://www.iaccp.org/digital/Bremen	17-35

9	2016	Obsessive Compulsive Disorder: Case study [In Greek] (Ιδεοψυχαναγκαστική Διαταραχή, μελέτη περίπτωσης) .	Argiropoulou, M.I.	In A. Kalantzi -Azizi & A. Sofianopoulou (Eds.) Cognitive Behavioral Therapy of Children and Adolescents, Pedion Publications	ISBN: 97896 05467 098	379-410
10	2014	Cognitive Behavioral Techniques of Anger Management [In Greek} (Γνωσιακές- συμπεριφοριστικές τεχνικές διαχείρισης θυμού)	Argiropoulou, M.I.	In k. Efthimiou & M.S. Koulouvani (Eds) Techniques of Cognitive Behavioral Therapy, Part 1,		233-248

Academic Consulting Services and/or Participation in Councils / Boards/ Editorial Committees. List the five (5) more recent (Optional Entry)				
Ref. Number	Period	Organization	Title of Position or Service	Key Activities
1	2020 -present	Journal of Current Psychology	Reviewer at Journal of Current Psychology	review
2	2019-present	Journal of Cognitive Behavioral Research and Therapy	Member of the Scientific Committee of the Journal of Cognitive Behavioral Research and Therapy (in Greek)	review