



UNIVERSITY
of NICOSIA

UNIC
SEP
TEM
BER



ORIENTATION
PROGRAMME
8-24 SEPTEMBER 2021

Register online at unic.ac.cy/unic-sept-2021 and choose to attend online or on campus via our UNIC NOW app.

Please note: For the on campus participation, due to COVID-19 restrictions, only students registered in the relevant sessions through the "UNIC NOW" app will be able to attend.

Persons aged 12 years and over visiting the premises of the University, it is necessary to have and show an official SafePass Certificate and identity card or passport for identification.

ONLINE INTENSIVE ENGLISH LANGUAGE COURSES*

8-21 SEPTEMBER

* English language courses will run via our e-learning platform. Make sure you have registered separately at unic.ac.cy/unic-sept-2021 and check your email for further instructions and credentials in order to access your course.

MONDAY-FRIDAY	ENGLISH CLASSES	BREAK	ENGLISH CLASSES
DAILY SCHEDULE:	09:00-11:00	11:00-11:30	11:30-13:30

ORIENTATION ACTIVITIES PROGRAMME*

22-24 SEPTEMBER

Register at bit.ly/ticketU21 and build your own schedule with online sessions only or a combination of online and on-campus sessions. Check your email for further instructions to complete the signup process.

22/09

WED

10:30-11:00 **Welcome to UNIC!** (in Greek)
Venue: UNESCO Amphitheatre
Options: Online | On Campus

The Rector of the University and the Vice President of Student Services will welcome you on campus.

11:00-11:30 **Think Big** (in Greek)
Venue: UNESCO Amphitheatre
Options: Online | On Campus

The CEO of the University will discuss student and alumni success stories and the potential to use your university years to set your career direction.

11:30-13:00 **Navigating Around Campus: Tips and Tricks - UNIC Services/Departments** (in Greek)
Venue: UNESCO Amphitheatre
Options: Online | On Campus

Get to know UNIC. This series of interactive presentations will provide the information you need to start at UNIC. With vital support, social and academic services, these presentations will help you settle in your first few weeks at the University. This session is designed to address aspects of campus life, health and safety, UNIC Student Portal use, and introduction to the most important UNIC Services.

14:00-14:45 **Energizers - Introduce Yourself** (in Greek)
Venue: UNESCO Amphitheatre
Option: On Campus

A series of interactive team-building activities will help you to socialize and, above all, have fun! The University of Nicosia is a flourishing, diverse community, composed of students with many different experiences, perspectives, and backgrounds. By understanding and learning how to engage in a diverse and inclusive environment, we can improve the way we interact with and support each other.

15:00-16:15 **Mastering Study Skills** (in Greek)
Venue: UNESCO Amphitheatre
Options: Online | On Campus

We'll get to share tips and tricks for skillful studying through workshops and academic consulting (e.g. Essay Writing, Avoiding Plagiarism, etc.). It's in your hands to make your papers rock.

17:30-18:30 **Shall We... Dance?**
Option: Online

Are you into dance mood today? Even if not, we will help you get into it with this amusing Dance Class! You don't have to be a professional dancer. Just follow the steps! That simple!

23/09

THU

10:30-11:00 **Welcome to UNIC!** (in English)
Venue: UNESCO Amphitheatre
Options: Online | On Campus

The Rector of the University and the Vice President of Student Services will welcome you on campus.

11:00-11:30 **Think Big** (in English)
Venue: UNESCO Amphitheatre
Options: Online | On Campus

The CEO of the University will discuss student and alumni success stories and the potential to use your university years to set your career direction.

11:30-13:00 **Navigating Around Campus: Tips and Tricks - UNIC Services/Departments** (in English)
Venue: UNESCO Amphitheatre
Options: Online | On Campus

Get to know UNIC. This series of interactive presentations will provide the information you need to start at UNIC. With vital support, social and academic services, these presentations will help you settle in your first few weeks at the University. This session is designed to address aspects of campus life, health and safety, UNIC Student Portal use, and introduction to the most important UNIC Services.

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Options: Online | On Campus

We'll get to share tips and tricks for skillful studying through workshops and academic consulting (e.g. Essay Writing, Avoiding Plagiarism, etc.). It's in your hands to make your papers rock.

19:30-20:30 **UFIT Workout Classes** (3 options available)
Option: Online

Feeling sporty today? We will help you get moving with multi Workout Classes. No matter your physical condition, it is all about adding a little more activity to your life, even in small portions!

1. Body Pump
2. Core
3. Yoga

24/09

FRI

09:00-10:00 **Developing Academic Skills** (in Greek)
Venue: UNESCO Amphitheatre
Options: Online | On Campus

During the session the Pedagogical Support Unit (PSU) Director will present key ideas of the various workshops that will be offered by PSU: Effective Presentations, Effective Team Work, Developing Skills for the 21st century, ICT Tools to support your Academic work, Scientific Report, Research Papers, Referencing and Plagiarism.

10:00-11:00 **Online Learning** (in Greek)
Venue: UNESCO Amphitheatre
Options: Online | On Campus

At UNIC, we use a number of online learning tools to enhance your learning experience. In this session, we will show you how to participate in video-conferencing sessions held by your lecturers in Webex, and how to use Moodle to access your course material (course syllabus, presentations, notes etc.), interact with your classmates and lecturers, and submit assignments.

11:30-12:30 **Developing Academic Skills** (in English)
Venue: UNESCO Amphitheatre
Options: Online | On Campus

During the session the Pedagogical Support Unit (PSU) Director will present key ideas of the various workshops that will be offered by PSU: Effective Presentations, Effective Team Work, Developing Skills for the 21st century, ICT Tools to support your Academic work, Scientific Report, Research Papers, Referencing and Plagiarism.

12:30-13:30 **Online Learning** (in English)
Venue: UNESCO Amphitheatre
Options: Online | On Campus

At UNIC, we use a number of online learning tools to enhance your learning experience. In this session, we will show you how to participate in video-conferencing sessions held by your lecturers in Webex, and how to use Moodle to access your course material (course syllabus, presentations, notes etc.), interact with your classmates and lecturers, and submit assignments.

14:30-15:00 **Introduction to the UN 17 Sustainable Development Goals and How yo(U)NIC Can Support Them** (in English)
Venue: UNESCO Amphitheatre
Options: Online | On Campus

Join this 30-minute presentation and find out about the UN 2030 Agenda and the 17 Sustainable Development Goals. The seminar will explain why sustainability is important to universities and students, and highlight examples of UNIC activities towards the 17 SDGs through the prism of research, operations, learning and community service.

15:00-16:00 **Boosting Energy** (in English)
Option: Online

Time to learn how to cultivate skills that contribute to psychological well-being, positive attitude towards life, and how to shift to a growth mindset. Anyone can get in the game! Advance positive energy is essential to thrive and we aim to provide you with the toolkit.

16:30-17:30 **UFIT Workout Classes** (3 options available)
Option: Online

Feeling sporty today? We will help you get moving with multi Workout Classes. No matter your physical condition, it is all about adding a little more activity to your life, even in small portions!

1. Body Combat
2. Glutes
3. Abs

18:00-21:00 **Sport Activities**
Venue: TBA
Option: On Campus
RSVP by: 23/9/2021

How about some more exercise, after the warmup? Choose the activity that suits your style and fitness and have fun with your new friends!

18:00-19:00 Cycling Tour around campus (meeting point TBA)
19:00-20:00 Zumba Session (Open Amphitheatre)
20:00-21:00 Hatha Yoga Session (Open Amphitheatre)

If you wish to participate on campus, please make sure to register for this session (limited participation for on-campus events due to COVID-19 restrictions).

More information:

Intensive Online English Language Course

Centre of Modern Languages (General Questions)
Tel.: 22 842 359
Email: cml@unic.ac.cy

Orientation Activities

Department of Student Affairs
Tel.: 22 842 150
Email: student.affairs@unic.ac.cy

Sports Office
Tel.: 22 842 336
Email: pavlidou.a@unic.ac.cy

Organisers:

