



Academic Personnel Short Profile / Short CV

University:	University of Nicosia
Surname:	Tsouloupas
Name:	Constantinos
Rank/Position:	Assistant Professor
Faculty:	Sciences and Engineering
Department:	Life and Health Sciences
Scientific Domain: *	Sport Psychology/ Applied; Sport Pedagogy

** Field of Specialization*

Academic qualifications (list by highest qualification)

Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
PhD	2011	Louisiana State University, Baton Rouge, Louisiana	Department of Kinesiology	
MA	2006	California State University at Fresno, California	Department of Kinesiology	
BA	2004	Southern Illinois University at Carbondale, Carbondale, Illinois	Department of Psychology	
BSc	2003	Southern Illinois University at Carbondale, Carbondale, Illinois	Department of Physical Education,	



Employment history in Academic Institutions/Research Centers–List by the three (3) most recent

Period of employment		Employer	Location	Position
From	To			
1/2015-	Present	University of Nicosia	Cyprus	Assistant Professor
8/2011-1/2015	1/2015	University of Nicosia	Cyprus	Lecturer

Key refereed journal papers, monographs, books, conference publications etc. List the five (5) more recent and other five (5) selected–(max total 10)

Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2015	An eight week school-based intervention with circuit training improves physical fitness and reduces body fat in male adolescents	Giannaki, C. D., Aphantis, G., Ioannou, Y., & Hadjicharalambous, M	The Journal of Sports Medicine and Physical Fitness	56(7-8)	894-900.
2	2015	The relationship between physical fitness and obesity among a sample of adolescents in Cyprus.	Aphantis, G., Giannaki, C. D., Ioannou, Y., & Hadjicharalambous, M.	Journal of Adolescent Medicine and Health	27(4)	369-375
3	2014	The Development of High School Teachers' Efficacy in Handling Student Misbehavior (TEHSM)	Carson, R. L., & MacGregor, S. K.	The Journal of Educational Research	107(3)	230-240.
4	2014	Personal and school cultural factors associated with the perceptions of teachers' efficacy in	Carson, R. L., & Matthews, R. A.	Psychology in the Schools	51(2)	164-180

		handling student misbehavior.				
5	2011	Costs and benefits of supportive versus disciplinary emotion regulation strategies in teachers.	Barber, L. K., Grawitch, M. J., Carson, R. L.	Stress and Health	27(3)	173-187
6	2010	Emotional exhaustion, absenteeism, and turnover intentions in childcare teachers: Examining the impact of physical activity behaviors.	Carson, R. L., Baumgartner, J. J., Matthews, R. A.	Journal of Health Psychology	15	905-914
7	2010	Exploring the association between teachers' perceived student misbehavior and emotional exhaustion: The importance of teacher efficacy beliefs and emotion regulation.	Carson, R. L., Matthews, R. A., Grawitch, M. J., & Barber, L. K.	Educational Psychology	30	173-189
8	2009	Unveiling common stressful factors and coping strategies among childcare providers	Baumgartner, J. J., Carson, R. L., Apavaloaie, L.	Child and Youth Care Forum	38	239-251

Research Projects. List the five (5) more recent and other five (5) selected (max total 10)				
Ref. Number	Date	Title	Funded by	Project Role*
1	2015-16	Henkel	Dixan for a bright future CSR program” for the academic year 2015 – 2016	Research Associate
2	2007-09	Louisiana State University	PLAY ON!: Playground Learning Activities for Youth Fitness	Research Associate
3	2004-06	California State University, Fresno	SHAPE Intervention	Primary Investigator

**Project Role: i.e. Scientific/Project Coordinator, Research Team Member, Researcher, Assistant Researcher, other*

Academic Consulting Services and/or Participation in Councils / Boards/ Editorial Committees. List the five (5) more recent (Optional Entry)				
Ref. Number	Period	Organization	Title of Position or Service	Key Activities
1	2012-Present	Cyprus Basketball Federation Coaching Certification-KOK	Teaching Faculty-Consultant	
2	2012-2016	Cyprus Basketball Federation-KOK	Sport Performance Consultant	



**Awards / International Recognition (where applicable). List the five (5) more recent and other five (5) selected.
(max total 10)(Optional Entry)**

Ref. Number	Date	Title	Awarded by:
1	2011	Winner, Graduate Student Writing National Award	American Kinesiology Association
2	2011-2008	Lillian Oleson Scholarship for high scholastic achievement (four consecutive years), (\$1000 per semester).	College of Education, Louisiana State University
3	2009	Nominee, Dissertation Fellowship Award	Graduate School, Louisiana State University
4	2007 - 2011	Outstanding Graduate student scholarship (four consecutive years (€3000 yearly)	Department of Kinesiology Louisiana State University
5	2007	Outstanding Faculty Publication	Department of Kinesiology, California State University, Fresno