



ΦΟΡΕΑΣ ΔΙΑΣΦΑΛΙΣΗΣ ΚΑΙ ΠΙΣΤΟΠΟΙΗΣΗΣ ΤΗΣ ΠΟΙΟΤΗΤΑΣ ΤΗΣ ΑΝΩΤΕΡΗΣ ΕΚΠΑΙΔΕΥΣΗΣ
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Academic Personnel Short Profile / Short CV

Institution:	UNIVERSITY OF NICOSIA
Surname:	LOUCAIDES
Name:	GEORGE
Rank/Position:	ADJUNCT FACULTY
Faculty:	SCHOOL OF SCIENCES AND ENGINEERING
Department:	LIFE AND HEALTH SCIENCES
Scientific Domain: *	FATTY ACIDS IN HEALTH AND DISEASE/NUTRITION/DIETETICS

Academic qualifications (list by highest qualification)				
Qualification	Year	Awarding Institution	Department	Thesis title
Ph.D.	2016	LONDON METROPOILTAN UNIVERSITY	LIPIDOMICS AND NUTRITION RESEARCH CENTRE	The Effects of Omega-3, Omega-6 Polyunsaturated Fatty Acids



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				(PUFAs) and Vitamin E on Patients with the Remitting-Relapsing (RR) Form of Multiple Sclerosis (MS) in Cyprus
R.D.	1989	UNIVERSITY ABERDEEN ROBERT GORDON'S	NUTRITION AND DIETETICS	
B.Sc.	1988	UNIVERSITY ABERDEEN ROBERT GORDON'S	NUTRITION AND DIETETICS	

Employment history in Academic Institutions/Research Centers – List by the three (3) most recent

Period of employment		Employer	Location	Position
From	To			
2014	Today	University of Nicosia	Nicosia, Cyprus	Adjunct Faculty
2011	2017	Cyprus College	Nicosia, Cyprus	Adjunct Faculty
2008	2011	European University	Nicosia, Cyprus	Adjunct Faculty
1996	Today	Cyprus Institute of Neurology and Genetics	Nicosia, Cyprus	Part-Time Clinical Dietitian



Key refereed journal papers, monographs, books, conference publications etc. List the five (5) more recent and other five (5) selected –(max total 10)

Ref. Number	Year	Title	Other authors	Journal and Publisher/ Conference	Vol.	Pages
1	2012	«The mediterranean dietary pattern and breast cancer risk in Greek-Cypriot women: a case-control study»	Christiana A Demetriou <i>et al</i>	<i>BMC Cancer</i>	12	113
2	2012	«Oral Nutraceutical Formula (Plp10) For The Treatment Of Relapsing Remitting Multiple Sclerosis: Double-Blind, Randomized Clinical Trial»	Patrikios Y., Pantzaris M	Clinical Nutrition Supplements	7	266
3	2013	«A novel oral nutraceutical formula of omega-3 and omega-6 fatty acids with vitamins (PLP10) in relapsing remitting multiple sclerosis: a randomised, double-blind, placebo-controlled proof-of-concept clinical trial»	Pantzaris, M. C., Patrikios, Y	<u>BMJ Open</u>	3(4)	
4	2016	«Mediterranean diet–gene interactions: A targeted metabolomics study in Greek-Cypriot women»	Kakkoura MG et al.	Molecular Nutrition & Food Research	61(4)	
5	2015	«MnSOD and CAT polymorphisms modulate the effect of the Mediterranean	Kakkoura et al.	European Journal of Nutrition	55 (4)	



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		diet on breast cancer risk among Greek-Cypriot women»				
6	2015	«The synergistic effect between the Mediterranean diet and GSTP1 or NAT2 SNPs decreases breast cancer risk in Greek-Cypriot women»	Kakkoura et al.	European Journal of Nutrition	56(2)	
7	2016	«Disease activity and erythrocyte fatty acids in multiple sclerosis patients supplemented with omega 6 and 3 fatty acids and gamma tocopherol»	Ghebremeskel et al.	Oral Presentation ISFAAL Conference		
8	2016	«Mediterranean diet–gene interactions: A targeted metabolomics study in Greek-Cypriot women»	Kakkoura MG et al.	Molecular Nutrition & Food Research	61 (4)	



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Research Projects. List the five (5) more recent and other five (5) selected (max total 10)				
Ref. Number	Date	Title	Funded by	Project Role*
1	2017-2010	The Effects of Omega-3, Omega-6 Polyunsaturated Fatty Acids (PUFAs) and Vitamin E (gamma tocopherol) on Patients with the Remitting-Relapsing (RR) Form of Multiple Sclerosis (MS) in Cyprus	Cyprus Ministry of Commerce Tourism and Energy	Research Associate
2	2013-2015	MINERAL Study	Cyprus Ministry of Commerce Tourism and Energy	Research Associate
3	2015-2018	PARKINSON	Cyprus Ministry of Commerce Tourism and Energy	Research Associate

Other Achievements. List the five (5) more recent and other five (5) selected. (max total 10) (Optional Entry)			
Ref. Number	Date	Title	Key Activities:
1		«Composition and methods for treating neurologic disorders.»	Patent EFS ID 9768275. (USA, Patent office, 2011); Submitted.