



Academic Personnel Short Profile / Short CV

University:	University of Nicosia
Surname:	Lampropoulou
Name:	Sofia
Rank/Position:	Adjunct Faculty
Faculty:	Sciences and Engineering
Department:	Life and Health Sciences
Scientific Domain: *	Neurological Physiotherapy / Rehabilitation

** Field of Specialization*

Academic qualifications (list by highest qualification)				
Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
PhD	2009	Brunel University	Physiotherapy Department, School of Health Sciences and Social Care	The Relationship between Perception of Effort and Physiological Responses to an Acute Fatiguing Task of the Elbow Flexors. Evaluation of a New Rating Scale of Perception of Effort
MSc	2005	Brunel University	Physiotherapy Department, School of Health Sciences and Social Care	The Impact of a Brief Bout of Fatiguing Exercise on Perceived Voluntary Effort
Master level Diploma	2007	Brunel University	Learning & Teaching Development Unit	Brunel Associate Practitioner Pathway in Learning and Teaching in Higher Education
BSc	2000	Technological Educational Institute (TEI) of Lamias	Physiotherapy Department, School of Health Sciences and Social Care	The effect of neuromuscular system in the onset & development of osteoporosis



Employment history in Academic Institutions/Research Centers – List by the three (3) most recent

Period of employment		Employer	Location	Position
From	To			
2018	Today	University of Patras	Greece	Assistant Professor in Physiotherapy
2015	Today	University of Nicosia	Cyprus	Adjunct Faculty
2010	2015	Technological Educational Institute (TEI) of Western Greece (now University of Patras)	Greece	Scientific Collaborator

Key refereed journal papers, monographs, books, conference publications etc. List the five (5) more recent and other five (5) selected –(max total 10)

Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2021	Comorbidities of Deformational Plagiocephaly in infancy: A scoping review protocol	Charalambous L., Hadders-Algra M., Yamasaki E.	BMJ Paediatrics Open	5(1)	(open access)
2	2020	Neurodevelopmental Outcome in Extremely Low Birth Weight Infants at 2–3 Years of Age	Kyriakidou M, Chatziioannidis I, Mitsiakos G, Pouliakis A.	Medicina	56	649
3	2020	Cross cultural adaptation, reliability and validity of the Greek version of Identification of Functional Ankle Instability (IdFAI) questionnaire	Tsekoura M., Billis E., Samada EK., Savvidou I., Fousekis K., Xergia S., Tsepis E	Foot and Ankle Surgery (https://doi.org/10.1016/j.fas.2020.12.005)	(in press)	(in press)
4	2020	Cross-cultural adaptation and validation of the Greek Version of the SARC-F for evaluating sarcopenia in Greek older adults	Tsekoura M., Billis E., Tsepis E., Beaudart C. Bruyere O., Yilmaz O, Bahat G, Gliatis J.	Journal of Musculoskeletal and Neuronal Interactions	20(4):	505–512.
5	2019	Reliability, Validity and Minimal Detectable Change of the Mini-BESTest in Greek Participants with Chronic Stroke	Billis E, Gedikoglou IA, Michailidou C, Nowicky AV, Skrinou D, Michailidi F, Chandrinou D, Meligoni M	J Physiotherapy Theory & Practice	35(2)	171-182
6	2019	Validating the Activities-Specific Balance Confidence (ABC) Scale in Greek Elderly Population	Makri E, Euthimiou GP, Matzaroglou C, Mavromoustakos S	Osteoporosis International	30(Suppl 2): 253	S695

7	2019	Effect of Exercise Guidance regarding its Delivery Time on Falls Reduction and the Improvement of Balance and Physical Functioning in the Elderly	Kellari A, Matzaroglou C, Sakellari V.	Osteoporosis International	30(Suppl 2): 253	S696
8	2016	Cross Cultural Adaptation of Mini-Balance Evaluation Systems Test (mini-BESTest) into Greek	Gedikoglou I.A., Michailidou C., Billis E.	World Journal of Research & Review	3(3):	61-67
9	2016	Cross Cultural Adaptation of Berg Balance Scale in Greek for Various Balance Impairments.	Gizeli A., Kalivioti C., Billis E., Gedikoglou I.A., Nowicky A.V.	Journal of Physical Medicine Rehabilitation & Disabilities	2:011	(open access)
10	2016	Cross Cultural Adaptation and Pilot Use of the Motor Assessment Scale (MAS) into Greek	Vardoulakis S., Miraka E., Gedikoglou I.A., Billis E.	Journal of Physical Activity, Nutrition & Rehabilitation		92-110



Research Projects. List the five (5) more recent and other five (5) selected (max total 10)				
Ref. Number	Date	Title	Funded by	Project Role*
1	2021	EMG-based Hand Gesture Recognition for Rehabilitation (ENHANCE)	ECE, UPatras, Greece	Member of the Research Team
2				
3	2013-2015	Developing of a new tool for Low Back Pain Assessment for use by Greek Clinicians and Health Professionals	ESPA (Archimedes III - Research Program for Promoting Research in Higher Education)	Member of the Research Team

*Project Role: i.e. Scientific/Project Coordinator, Research Team Member, Researcher, Assistant Researcher, other

**Academic Consulting Services and/or Participation in Councils / Boards/ Editorial Committees.
List the five (5) more recent (Optional Entry)**

Ref. Number	Period	Organization	Title of Position or Service	Key Activities
1	2020 – current	University of Patras	Coordinator of the 'Neurological Clinical Placement'	Responsible for the Clinical Placements of the Neurological Domain (at hospitals, private clinics, special schools, rehabilitation centers) of the Physiotherapy Department
2	2020 – current	University of Patras	Member of the 'Postgraduate Programme of 'Therapeutic Exercise' Steering Committee	Member of the committee coordinating the MSc in Therapeutic Exercise of the Physiotherapy Department
3	2020 – current	University of Patras	Member of Academic Strategy and Departmental Development Committee	Curriculum development, studies evaluation, academic development
4	2019 – current	University of Patras	Member of the 'Institutional Erasmus Steering Committee'	Member of the Erasmus committee of the University for students' mobility (studies & placements), staff mobility (teaching & training), International Mobility
5	2018 - current	University of Patras	Departmental 'Erasmus Coordinator'	Coordinator of the Erasmus mobility for students (studies & placements), staff (teaching & training) of Physiotherapy Department



**Awards / International Recognition (where applicable). List the five (5) more recent and other five (5) selected.
(max total 10) (Optional Entry)**

Ref. Number	Date	Title	Awarded by:
1	2019	<i>(Award of Best Postgraduate Research).</i> Translation and Validation of the Stroke Impact Scale Questionnaire in Greek	33o Conference of Hellenic Scientific Society of Physical Therapy, Athens (12-14 Apr, 2019)
2	2017	<i>(1o Award of Best Research Poster Presentation)</i> The effect of therapeutic climbing on gross motor function in children and adolescents with hemiplegia	27o Panhellenic Scientific Conference of Physiotherapy, PSF, Athens (24-26 Nov, 2017).

**Other Achievements. List the five (5) more recent and other five (5) selected.
 (max total 10) (Optional Entry)**

Ref. Number	Date	Title	Key Activities:
1	2021	Editor of the Greek version of the book ' <i>Campbell's Physical Therapy for Children</i> ', 5 th ed, by Palisano R.J., Orlin MN.	Editing process for translating and adapting the book into Greek
2	2020	Greece Representative in the International Neurological Physical Therapy Association (INPA)	Participate in: -Education & Practice Working Group -Research Working Group
3	2020	Deputy Coordinator of the Scientific Group "Neurological Physiotherapy" of Panhellenic Society of Physiotherapy (PSF)	Scientific structure in neurological physiotherapy actions: - conferences - world days events - connection between clinical practice & research
4	2018-21	Prevalence, risk factors and characteristics of Deformational Plagiocephaly in infancy for the Cyprus population	PhD Supervisory Team / University of Nicosia
5	2018-21	Physiotherapeutic Intervention in Children with Neurodevelopmental Delays and Disorders	PhD Supervisory Team / University of West Attika
6	2020	Member of Editorial Board for the Greek adaptation of the book ' <i>Physical Management for Neurological Conditions</i> ' 4 th ed. 2018 by Ramdharry G, Verheyden G, Lennon S.	Editorial Board for translating and adapting the book into Greek
7	2020	Member of Editorial Board for the Greek vs of the book ' <i>Therapeutic Modalities in Rehabilitation</i> ' 5 th ed. 2018 by Prentice WE., Quillen W., Underwood F.	Editorial Board for translating and adapting the book into Greek