FORM NUM: 500.1.03

Academic Personnel Short Profile / Short CV

University:	University of Nicosia
Surname:	Kyriacou
Name:	Christiana
Rank/Position:	Adjunct Faculty
Faculty:	Sciences and Engineering
Department:	Life and Health Sciences
Scientific Domain: *	Sports Science

** Field of Specialization*

Academic qualifications (list by highest qualification)

Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
PhD in Sport Sciences	2018	University of Nicosia, Cyprus	Sports Science	The effect of a three-month low-volume-high-repetitions group-based exercise program on cardiorespiratory fitness and body composition in adult women
Master in Medical Science in Human Nutrition	2004	University of Sheffield, UK	Human Nutrition	Childhood Obesity, Aetiology, Complications and Management
BSc in Physical Education	2000	School of Physical Education and Sport Science - University of Athens, Greece	Sport Science	

Employment history in Academic Institutions/Research Centers – List by the three (3) most recent				
Period of employment		Employer	Location	Position
From	To			
2020	Today	University of Nicosia	Nicosia, Cyprus,	Adjunct Faculty

Key ***refereed*** journal papers, monographs, books, conference publications etc. List the five (5) more recent and other five (5) selected –(max total 10)						
Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2019	Depressive symptoms, sleep quality, physical fitness and fatigue among adult women with different obesity status	Kartakoullis N, Hadjicharalambous M, Aphamis G, Hadjimarkou M, Sakkas GK, Giannaki CD.	The Journal of Bodywork and Movement Therapies	Manuscript ID: YJBMT1533	
2	2019	Depressive symptoms, sleep quality, physical fitness and fatigue among adult women with different obesity status	Evangelou C, Kartakoullis N, Hadjicharalambous M, Aphamis G, Hadjimarkou M, Sakkas GK, Giannaki CD.	Sport Sciences for Health	15 (3)	605-614.