



### Academic Personnel Short Profile / Short CV

<b>University:</b>	University of Nicosia
<b>Surname:</b>	Korakakis
<b>Name:</b>	Vasileios
<b>Rank/Position:</b>	Adjunct Faculty
<b>Faculty:</b>	Sciences and Engineering
<b>Department:</b>	Life & Health Sciences
<b>Scientific Domain: *</b>	Physical Therapy

*\* Field of Specialization*

### Academic qualifications (list by highest qualification)

Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
PhD	2020	University of Thessaly	Faculty of Physical Education and Sport Science, Trikala, Greece	
MSc	2012	University of Thessaly	Faculty of Physical Education and Sport Science, Trikala, Greece	
Post Graduate diploma in physical therapy	2006	University of Otago	School of Physiotherapy, Dunedin, New Zealand	
BSc	1997	University of West Attica (former ATEI of Athens)	Department of Physiotherapy, Athens, Greece	



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### Employment history in Academic Institutions/Research Centers – List by the three (3) most recent

Period of employment		Employer	Location	Position
From	To			
September 2020	Today	University of Nicosia	Nicosia, Cyprus	Adjunct Faculty
August 2020	Today	Hamad bin Khalifa University	Doha, Qatar	Adjunct Professor
December 2014	Today	Aspetar, Orthopedic and Sports Medicine Hospital	Doha, Qatar	Clinical lead physiotherapist / researcher

<b>Key <u>refereed</u> journal papers, monographs, books, conference publications etc. List the five (5) more recent and other five (5) selected –(max total 10)</b>						
<b>Ref. Number</b>	<b>Year</b>	<b>Title</b>	<b>Other authors</b>	<b>Journal and Publisher / Conference</b>	<b>Vol.</b>	<b>Pages</b>
1	2021	Evaluating lower limb tendinopathy with Victorian Institute of Sport Assessment (VISA) questionnaires: a systematic review shows very-low-quality evidence for their content and structural validity – Part I.	Kotsifaki A, Stefanakis M, Sotiralis Y, Whiteley R, Thorborg K	Knee Surgery, Sports Traumatology, Arthroscopy	Online	
2	2021	Lumbo-pelvic proprioception in sitting is impaired in subgroups of Low Back Pain – But the clinical utility of the differences is unclear. A systematic review and meta-analysis	O'Sullivan K, Kotsifaki A, Sotiralis Y, Giakas G	PLoS One	16(4)	e0250673
3	2021	A systematic review evaluating the clinimetric properties of the Victorian Institute of Sport Assessment (VISA) questionnaires for lower limb tendinopathy shows moderate to high-quality evidence for sufficient reliability, validity, and responsiveness – part II	Whiteley R, Kotsifaki A, Stefanakis M, Sotiralis Y, Thorborg K	Knee Surgery, Sports Traumatology, Arthroscopy	Online	
4	2021	Single leg hop for distance symmetry masks lower limb biomechanics: time to discuss hop distance as decision criterion for return to sport after ACL reconstruction?	Kotsifaki A, Whiteley R, Rossom SV, Bahr R, Sideris V, Graham-Smith P, Jonkers I	British Journal of Sports Medicine	Online	
5	2021	Notions of “optimal” posture are loaded with meaning. Perceptions of sitting	O'Sullivan K, Whiteley R, O'Sullivan P,	Musculoskeletal Science and Practice	51	102310

		posture among asymptomatic members of the community	Korakaki A, Kotsifaki A, Tsaklis P, Tsiokanos A, Giakas G			
6	2021	Exercise interventions in lateral elbow tendinopathy have better outcomes than passive interventions, but the effects are small: a systematic review and meta-analysis of 2123 subjects in 30 trials	Karanasios S, Whiteley R, Vasilogeorgis I, Woodbridge S, Gioftsos G	British Journal of Sports Medicine	55(9)	477-485
7	2021	Why do tendon researchers overlook the patient's psychological state? The review with no papers	Mc Auliffe S, O'Sullivan K, Whiteley R	British Journal of Sports Medicine	55(5)	244-245
8	2019	"Sit Up Straight": Time to Re-evaluate	Slater D, O'Sullivan P, Nolan D, O'Sullivan K	Journal of Orthopaedic & Sports Physical Therapy	49(8)	562-4
9	2018	Low load resistance training with blood flow restriction decreases anterior knee pain more than resistance training alone. A pilot randomized controlled trial	Whiteley R, Giakas G	Physical Therapy in Sport	34	121-128
10	2018	The effectiveness of Extracorporeal Shockwave Therapy in common Lower Limb Conditions – a Systematic Review including quantification of patient-rated pain reduction	Whiteley R., Tzavara A. & Malliaropoulos N	British Journal of Sports Medicine	52(6)	387-407

Research Projects. List the five (5) more recent and other five (5) selected (max total 10)				
Ref. Number	Date	Title	Funded by	Project Role*
1	2021- ongoing	Updating the VISA questionnaires for tendinopathy assessment	NA	Research team member
2	2020- ongoing	Clinical applications of blood flow restriction and rehabilitation outcomes	Aspetar	Principal investigator and project coordinator
3	2017- ongoing	Cross-cultural adaptation and psychometric properties' evaluation of questionnaires assessing health and functional status	Aspetar	Principal investigator and project coordinator
4	2016- ongoing	Chondral defects in professional football players	Aspetar	Research team member
5	2015- ongoing	Risk factors for ACL injuries and successful outcome after ACL reconstruction	Aspetar	Research team member

\*Project Role: i.e. Scientific/Project Coordinator, Research Team Member, Researcher, Assistant Researcher, other