



Academic Personnel Short Profile / Short CV

University:	University of Nicosia
Surname:	Giannis
Name:	Giakas
Rank/Position:	Adjunct Professor
Faculty:	Sciences and Engineering
Department:	Life and Health Sciences
Scientific Domain: *	Biomechanics

** Field of Specialization*

Academic qualifications (list by highest qualification)

Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
PhD	1998	Manchester Metropolitan University (UK)	Sport Science	
BSc	1993	Aristotle University of Thessaloniki (GREECE)	Sport Science	



Employment history in Academic Institutions/Research Centers – List by the three (3) most recent

Period of employment		Employer	Location	Position
From	To			
2020	Today	University of Nicosia	CYPRUS	Adjunct Professor
2018	Today	University of Thessaly	GREECE	Professor
2004	2018	University of Thessaly	GREECE	Lecturer – Associate Professor
2002	2004	University of Ioannina	GREECE	Research Fellow

Key <u>refereed</u> journal papers, monographs, books, conference publications etc. List the five (5) more recent and other five (5) selected –(max total 10)						
Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2021	Lumbo-pelvic proprioception in sitting is impaired in subgroups of low back pain-But the clinical utility of the differences is unclear. A systematic review and meta-analysis		PLoS One. 2021 Apr 26;16(4):e0250673. doi: 10.1371/journal.pone.0250673. eCollection 2021.		
2	2021	The Effects of Spirulina Supplementation on Redox Status and Performance Following a Muscle Damaging Protocol		Int J Mol Sci. 2021 Mar 30;22(7):3559. doi: 10.3390/ijms22073559.		
3	2021	Identifying Robust Risk Factors for Knee Osteoarthritis Progression: An Evolutionary Machine Learning Approach		Healthcare (Basel). 2021 Mar 1;9(3):260. doi: 10.3390/healthcare9030260.		
4	2021	A Virtual Reality App for Physical and Cognitive Training of Older People With Mild Cognitive Impairment: Mixed Methods Feasibility Study		JMIR Serious Games. 2021 Mar 24;9(1):e24170. doi: 10.2196/24170.		
5	2021	Notions of "optimal" posture are loaded with meaning. Perceptions of sitting posture among asymptomatic members of the community		Musculoskelet Sci Pract. 2021 Feb;51:102310. doi: 10.1016/j.msksp.2020.102310. Epub 2020 Nov 27.		
6	2020	Upper-Body Posture in Adolescent Pianists: A Cross-Sectional Study		Med Probl Perform Art. 2020 Dec;35(4):202-207. doi: 10.21091/mppa.2020.4030.		



7	2019	Translation into modern standard Arabic, cross-cultural adaptation and psychometric properties' evaluation of the Lower Extremity Functional Scale (LEFS) in Arabic-speaking athletes with Anterior Cruciate Ligament (ACL) injury		PLoS One. 2019 Jun 10;14(6):e0217791. doi: 10.1371/journal.pone.0217791. eCollection 2019.		
8	2019	Physiotherapist perceptions of optimal sitting and standing posture		Musculoskelet Sci Pract. 2019 Feb;39:24-31. doi: 10.1016/j.msksp.2018.11.004. Epub 2018 Nov 17.		
9	2019	Variable, but not free-weight, resistance back squat exercise potentiates jump performance following a comprehensive task-specific warm-up		Scand J Med Sci Sports. 2019 Mar;29(3):380-392. doi: 10.1111/sms.13341. Epub 2018 Dec 14.		
10	2019	Evidence of functional deficits at the single muscle fiber level in experimentally-induced renal insufficiency		J Biomech. 2019 Jan 3;82:259-265. doi: 10.1016/j.jbiomech.2018.10.035. Epub 2018 Nov 3		



Research Projects. List the five (5) more recent and other five (5) selected (max total 10)				
Ref. Number	Date	Title	Funded by	Project Role*
1	2019	Lameness	GSRT (Greece)	Project coordinator
2	2019	Fish	GSRT (Greece)	Project coordinator
3	2019	UPrevent	GSRT (Greece)	Research Team coordinator
4	2019	Stroke Rehab	GSRT (Greece)	Research Team coordinator
5	2018	FitWheel	GSRT (Greece)	Research Team coordinator
6	2017	Colosteo	EU	Research Team coordinator
7	2014	Wishoe	EU	Research Team coordinator

**Project Role: i.e. Scientific/Project Coordinator, Research Team Member, Researcher, Assistant Researcher, other*