



Academic Personnel Short Profile / Short CV

University:	University of Nicosia
Surname:	Michailidou
Name:	Christina
Rank/Position:	Lecturer
Faculty:	Sciences and Engineering
Department:	Life and Health Sciences
Scientific Domain: *	Program of Physiotherapy

* Field of Specialization

Academic qualifications (list by highest qualification)				
Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
Ph.D in Health	2012	Brunel University, London, United Kingdom	School of Health Sciences and Social Care	
MS.c in Neurorehabilitation	2001	Brunel University, London, United Kingdom	School of Health Sciences and Social Care	
BS.c in Physiotherapy	1998	Technological Educational Institution (T.E.I.) Sept 1998of the Hellenic Republic, Faculty of Health and Welfare, Thessaloniki,	Department of Physiotherapy	



Employment history in Academic Institutions/Research Centers–List by the three (3) most recent

Period of employment		Employer	Location	Position
From	To			
09/2017	Ongoing	University of Nicosia	Nicosia, Cyprus	Coordinator, Lecturer
10/14	06/2017	Public Institutional Educational Centres (IEK) and IEK OAEΔ, Post-secondary education level	Kavala, Greece	Physiotherapy Teacher
07/2006	08/2014	Research and Treatment Unit, South London and Maudsley, King's College Health Partners, NHS Foundation Trust	London, UK	Clinical Research Physiotherapist

Key refereed journal papers, monographs, books, conference publications etc. List the five (5) more recent and other five (5) selected – (max total 10)

Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2020	Treatment of Occupational Burnout in Health Professionals a Scoping Review.	Kotiadou C., Spyriadou M	Journal of Physical Activity, Nutrition and Rehabilitation		
2	2018	The experience of Low Back Pain in people with incomplete Spinal Cord Injury. A comparison between USA, UK and Greece.	Marston L, De Souza L.	International Journal of Therapy and Rehabilitation	25(7)	316-326
3	2018	Reliability, validity and minimal detectable change of the Mini-BESTest in Greek participants with chronic stroke.	Lampropoulou S., Billis E., Gedikoglou IA., Nowicky AV., Skrinou D., Michailidi F., Chandrinou D., and Melignotno M	Journal of Physiotherapy Theory and Practice	Online	1-12
4	2016	Cross Cultural Validation of the Mini-BESTest into Greek.	Lampropoulou Sofia, Gedikoglou A. Ingrid, BillisEvdokia.	World Journal of Research and Review (WJRR)	3(3)	61-67.
5	2016	Using the Spinal Cord Independence Measure (SCIM III) by self-use.	Marston L & De Souza L.H.	Disability and Rehabilitation	38:13	1325-1326
6	2016	Translation into Greek and initial validity and reliability testing of a modified version of the SCIM III, in both English	Marston L, De Souza L.H.	Disability and Rehabilitation	38:2	180-188



		and Greek, for self-use.				
7	2014	A systematic review of the prevalence of musculoskeletal pain, back and low back pain in people with Spinal Cord Injury.	Marston L, DeSouza L.H, Sutherland I.	Disability & Rehabilitation	36(9)	705–715
8	2012	Low back pain, quality of life, and function in people with incomplete Spinal Cord Injury in USA, UK and Greece. PhD thesis		http://bura.brunel.ac.uk/handle/2438/7041		
9	2010	Graded Exercise Therapy. Patient manual.	Butters M., Millett-Clay S.	Treatment Unit, King's Health Partners. NHS Trust		
10	2009	Graded Exercise Therapy. A self-help guide for those with chronic fatigue syndrome/myalgic encephalomyelitis.	Butler N., Dyer N., et al.	Bart's and the London NHS Trust.		

Research Projects. List the five (5) more recent and other five (5) selected (max total 10)				
Ref. Number	Date	Title	Funded by	Project Role*
1	2021	The impact of the COVID-19 pandemic on access to physiotherapy in Greece and Italy. Impact on quality of life and rehabilitation.	Self-Funded	Primary Supervisor/Researcher
2	2021	Translation into Greek and psychometric properties assessment of the CDC HRQOL-14 scale	Self-Funded	Primary Supervisor/Researcher
3	2021	Fatigue and pain in the general population of Cyprus and Greece during the SARS-CoV-2 pandemic. Validation of the Chalder Fatigue Questionnaire.	Self-Funded	Primary Supervisor/Researcher
4	2020 - ongoing	The impact of the lock-down, due to SARS-CoV-2, on the physical function, health and quality life of academics and university students in Cyprus and Greece	Self-Funded	Principal Investigator
5	2020 - ongoing	Professional burnout / fatigue in health professionals during the COVID-19 pandemic	Self-Funded	Principal Investigator
6	2020 - ongoing	Η επίδραση της εικονικής / επαυξημένης πραγματικότητας στην ποιότητα ζωής των ατόμων με Πάρκινσον.	Self-Funded	Primary Supervisor/Researcher
7	2020 - Ongoing	Η αντιμετώπιση της χρόνιας κόπωσης και της κατάθλιψης σε ασθενείς με Πολλαπλή Σκλήρυνση μέσω άσκησης.	Self-Funded	Primary Supervisor/Researcher
8	Ongoing	Κ.Ο.Π.Ο.Σ.Υ.Σ. (Καταμέτρηση, Ομαδοποίηση, Προσδιορισμός, Οργάνωση, Στατιστικός	N/A	Principle Investigator



		Υπολογισμός Συνδρόμου)		
9	03/2015 – 03/2017	Pain and Chronic Fatigue Syndrome	Honorary	Research Analysis
10	01/2013 – 06/2014	GastroIntestinal (GI) Symptoms in women with Ovarian Cancer (OC) - GISoc Study	Institute for Women's Health, UCL	Research Associate – Post- doc

**Project Role: i.e. Scientific/Project Coordinator, Research Team Member, Researcher, Assistant Researcher, other*



**Academic Consulting Services and/or Participation in Councils / Boards/ Editorial Committees.
List the five (5) more recent (Optional Entry)**

Ref. Number	Period	Organization	Title of Position or Service	Key Activities
1	Since September 2017	University of Nicosia – Department Council	Member	
2	Since October 2018	UNIC, Physiotherapy program	Coordinator	

**Awards / International Recognition (where applicable). List the five (5) more recent and other five (5) selected.
(max total 10)(Optional Entry)**

Ref. Number	Date	Title	Awarded by:
1	2006	Selected as one of three PhD students who presented their work at HM. Queen of England Elisabeth II in May 2006, during the inauguration ceremony of the new building of the School of Health and Social Sciences, Brunel University, London, UK.	Brunel University