



Academic Personnel Short Profile / Short CV

University:	University of Nicosia
Surname:	Konstantinidou
Name:	Elisavet
Rank/Position:	Assistant Professor
Faculty:	Sciences and Engineering
Department:	Life and Health Sciences
Scientific Domain: *	Sports Science

** Field of Specialization*

Academic qualifications (list by highest qualification)				
Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
PhD	2012	Democritus University of Thrace	Physical Education and Sport Science	Creativity in primary education: physical educators' perceptions and behaviours
MSc	2005	Democritus University of Thrace	Physical Education and Sport Science	The expression of motor creativity through different types of verbal instructions
BSc	1998	Aristotle University of Thessaloniki	Physical Education and Sport Science	



Employment history in Academic Institutions/Research Centers–List by the three (3) most recent

Period of employment		Employer	Location	Position
From	To			
07/2020	today	University of Nicosia	Nicosia	Assistant Professor (Physical Education & Sports Pedagogy)
10/2014	06/2020	University of Nicosia	Nicosia	Full-time Lecturer (Physical Education & Sports Pedagogy)
10/2006	02/2014	Alexander Technological Educational Institute of Thessaloniki	Thessaloniki	Part-time Lecturer (Music & Movement Early Childhood Education)
03/2003	12/2004	Democritus University of Thrace	Komotini	Part-time Lecturer (Gymnastics & Rhythmic Gymnastics)

Key <u>refereed</u> journal papers, monographs, books, conference publications etc. List the five (5) more recent and other five (5) selected—(max total 10)						
Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2018	The promotion of Students' Creativity: Physical Educators Perceived and Actual Creativity Fostering Behaviors		Chapter 8 in Book: Creativity Fostering Teachers Behavior around the World (K. Soh, Ed.)	Singapore: World Scientific Publishing Company Pte Ltd.	119-143
2	2017	Do Physical Educators Promote Students' Creativity? An observational analysis study.	Zisi, V.	Journal: The Physical Educator	74 (3), ISSN:0031-8981 (Print) ISSN: 2160-1682 (Online)	421-442
3	2015	Barriers and Inhibitors of Creativity in Physical Education.	Zisi, V., Katsarou, D. & Michalopoulou, M. (2015)	Journal: European Psychomotricity Journal	7 (1), ISSN: 1791-3837	17-31
4	2015	Preliminary psychometric properties of the CFT Index in Greece: The perspective of Physical Education.	Zisi, V. & Michalopoulou, M.	Journal: Early Childhood Development and Care	185 (3), ISSN: 0300-4430 (Print) ISSN: 1476-8275 (Online)	409-426
5	2014	Primary physical education perspective on creativity: the	Gregoriadis, A., Grammatikopoulos, V.	Journal: Early Childhood	184 (5), ISSN: 0300-	766-782

		nature of creativity and creativity fostering classroom environment.	& Michalopoulou, M.	Development and Care	4430 (Print) ISSN: 1476-8275 (Online)	
6	2013	Primary physical education perspective on creativity: The characteristics of the creative student and their creative outcomes.	Michalopoulou, M., Aggelousis, N. & Kourtesis, T.	Journal: International Journal of Humanities and Social Sciences	3 (3), ISSN: 2220-8488 (Print), 2221-0989 (Online)	234-247
7	2011	Early Childhood Educators' Perceptions of Creativity in Education.	Gregoriadis, A., Zachopoulou, E.	Conference Proceedings of the OMEP European Conference: Perspectives on Creativity and Learning in Early Childhood Education, Nicosia, Cyprus, 6-8 May.	ISBN: 978-9963-7377-0-3	120-128
8	2008	Evaluating preschool children knowledge about healthy lifestyle: Preliminary examination of the healthy lifestyle evaluation instrument.	Grammatikopoulos, V., Tsigilis, N., Zachopoulou, E., Tsangaridou, N. & Liukkonen, J.	Journal: Educational Research and Review	3 (11), ISSN: 1990-3839	351-352
9	2006	The design and implementation of a physical education programme to promote children's creativity in the early years.	Zachopoulou E., Trevlas, E., & Archimedes Project Research Group	Journal: International Journal of Early Years Education	14 (3), ISSN: 0966-9760 (Print) ISSN: 1469-8463	279-294

					(Online)	
10	2010	Μουσική και Κίνηση: Ένας τρόπος ζωής για το μικρό παιδί (Επίσημη Μετάφραση στα Ελληνικά του βιβλίου: Music&Movement: aWayofLifefortheYoungChild).	Zachopoulou, E.	Book: Edwards, L.C., Bayless, K. M. & Ramsey (2009). Music & Movement: a Way of Life for the Young Child. Pearson Education Inc: New Jersey	Thessaloniki: Studio University Press. ISBN 978-960-12-1971-4	

*Specify venue, geographic location etc

Research Projects. List the five (5) more recent and other five (5) selected (max total 10)				
Ref. Number	Date	Title	Funded by	Project Role*
1	01/2012 - 09/2015 (45 months)	ECEQ: Evaluation of early childhood education quality: Adaptation of ECERS-R and ECERS-E scales in the Greek educational settings (Project No: 517999-LLP-1-2011-1-GR-COMENIUS-CM, http://earlyquality.teithe.gr/index.php/el/)	Thalis project, Ministry of Education (code: MIS 379429), Life Long Learning and Religious Affairs	<ul style="list-style-type: none"> • Research Associate • Training seminars • Organization of international workshop • Data analysis • Construction and support of the web page of the program (Work Packages WP4. WP6. WP19. WP 20)
2	10/2004 - 09/2007 (37 months)	Early Steps: Promoting healthy lifestyle and social interaction through physical education activities during preschool years	European Commission, Comenius 2.1 project: Training of school educational staff (code: 118192-CP-1- 2004-1-	Expert, Research Team Member <ul style="list-style-type: none"> • Writing and proofreading of physical

			GRCOMENIUS-C21)	<p>education lesson plans for early childhood</p> <ul style="list-style-type: none"> • Writing parts of theory for the vocational training of educators • Vocational Training of Educators • Data recording and analysis • Results' Evaluation & Dissemination • Web-site builder and administration <p>(Work Packages/WP5. WP11. WP16. WP21)</p>
3	01/2004 - 07/2005 (19 months)	"Intervention program for creative learning and acquisition of healthy habits during preschool years".	"Archimedes: Supporting Research Teams in Technological Educational Institutes". Source funding: Hellenic Ministry of National Education and Religious Affairs' (O.P. "Education").	<p>Expert, Research Team Member</p> <ul style="list-style-type: none"> • Writing and proofreading of physical education lesson plans for early childhood • Writing parts of theory for the vocational training of educators • Vocational Training of Educators • Data analysis • Results' Evaluation & Dissemination <p>(Work Packages/WP</p>



				1.3, WP 2.2, WP 3.1, WP 3.2, WP 3.3, WP 4.2
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**Project Role: i.e. Scientific/Project Coordinator, Research Team Member, Researcher, Assistant Researcher, other*

**Academic Consulting Services and/or Participation in Councils / Boards/ Editorial Committees.
List the five (5) more recent (Optional Entry)**

Ref. Number	Period	Organization	Title of Position or Service	Key Activities
1	01/2019-today	Pan-Hellenic Association for the Promotion of Women in Sports (PEPGAS) Πανελλήνια Ένωση Προώθησης Γυναικών στον Αθλητισμό και τα Σπορ (ΠΕΠΓΑΣ)	Member of the Journal's Advisory Board	<ul style="list-style-type: none"> • Counseling on issues raised by the journals editors • Provision of unbiased insights and ideas from a third point-of-view • Provide social networking • Act as a resource for executives
2	25/01/2019 & 08/03/2017	Progressive movement of teachers and kindergartens (Cyprus)	Invited Talk & Workshop Presenter	Creation and presentation of a series of standard based physical activities (according to the preschool PE Cyprian Curriculum) with an interdisciplinary perspective on Visual Arts, Music and Literacy for the Continuous Professional Development of preschool teachers
3	10/09/2018-today (16/07/2018 workshop)	International Society for Education Through Art (InSEA) association	Member of the InSEA association and Workshop Presenter	A series of standard based physical activities (according to the PE Cyprian Curriculum) with an interdisciplinary perspective on Arts Curriculum

4	10/2015-06/2017	Henkel Company, in association with the Cyprus Ministry of Education & Culture, and the Sports Sciences Program of the Department of Life and Health Sciences- University of Nicosia.	Author and editor of the Project: "Start! Live Healthy - Live Happy!" (in Greek). (Εκκίνηση! ζωΥγιεινά – ζωΧαρούμενα!) Program: "Dixan, for a bright future, our action today, our world tomorrow" (CSR Award for 2015)	<ul style="list-style-type: none"> • Writing (3 of 4 chapters) and editing the "Teachers Manual" of the project. • Writing and editing the "Students Notebook" of the project. • Outcomes: Students' notebook (30 pages), Teachers' manual (84 pages), Lesson Plan and instructors' manual, Evaluation Brochures and Audiovisual Teaching Supplement (CD).
5	03/2015-02/2016	Journal of Physical Activity, Nutrition and Rehabilitation (PANR journal)	Editorial Officer	<ul style="list-style-type: none"> • Communication mediator between section editors and authors • Guiding and directing writers and reviewers according to the publication process of the journal • Ensuring that all the allocated work of authors and reviewers is undertaken perfectly and within the allocated time • Communicating with the authors for proofreading • Editing manuscripts according to the guidelines template • Communicating with external authorities for the registration of the journal

Awards / International Recognition (where applicable). List the five (5) more recent and other five (5) selected. (max total 10)(Optional Entry)

Ref. Number	Date	Title	Awarded by:
1	22 December 2017	Honorary award on the 64th Annual Feast for the Top of Hellenic Sports and other contributors to Hellenic great sport successes and distinctions. (For participation in the 1 st Ensemble National Team of Rhythmic Competitive Gymnastics on the 1 st junior European Championship in Athens - 1987)	Pan-Hellenic Association of Sports Press (PSAT)
2	2016-2017	Program: Erasmus+ Host Institution: University of Oslo, Department of Musicology Subject of training: Expansion of knowledge towards music related themes, issues and research related to human body and health. Bursary amount: 1020,00 euro	LLP ERASMUS Training Staff Mobility
3	2010-2011	Program: "Lifelong Learning" 31439-IC-1-2007-1-GR-ERASMUS (contract no 0004/2010) Host Institution: University College Arteveldehogeschool, Gent, Belgium, (B GENT 39) Subject of teaching: Comparing Education Bursary amount: 686,60 euro	LLP ERASMUS Teaching Staff Mobility
4	08/2007	Scholarship (PhD thesis) Decision No: 38400-28/08/2007 Bursary amount: 5.000,00 euro	Greek Secretariat of Sports (GSS)
5	05/2005	Honorary enrollment in public sector	Greek Government (Law 2725/99, article 34)



			"Benefits for distinguished athletes", paragraph 8)
6	09/1993	Honorary enrollment in public academic studies	Greek Government (Law 2725/99, article 34 "Benefits for distinguished athletes", paragraph 8

**Other Achievements. List the five (5) more recent and other five (5) selected.
(max total 10) (Optional Entry)**

Ref. Number	Date	Title	Key Activities:
1	2020	Konstantinidou, E. (2020). Τα οφέλη της δημιουργικής κίνησης και του δημιουργικού χορού στην βασική εκπαίδευση. [The benefits of Creative Movement and Dance in primary education]. Στο Δ. Κατσαρού (Επιμ.) Ειδική Αγωγή και Δημιουργικότητα (σ. 85-147). [In Dimitra Katsarou (Ed.) <i>Special Education and Creativity</i> (pp.85-147). Θεσσαλονίκη: Μέθεξις [Thessaloniki: Metheksis]	Author of book's chapter.
2	12/06/2017	Konstantinidou, E. Music & Movement in "fourMs Workshop: Bodies in Motion", 12 June, Mocap lab, Department of Musicology, University of Oslo. http://www.uio.no/english/research/groups/fourms/events/seminars/2017/bodies-in-motion/	Guest Lecturer & workshop presenter in the frame of MUSIC 2020: Interdisciplinarity, Innovation, Impact (International Music Research Summer School), Oslo, Norway 13-17 June 2017
3	19/12/2016	Konstantinidou, E. Music & Movement in Physical education: Use of music for multiple purposes.	Invited talk & workshop presenter for the Continuous Professional Development of Elementary Physical Educators of the Magnesia Prefecture, Volos, Greece.
4	5-7/09/2016	Anita Hökelmann (Germany), Elisavet Konstantinidou (Cyprus) & Manal Mwaffaq Bayyat (Jordan).	Chair of a session on Wednesday 07/09/2016 (08.30-10.00 a.m.) at the International Congress "Sport, Health and Women", 5-7 of September, High Institute of Sports and Physical Education of Sfax, University of Sfax, Monastir, Tunisia.
5	5-7/09/2016	Konstantinidou, E., Zisi, V. & Michalopoulou, M. (2016). Do Creativity	Full paper in the proceedings of the International Congress "Sport, Health and

		Fostering Teachers Behaviors Differ According to their Gender and Age?	Women”, p. 14-15, 5-7 of September, High Institute of Sports and Physical Education of Sfax, University of Sfax, Monastir, Tunisia.
6	5-7/09/2016	Konstantinidou, E., Zisi, V. & Bougiesi, M. (2016). Differences in emotional intelligence among young adults participating in different types of dances and exercise.	Full paper in the proceedings of the International Congress “Sport, Health and Women”, p. 13-14, 5-7 of September, High Institute of Sports and Physical Education of Sfax, University of Sfax, Monastir, Tunisia
7	20-21/11/2015	Konstantinou, E., Konstantinidou, E., Avgerinos, A. & Kioumourtzoglou, E. (2015). The effect of a physical education intervention program to ambulatory physical activity of high-school students from Cyprus (in Greek). (Η επίδραση ενός προγράμματος παρέμβασης Φυσικής Αγωγής στη βηματομετρική φυσική δραστηριότητα μαθητών γυμνασίου από την Κύπρο).	Full paper in the proceedings of the 1 st Conference of Physical Education and Physical Activity, p. 13-14, 20-21 of November 2015, University of Cyprus, Nicosia.
8	20-21/11/2015	Kaittani, D. & Konstantinidou, E. (2015). ICT in Physical Education: their use in Learning Procedure, Personal Information and Informative Feedback of students (in Greek). (ΤΠΕ στη Φυσική Αγωγή: η χρήση τους στη Μαθησιακή Διαδικασία, Προσωπική Πληροφόρηση και Πληροφοριακή Αποτίμηση των Μαθητών).	Full paper in the proceedings of the 1 st Conference of Physical Education and Physical Activity, p. 57-60, 20-21 of November 2015, University of Cyprus, Nicosia.
9	20/21/11/2015	Konstantinidou, E. The Use of Music in Movement Education: Developmentally appropriate practices and activities for the achievement of specific learning goals and outcomes in Physical Education.	Workshop presenter at the 1 st Conference of Physical Education and Physical Activity, 20-21 of November 2015, University of Cyprus, Nicosia.
10	15-17/05/2015	Konstantinou, E., Avgerinos A., Konstantinidou, E., & Kioumourtzoglou, E. (2015). Age, friends and family role in physical education of Cyprian Students. Ο ρόλος της Ηλικίας, των Φίλων και της Οικογένειας στη Φυσική Δραστηριότητα Κύπριων Μαθητών.	Full paper in Proceedings of the 23 rd International Congress of Physical Education, p. 306-313, 15-17 of May 2015, Komotini, Greece.