



Academic Personnel Short Profile / Short CV

University:	University of Nicosia
Surname:	Hileti
Name:	Dona
Rank/Position:	Lecturer
Faculty:	Sciences and Engineering
Department:	Life and Health Science
Scientific Domain: *	Nutrition and Dietetics

** Field of Specialization*

Academic qualifications (list by highest qualification)				
Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
Ph.D.	1995	University of London	Department of Haematology, Royal Free Hospital School of Medicine	
MSc	1990	University of Reading	Food and Nutritional Sciences	
B.Sc.(Hons)	1989	University of Surrey	Nutritional Sciences	
RD	1989	Health Professions Council, UK		



Employment history in Academic Institutions/Research Centers–List by the three (3) most recent

Period of employment		Employer	Location	Position
From	To			
2015	now	University of Nicosia	Nicosia	Lecturer
2012	2013	European University	Nicosia	Assoc Professor
2008	2012	Frederick University	Nicosia	Lecturer

Key *refereed* journal papers, monographs, books, conference publications etc. List the five (5) more recent and other five (5) selected–(max total 10)

Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2019	Developmental factors and risk of obesity in infants living in Cyprus – a prospective longitudinal study	Vichas C, Singhal A, Heraclides A, Iasonides M and Lanigan J	Journal human Nutrition and Dietetics	Vol32 (Issue S1),	41-42
2	2019	Feeding characteristics of infants living in Cyprus: A prospective, observational Study	Pavlidou M, Pafilas C, Vichas C, Heraclides, A, Iasonides M	Oral presentation, Hellenic Association Conference (Clinical Nutrition Espen), December 2019		
3	2001	Clinical Paediatric Dietetics		Blackwell Science Publications	2 nd Ed	214-218

4	2003	Encyclopedia of Food Sciences and Nutrition		London: Academic Press	2 nd Ed	3270-3276
5	1995	Iron chelators induce apoptosis in proliferating cells	Panayiotidis P, Hoffbrand AV	British Journal of Haematology	89(1)	181-7
6	1999	Transport of ¹⁴ C-deferiprone in normal, thalassaemic and sickle red blood cells.	Shalev O, Nortey P, Hebbel RP, Hoffbrand AV	British Journal of Haematology	105(4)	1081-3
7	1995	L1 (Deferiprone) accumulates within thalassaemic but not normal or sickle red blood cells.	O Shalev, PT Telfer et al	Blood	86 Suppl 1	483a
8	1995	Pharmacokinetics, tissue distribution and cell uptake of ¹⁴ C-labelled oral iron chelator L1 in the rat	RJ Ward, TJ Peters et al	British Journal of Haematology	89 Suppl 1	87
9	1994	Iron Chelators induce apoptosis in proliferating but not resting cells.	P Panayiotides, and AV Hoffbrand	Blood	84 (Suppl 1)	257a
10	1993	Distribution of ¹⁴ C-L1 in tissues of normal and iron-	RJ Ward, TJ Peters, LN Shepperd and AV Hoffbrand.	N/A	N/A	



		loaded rats European Iron Club, London (1 st prize for poster presentation)				
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Exhibitions (where applicable).List the five (5) more recent and other five (5) selected. (max total 10)					
Ref. Number	Date	Topic	International / Local	Location*	Role in Exhibition
1	2018	Developmental Factors and Risk of Obesity <u>Hileti D</u> ¹ , Vichas C ¹ , Pavlidou M ¹ , Singhal, A ² , Heraclides,A ¹ , Iasonides M ¹ and Lanigan J ² . ¹ University of Nicosia, Cyprus, ² Childhood Nutrition Research Centre, UCL GOS Institute of Child Health, London	International	Oral Presentation, BDA Research Symposium in December 2018	First author
2	2019	Feeding characteristics of infants living in Cyprus: A Cross-Sectional, Observational Study Pavlidou M ¹ ,Pafilas C ¹ ,Vichas C ¹ ,Singhal, A ² , Heraclides,A ¹ , Iasonides M ¹ , Lanigan J ² , <u>Hileti D</u> ^{1,1} University of Nicosia, Cyprus, ² Childhood Nutrition Research Centre, UCL GOS Institute of Child Health, London	International	Abstract submitted to the Hellenic Association Conference (Clinical Nutrition Espen), December 2019	Supervisor/coordinator of project
3	2018	Early Feeding and its influence on obesity development in infants	Local	Oral presentation, 10th International	Supervisor/coordinator of project

		Vichas C., Lanigan J., Llewellyn C., Heraclides, A., Iasonides M., <u>Hileti D.</u>		Conference of Cyprus Dietetic & Nutrition Assoc	
4	2018	Growth and Nutritional Profiles of a selected Paediatric Population in Limassol Pavlidou M, Lanigan J, Llewellyn, C, Heraclides A, Iasonides M, <u>Hileti D.</u>	Local	Oral presentation, 10th International Conference of Cyprus Dietetic & Nutrition Assoc	Supervisor/coordinator of project
5	2018	Developmental Factors and Childhood Obesity Hileti D ¹ , Vichas C ¹ , Pavlidou M ¹ , Singhal, A ² , Heraclides, A ¹ , Iasonides M ¹ and Lanigan J ² . ¹ University of Nicosia, Cyprus, ² Childhood Nutrition Research Centre, UCL GOS Institute of Child Health, London	Local	Oral presentation at the 21 st Pancyprian Paediatric Conference	Presenting author
6	1993	Distribution of 14C-L1 in tissues of normal and iron-loaded rats D Hileti, RJ Ward, TJ Peters, LN Shepperd and AV Hoffbrand.	International	European Iron Club, London (1 st prize for poster presentation)	Presenting author
7	1994	Iron Chelators induce apoptosis in proliferating but not resting cells. P Panayiotides, D Hileti and AV Hoffbrand		American Society of Haematology Meeting (poster presentation)	Presenting author

		<i>Blood</i> 84 (Suppl 1), 257a			
8	1995	L1 (Deferiprone) accumulates within thalassaemic but not normal or sickle red blood cells. D Hileti, O Shalev, PT Telfer et al <i>Blood</i> , 86 (Suppl 1), 483a		American Society of Haematology Meeting (poster presentation)	Presenting author
9	1995	Pharmacokinetics, tissue distribution and cell uptake of ¹⁴ C-labelled oral iron chelator L1 in the rat. D Hileti, RJ Ward, TJ Peters et al <i>British Journal of Haematology</i> , 89 (Suppl 1), 87		Oral Presentation British Society of Haematology meeting	Presenting author
10	2016	Educating patients with type 2 diabetes; Written information used by Clinical Dietitians in public and private settings in Cyprus. R Kourmouzi, D Hileti and M Christofidou (2016)		First prize for poster presentation, 9 th Cyprus Dietetic and Nutrition Association International Conference with CySPEN participation	Supervisor/coordinator of project

*Specify venue, geographic location etc

Research Projects. List the five (5) more recent and other five (5) selected (max total 10)

Ref. Number	Date	Title	Funded by	Project Role*
1	2017-ongoing	Developmental factors and childhood obesity Currently examining the relationship between feeding in the first years of life and development of childhood obesity. The study was approved by the National Bioethics Committee and the Commissioner for Personal Data of Cyprus and we started collecting data for the last 2 years. The study is in collaboration with the University of Nicosia Medical School as well as the Childhood Nutrition Research Centre, UCL GOS Institute of Child Health, London	The project is financed by the project funds available for the undergraduate and postgraduate students.	Supervisor/ coordinator/ principal investigator
2	2019	EARLY START –a randomized control trial to investigate the effect of psychoeducational intervention on nutrition in pregnancy and infancy	University Seed grant	Research Team Member
3	1994	To study the uptake of the oral iron chelator L1 in cultured hepatocytes. Leuven University, Belgium	Welcome Trust Studentship	Primary Investigator
4	1991-1995	Grant to undertake all the research leading to my PhD on oral ironchelators	Max Reinhardt Charitable Trust.	Primary Investigator

*Project Role: i.e. Scientific/Project Coordinator, Research Team Member, Researcher, Assistant Researcher, other

Academic Consulting Services and/or Participation in Councils / Boards/ Editorial Committees.



List the five (5) more recent (Optional Entry)

Ref. Number	Period	Organization	Title of Position or Service	Key Activities
1	5/2017	1 st Pancyprian Confeence on the prevention and treatment of cancer, Univeristy of Nicosia, May 2017	Organizing committee	Organising
2	2002-2005	Cyprus Dietetic Association	Member of the board	Participating in decisions and policy development of the board
3	2002-2005	Food Scientist and Technologists in Cyprus	Member of the board	Participating in decisions and policy development of the board
4	2013-14	The Cyprus Paediatric Association and the Ministry of Health invited me	Member of the Scientific committee	Assist with the writing and editing of the Paediatric Health Booklet given to all parents in Cyprus. The work was presented at the annual conference of the Cyprus Paediatric Association in Ayia Napa, Nov 2014.
5	2010	Public event organized by HIPP, Dec 2010	Advisor in Paediatric Nutrition	Advisor
	2010-2011	Nutrition Consultant for		(i) developing convenient but healthy meals, (ii) undertaking the



		the fast-food chain 'Great'.		nutritional analysis of these meals and (iv) labelling/categorizing different meal combinations following the latest European guidelines in order to assist consumers to make the best choice for their needs. The work was presented in a press release in Feb 2011
	12/1996	the conference 'The Science of Global Wellness', organized by the Cyprus Dietetic Association	Chairperson	

Awards / International Recognition (where applicable). List the five (5) more recent and other five (5) selected. (max total 10)(Optional Entry)

Ref. Number	Date	Title	Awarded by:
1	1995	'L1 (Deferiprone) accumulates within Thalassaemic but not normal or sickle red blood cells'	Travel Award: The American Society of Haematology Annual Conference. Seattle USA
2	1993	'Distribution of 14C-L1 in tissues of normal and iron-loaded rats'; London	European Iron Club. First Prize for poster presentation
3	2016	Educating patients with type 2 diabetes; Written information used by Clinical Dietitians in public and private settings in Cyprus.	First prize for poster presentation, 9 th Cyprus Dietetic and Nutrition Association International Conference with CySPEN participation
4	1991-5	Grant to undertake all the research leading to my PhD on oral ironchelators	Max Reinhardt Charitable Trust.
5	1994	To study the uptake of the oral iron chelator L1 in cultured hepatocytes. Leuven University, Belgium	Welcome Trust Studentship