



Academic Personnel Short Profile / Short CV

University:	University of Nicosia
Surname:	Ferreira
Name:	Nuno
Rank/Position:	Associate Professor
Faculty:	Humanities and Social Sciences
Department:	Social Sciences
Scientific Domain: *	Clinical and Health Psychology

** Field of Specialization*

Academic qualifications (list by highest qualification)				
Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
PhD	2011	University of Edinburgh	Clinical and Health Psychology	
Licenciature (pre-bologna treaty BSc + MSc equivalent)	2004	Instituto Superior de Psicologia Aplicada. Lisboa, Portugal	Clinical Psychology	



Employment history in Academic Institutions/Research Centers – List by the three (3) most recent

Period of employment		Employer	Location	Position
From	To			
September 2017	Present	University of Nicosia	Nicosia, Cyprus	Associate Professor
January 2017	November 2017	University of Edinburgh	Edinburgh, UK	Senior Teaching Fellow
July 2013	December 2016	University of Edinburgh	Edinburgh, UK	Lecturer

Key refereed journal papers, monographs, books, conference publications etc. List the five (5) more recent and other five (5) selected –(max total 10)

Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2021	Young People Who Meaningfully Improve Are More Likely to Mutually Agree to End Treatment	Edbrooke-Childs J, Costa da Silva L, Čuš A, Liverpool S, Pinheiro Mota C, Pietrabissa G, Bardsley T, Sales CMD, Ulberg R, Jacob J and Ferreira N	Frontiers in Psychology	12	641-770
2	2021	Attitudes to ageing and quality of life in young and old older adults: an international cross-sectional analysis.	Long, S., Laidlaw, K., Lorimer, A., & Ferreira, N.	Working with Older People	25(1)	39-57

3	2021	Valuing the caregiver: a feasibility study of an acceptance and commitment therapy (ACT) group intervention for dementia caregivers.	George, C., Boyce, M., Evans, R., & Ferreira, N.	Working with Older People	25(1)	94-104
4	2020	Psychometric Assessment of Adverse Childhood Experiences International Questionnaire (ACE-IQ) with Adults Engaging in Non-Suicidal Self-Injury	Christoforou, R., & Ferreira, N.	Mediterranean Journal of Clinical Psychology	8 (3)	1-23
5	2020	A systematic review of the association between individual behavioural and psychological symptoms in dementia and carer burden	George, C., Ferreira, N. , Evans, R. and Honeyman, V.	Working with Older People	24(3)	181-203
6	2020	Carer burden and positive gain in dementia	George, C. & Ferreira, N.	Working with Older People	24(2)	113-123
7	2020	Engaging Children and Young People in Digital Mental Health Interventions: Systematic Review of Modes of Delivery, Facilitators, and Barriers.	Liverpool, S., Mota, C. P., Sales, C. M. D., Čuš, A., Carletto, S., Hancheva, C., Sousa, S., Cerón, S. C., Moreno-Peral, P., Pietrabissa, G., Moltrecht, B., Ulberg, R., Ferreira, N. , & Edbrooke-Childs, J.	Journal of Medical Internet Research	22(6)	e16317
8	2020	Moderating effect of IBS acceptance on psychosocial mediators of Irritable Bowel Syndrome	Bowers, H., Gillanders, D., & Ferreira, N.	Journal of Contextual Behavioral Science	16	30-36

9	2020	Psychological mediators in the relationship between paediatric chronic pain and adjustment: An investigation of acceptance, catastrophising and kinesiophobia.	McGarrigle, L., Wesson, C., DeAmicis, L., Connoly, S., & Ferreira, N.	Journal of Contextual Behavioral Science	18	294-305
10	2020	The moderating effect of psychological flexibility on the link between learned helplessness and depression symptomatology: A preliminary study.	Trindade, I. A., Mendes, A. L., & Ferreira, N. B.	Journal of Contextual Behavioral Science	15	68-72

Exhibitions (where applicable). List the five (5) more recent and other five (5) selected. (max total 10)

Ref. Number	Date	Topic	International / Local	Location*	Role in Exhibition
1	July 2019	Acceptance and Self-Compassion in Psychogastroenterology". Association of Contextual Behavioural Science World Conference 17.	International	Dublin, Ireland	Workshop
2	July 2019	"Using ACT to better understand and intervene in Gastrointestinal (GI) disorders: ACT for Health SIG Sponsored"	International	Dublin, Ireland	Symposium Chair

		Association of Contextual Behavioural Science World Conference 17.			
3	July 2019	“Moderating effect of Psychological flexibility in the relation between Symptom Severity and Quality of Life in Irritable Bowel Syndrome (IBS)” Association of Contextual Behavioural Science World Conference 17.	International	Dublin, Ireland	Oral paper
4	July 2019	“Does Psychological Flexibility buffer the impact of fear of recurrence or progression in men with Prostate Cancer?” Association of Contextual Behavioural Science World Conference 17.	International	Dublin, Ireland	Oral paper
5	July 2019	“A Longitudinal Study of the Acceptance and Commitment Therapy (ACT) processes and the Mindful Healthcare Scale (MHS) in Healthcare Professionals” Association of Contextual Behavioural Science World Conference 17.	International	Dublin, Ireland	Oral paper

6	October 2018	“Third-Wave CBT approaches to Gastrointestinal (GI) Conditions - An emerging field” CYPISA – Psychology and Health, best practices in practice Conference	Local	Nicosia, Cyprus.	Invited talk
7	November 2018	“Moderating effect of Psychological flexibility in the relation between Symptom Severity and Quality of Life in Irritable Bowel Syndrome (IBS)”. 6th International Multithematic Scientific Bio-Medical Congress	Local	Nicosia, Cyprus	Oral paper
8	September 2018	“Pediatric chronic pain and adjustment: the mediating role of acceptance, catastrophizing and kinesiophobia” 9th World Congress of the World Institute of Pain	International	Dublin, Ireland	Oral poster
9	July 2017	“Low intensity psychological intervention for Irritable Bowel Syndrome” Association of Contextual Behavioural Science World Conference 15	International	Sevilla, Spain	Oral Paper
10	July 2017	“Values, Values-Consistent Behaviour and Wellbeing in Adolescents”	International	Sevilla, Spain	Oral Paper



ΦΟΡΕΑΣ ΔΙΑΣΦΑΛΙΣΗΣ ΚΑΙ ΠΙΣΤΟΠΟΙΗΣΗΣ ΤΗΣ ΠΟΙΟΤΗΤΑΣ ΤΗΣ ΑΝΩΤΕΡΗΣ ΕΚΠΑΙΔΕΥΣΗΣ
CYPRUS AGENCY OF QUALITY ASSURANCE AND ACCREDITATION IN HIGHER EDUCATION



		Association of Contextual Behavioural Science World Conference 15			
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** Specify venue, geographic location etc*

Research Projects. List the five (5) more recent and other five (5) selected (max total 10)				
Ref. Number	Date	Title	Funded by	Project Role*
1	2020	“MIND program for cancer patients: A randomized controlled trial testing the efficacy in changing psychological and biological outcomes and the cost-effectiveness of the program”	Foundation for Science and Technology, Portugal	Co-applicant / Research Team Member
2	2019	“DEPRESS: A randomized controlled trial investigating the effectiveness, mechanisms of action, and moderators of mindfulness-based cognitive therapy combined with transcranial magnetic stimulation in preventing depressive relapse or recurrence”	The Research Promotion Foundation Programmes for Research, Technological Development and Innovation “Restart 2016 – 2020”, Cyprus	Co-applicant / Research Team Member
3	2018	Project LIFE with IBD	Foundation for Science and Technology, Portugal	Co-applicant / Research Team Member
4	2018	Unic Mental Health Screening Days 2018	University of Nicosia internal grant	Co-applicant / Research Team Member

5	2016	“Barnardo’s Scotland in ACTion”	College of Humanities & Social Science - Knowledge exchange and impact grant, University of Edinburgh	Co-applicant / Research Team Member
6	2015	“Psychosocial predictors of Chronic Pain in Paediatric populations”	Welcome Trust Seed award in Medical Humanities	Principal Investigator
7	2015	“Well-being in new fathers coming back to work”	Fathers Network – Year of the dad awards	Principal Investigator
8	2014	“Psychological interventions in palliative care: a practitioner / researcher network for developing and evaluating novel treatments.”	Knowledge Exchange Grant – University of Edinburgh	Co-applicant / Research Team Member
9	2014	“On-line training of clinical psychology post-graduates in Good clinical Practice Research principles.”	Principal’s Teaching Award Scheme – University of Edinburgh	Principal Investigator
10	2012	“Low intensity interventions for IBS”	Moray Endowment Awards –	Co-applicant / Research Team Member



ΦΟΡΕΑΣ ΔΙΑΣΦΑΛΙΣΗΣ ΚΑΙ ΠΙΣΤΟΠΟΙΗΣΗΣ ΤΗΣ ΠΟΙΟΤΗΤΑΣ ΤΗΣ ΑΝΩΤΕΡΗΣ ΕΚΠΑΙΔΕΥΣΗΣ
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			University of Edinburgh	
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**Project Role: i.e. Scientific/Project Coordinator, Research Team Member, Researcher, Assistant Researcher, other*



**Academic Consulting Services and/or Participation in Councils / Boards/ Editorial Committees.
List the five (5) more recent (Optional Entry)**

Ref. Number	Period	Organization	Title of Position or Service	Key Activities
1	2020-Present	Journal of Contextual Behavioural Science	Editorial Board Member	Editor
2	2018-present	Association of Contextual Behavioural Science	Grants Committee Member	Grant award decisions, Grant scheme development
3	2017-present	Association of Contextual Behavioural Science	World conference program committee member	Abstract reviewing
4	2019 - present	Stroke Action for Europe (SAFE)	Scientific Committee Member for the European Life After Stroke Conference	Conference organization, abstract reviewing
5	2018-present	Rome Foundation	Psychogastroenterology Section Member	Workshop delivery, research network collaborator

**Awards / International Recognition (where applicable). List the five (5) more recent and other five (5) selected.
(max total 10) (Optional Entry)**

Ref. Number	Date	Title	Awarded by:
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**Other Achievements. List the five (5) more recent and other five (5) selected.
(max total 10) (Optional Entry)**

Ref. Number	Date	Title	Key Activities:
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ΦΟΡΕΑΣ ΔΙΑΣΦΑΛΙΣΗΣ ΚΑΙ ΠΙΣΤΟΠΟΙΗΣΗΣ ΤΗΣ ΠΟΙΟΤΗΤΑΣ ΤΗΣ ΑΝΩΤΕΡΗΣ ΕΚΠΑΙΔΕΥΣΗΣ
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