

## Curriculum Vitae Skeleton

**Name:** Dr. POLYXENI GEORGIADOU.....

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### Education:

**Graduate studies:** **Doctor of Philosophy (Ph.D.) in Counseling Psychology,**  
**McGill University, Montreal, Canada, 2003**  
**Master of Education (M.Ed.) in Counseling Psychology, McGill**  
**University, Montreal, Canada, 1996**

**Undergraduate studies:** **Bachelor of Science (B.Sc.) in Psychology, University**  
**of Crete, Greece, 1992**  
(Degree, Date received)

### Positions Held:

(reverse chronological order)

- **Full-time Lecturer**, University of Nicosia (Fall, 2011- ongoing)
- **Part-time Lecturer**, University of Nicosia (Spring 2011)
- **Special Scientist**, University of Cyprus (2010-2011)
- **Special Visiting Scientist**, University of Cyprus (2009)
- **Visiting Lecturer**, University of Cyprus (2006-2008)
- **Visiting Lecturer**, University of Athens, Medical School (co-lecturer, Program of Graduate Studies “Stress control and promotion of health”) (Fall, 2009)
- **Visiting Lecturer**, (contract work) University of Athens, Department of Education in Preschool Age (T.E.A.II.H.) (Fall, 2005)
- **Visiting Lecturer**, (contract work) Technological Educational Institute of Ipirou (T.E.I) Department of Early Childhood Care and Education, Greece (2005)
- **Lecturer**, Mediterranean College, Athens (2004-2006)
- **Psychologist**, contract work, Regional Bureau of Primary and Secondary Education of Attica, Schools for Children with Special Needs, Athens, Greece (2005)

- **Project manager** for the development of the business plan for “Dromokaiteio Psychiatric Hospital», Athens, Greece, Contract work at “ASSET- Technology” (2004)
- **Coordinator of the Test library**, Department of Educational and Counseling Psychology, McGill University, Montreal, Canada (1997-1999)
- **Teaching Assistant**, McGill University, Montreal, Canada, 1998, 2002

### Areas of Concentration/ Research Interests:

Counseling Psychology: Counselor Training and Supervision, Psychotherapy Process and Outcome, Positive Psychology, Professional Issues and Ethics

### Professional Associations

Organization/field	Title
Hellenic Psychological Society	Member
Division of Counseling Psychology	Member
Division of Positive Psychology	Co-coordinator (2011-2016)
	Member (2016-)
European Federation of Psychologists Associations	
EFPA (IVZW)- Board of Ethics	Cyprus Representative (2012-2015)
Cyprus Psychology Association	Elected Board Member (2013-2015)
Cyprus Psychology Association	Member (2015-)

### Funding (grants, contracts, research awards)

(source, date, project amount)

- Alma Mater, McGill University, 2001 (3.000 dollars)

### Languages:

(Fluent Proficient Competent)

Greek (Fluent)

English (Fluent)

## Research & Publications

### Doctoral Dissertation:

«Novice counsellors' skill development: an investigation of weeping events», 2003, McGill University, Montreal, Canada

### Chapters in Books

**Γεωργιάδου, Π.** (2011). «Δεοντολογία Έρευνας στην Κλινική και Συμβουλευτική Ψυχολογία». Στο Α. Σταλίκας (Επ.), «Μέθοδοι Έρευνας στην Κλινική και Συμβουλευτική Ψυχολογία». Αθήνα: Πεδίο.

### Journal Articles – in print or submitted for publication

- \*Apostolou, M., Shialos, M. & **Georgiadou, P.** (2019). The emotional cost of poor mating performance. *Personality and Individual Differences*, 138, 188-192.
- \*Apostolou, M., Paphiti, C., Neza, E., Damianou, M. & **Georgiadou, P.** (2019). Mating performance: Exploring emotional intelligence, dark triad, jealousy and attachment effects. *Journal of Relationships Research*, 10, 1-8.
- \***Georgiadou, P.** (2018). John Watson. In T. K. Shackelford & V. A. Weekes-Shackelford (Eds), *Encyclopedia of Evolutionary Psychological Science*. New York: Springer. Advance Online Publication (doi:10.1007/978-3-319-16999-6\_1045-1).
- \***Georgiadou, P.** (2018). Little Albert. In T. K. Shackelford & V. A. Weekes-Shackelford (Eds), *Encyclopedia of Evolutionary Psychological Science*. New York: Springer. Advance Online Publication (doi:10.1007/978-3-319-16999-6\_1046-1).
- \*Apostolou, M., Papadopoulou, I. & **Georgiadou, P.** (2018). Are people single by choice? Involuntary singlehood in an evolutionary perspective. *Evolutionary Behavioral Science*. Advance Online Publication, 5, 98–103, <https://doi.org/10.1007/s40806-018-0169-1>.

### Conference Proceedings

Member of the Scientific Committee for the 7th Panhellenic Conference of Counseling Psychology. Topic of the conference: "Counseling Psychology and Socially Vulnerable Groups; Making the Invisible Visible" ("Συμβουλευτική Ψυχολογία και Κοινωνικά Ευάλωτες Ομάδες: Κάνοντας το Αόρατο Ορατό"). Hellenic Psychological Society, Division of Counselling Psychology, Volos, November 8-11, 2018.

Member of the Scientific Committee for the 16th Panhellenic Conference of Psychology Research. Topic of the conference: "People, Institutions, Society: The World of Psychology", ("Άτομα, θεσμοί, κοινωνία: ο κόσμος της Ψυχολογίας"). Hellenic Psychological Society, Thessaloniki, 10-14 May, 2017.

Member of the Scientific Committee for the 6th Panhellenic Conference of Counselling Psychology with the subject: "Issues of Multiculturalism and Social Justice in Counseling Psychology" («Ζητήματα Πολυπολιτισμικότητας και Κοινωνικής Δικαιοσύνης στη

Συμβουλευτική Ψυχολογία»). Hellenic Psychological Society, Division of Counselling Psychology, Athens, November 4-6 2016.

Member of the Scientific Committee for the 4th Panhellenic Conference of Counselling Psychology with the subject: «The role of counseling psychology in crisis situations». Hellenic Psychological Society, Division of Counselling Psychology, Thessaloniki, 2012.

Member of the Scientific Committee for the 3<sup>rd</sup> Panhellenic Conference of Counselling Psychology with the subject: “Counselling Psychology: Applications- Challenges”. Hellenic Psychological Society, Division of Counselling Psychology, Rethymno, Crete, 2010.

Member of the Committee for the evaluation and awards winning poster presentation at the 3<sup>rd</sup> Panhellenic Conference of Counselling Psychology with the subject: “Counselling Psychology: Applications- Challenges”. Hellenic Psychological Society, Division of Counselling Psychology, Rethymno, Crete, 2010.

### **Conference Presentations**

**Georgiadiou, P., & Adonis, M.** “The relationship between self-compassion and post-traumatic growth with post-traumatic stress disorder, anxiety and depression”. 6<sup>th</sup> Panhellenic Conference of Counselling Psychology with the subject: “Issues of Multiculturalism and Social Justice in Counselling Psychology”. Hellenic Psychological Society, Division of Counselling Psychology, Athens, Greece, 2016.

**Georgiadiou, P., Panayiotou, F., & Benetou, A.** The relationship between resilience, anxiety, depression, stress and life satisfaction. 3<sup>rd</sup> Panhellenic Conference of Counselling Psychology with the subject: “Counselling Psychology: Applications- Challenges”. Hellenic Psychological Society, Division of Counselling Psychology, Rethymno, Crete, 2010.

**Georgiadiou, P., Papayianni, F., & Karakasidou, E.** The relationship between positive emotions, anxiety, depression, stress, meaning of life and life satisfaction. 3<sup>rd</sup> Panhellenic Conference of Counselling Psychology with the subject: “Counselling Psychology: Applications- Challenges”. Hellenic Psychological Society, Division of Counselling Psychology, Rethymno, Crete, 2010.

**Georgiadiou, P. & Liasidou, K.** Positive emotions, satisfaction and meaning of life, and psychological resilience: A study with University students. 12<sup>th</sup> Panhellenic Conference of Psychological Research with the subject: “The contribution of psychological research in modern society”. Hellenic Psychological Society, University of Thessaly, Volos, 2009.

**Georgiadiou, P.** Adjustment: is the glass half-empty or half-full? 11<sup>th</sup> Panhellenic Conference of Psychological Research with the subject: “Psychology looking at its future: Redefinitions, Realignments and Reorganizations”. Hellenic Psychological Society, Rethymno, Crete, 2007.

**Georgiadou, P.** & Stalikas, A..Positive emotions in psychotherapy: Theoretical and clinical developments. Society for Psychotherapy Research (SPR), European Meeting, Funchal, Madeira, 2007.

Stalikas, A. & **Georgiadou, P.**..Researching the role of positive emotions in facilitating psychotherapeutic change: Research findings, methodological challenges and future trends.Society for Psychotherapy Research (SPR), European Meeting, Funchal, Madeira, 2007.

**Georgiadou, P.**, & Stalikas, A..Allowing client weeping in psychotherapy as a first step in promoting psychological health.1<sup>st</sup> International Conference- Psychological Society of Northern Greece, 2004.

**Georgiadou, P.** & Stalikas, A.. Counsellors'-in-training reaction to client weeping, examined in three phases of psychotherapy (early, middle, and late). 9<sup>th</sup>Panhellenic Conference of Psychological Research, Greek Psychological Association, Rhodes, 2003.

Stalikas, A., Nestoros, I., **Georgiadou, P.**, &Fitopoulos, L. (1999, August).Methodological issues in using rating scales to measure in-session therapeutic phenomena. Paper presentation in the Symposium with the topic "Measurement and methodological issues in psychotherapy research", Patra, Greece.

**Georgiadou, P.**, Fitzpatrick, M., Wilson, C., Petsopoulos, I., &Tellides, C.. Effective therapist interventions: research and clinical perspectives. Canadian Guidance and Counselling Association National Conference, Montreal, Qc, Canada, 1998.

**Georgiadou, P.**, Levitt, J., Vivanovic, O., & Price-Adler, A..Introducing a new method of studying counselor verbal responses.Annual Meeting of the Eastern Psychological Association, Washington, D.C., USA, 1997.

Gazzola, N., **Georgiadou, P.**, Audet, C., Avellino, F.. Why assess counselor interventions? Annual Meeting of the Eastern Psychological Association, Washington, D.C., USA, 1997.

Frost, J., Fitzpatric, M., **Georgiadou, P.**, Dotas, E..The working alliance and patterns of symptom recovery. Annual Meeting of the Eastern Psychological Association, Washington, D.C., USA, 1997.

Berkovic-Scherer, M., Stalikas, A., Gazzola, N., **Georgiadou, P.**..Do different types of insight lead to different therapeutic progress?Annual Meeting of the Eastern Psychological Association, Philadelphia, USA, 1996.

Chaloner, R., Georgiadou, X., Frost, J., Wodka, K. (1996, August).Exploring the personal meaning of feelings: Client readiness and therapist interventions.Poster presentation at the XXVI International Congress of Psychology, Montreal, Canada.

Paternelli, L., Stalikas, A., **Georgiadou, P.**, & Morel, K.. Client emotional arousal and in-session change events: What is their relationship? 4th European Congress of Psychology, Athens, Greece, 1995.

Nestoros, I., Kantas, A., & **Georgiadou, P.** Psychology diplomas admitted from the Interdisciplinary Center of Accreditation Degrees and Studies of the Foreign during the period 1986-1989. The 2nd Panhellenic Congress of Psychological Research, Crete, Greece, 1990.

Papadopoulos, N., Georgiadou, P., Kotoula, K., & Eleftheriadou, M.. The psychosexual development of the Greek students (a pilot study with sample students from University of Crete). The 2nd Panhellenic Congress of Psychological Research, Crete, Greece, 1990.

### **Workshops**

**Georgiadou, P.**, Stalikas, A., & Benettou, A. Workshop titled: Positive Psychology and its Applications for Mental Health Professionals. 15<sup>th</sup> Panhellenic Conference of Psychological Research titled “Psychology in Greece and in the Mediterranean”. Hellenic Psychological Society, Nicosia, May 27-31<sup>st</sup> 2015.

Stalikas, A. Kleftaras, G., **Georgiadou, P.**, & Themeli, O. Workshop titled: Ethical issues in the practice of counseling psychology. 3<sup>rd</sup> Panhellenic Conference of Counselling Psychology with the subject: “Counselling Psychology: Applications- Challenges”. Hellenic Psychological Society, Division of Counselling Psychology, Rethymno, Crete, 2010.

**Georgiadou, P.** Workshop titled: The role of the counselor and the use of psychological instruments as they are influenced by a multicultural frame. 1<sup>st</sup> 2-day Conference in Counseling Psychology with the subject: “Multicultural Counseling Psychology. Theory and Applications”. Komotini, Thrace, 2005.

### **Poster Sessions**

**Georgiadou, P.**, Petsopoulos, I., Rogan, K., & Stalikas, A.. Relationship between Novice Counsellors’ Use of Interventions, Client Emotional Expression, and Working Alliance. VIIth European Congress of Psychology, London, U.K, 2001.

**Georgiadou, P.**, Boutri, A., Chryssikou, L., Maragou, A., Papandreou, M., & Stalikas, A.. Relationship between Novice Counsellors’ Choice of Interventions, Strong Client Emotions and In-Session Change. VIIth European Congress of Psychology, London, U.K, 2001.

**Georgiadou, P.**, Chamodraka, M., Andreadis, G., Dimas, C., Mertika, A., & Stalikas, A. (2001,). Developmental Changes in Novice Therapists’ Use of Interventions Around Client Strong Emotional Episodes. VIIth European Congress of Psychology, London, U.K, 2001.

Chaloner, R., **Georgiadou, P.**, Frost, J., Wodka, K..Exploring the personal meaning of feelings: Client readiness and therapist interventions. Poster presentation at the XXVI International Congress of Psychology, Montreal, Canada, 1996.

### **Symposium Presentation**

**Georgiadou, P.**, Apostolou, M., Agathocleous, K., & Paschali, A. .Factors of Positive Psychology and Financial Crisis: a Study in Cypriot Population. 15<sup>th</sup>Panhellenic Conference of Psychological Research.Hellenic Psychological Society, Nicosia, May 27-31<sup>st</sup> 2015.

**Georgiadou, P.**.The relationship between psychological resilience and anxiety, depression and stress.4<sup>th</sup>Panhellenic Conference in Counseling Psychology. Title of the Conference: "The role of Counseling Psychology in crisis situations". Hellenic Psychological Society, Division of Counseling Psychology, Thessaloniki, November 1-4, 2012.

Giannaraki, M. & **Georgiadou, P.** The relationship between positive emotions and psychological resilience: A study in Greek and Cypriot population.Hellenic Psychological Society, Division of Counseling Psychology, Thessaloniki, November 1-4, 2012.

**Georgiadou, P.** & Douklias, S..The relationship between positive emotions, psychological resilience, meaning making and life satisfaction. 13th Panhellenic Conference of Psychological Research with the subject «From Individual Differences to Differentiation». Hellenic Psychological Society, Athens, 2011.

Giannaraki, M. & **Georgiadou, P.**.The relationship between positive emotions, psychological resilience, and life satisfaction. A study in Cypriot and Greek population. 13th Panhellenic Conference of Psychological Research with the subject «From Individual Differences to Differentiation». Hellenic Psychological Society, Athens, 2011.

Stalikas, A., Nestoros, I., **Georgiadou, P.**, & Fitopoulos, L..Methodological issues in using rating scales to measure in-session therapeutic phenomena.Topic of theSymposium "Measurement and methodological issues in psychotherapy research", Patra, Greece,1999

Riga, A.B., **Georgiadou, P.**.Attitudes and Social Representations.Municipality of Hymmitos Hill, Athens, Greece, 1990.

### **Invited Speaker**

#### **Invited Talks, Seminars & Colloquia**

**Georgiadou, P.** "Counseling for professionals of the 21<sup>st</sup> century: the necessity for lifelong learning" (Η συμβουλευτική για τους επαγγελματίες του 21ου αιώνα: η αναγκαιότητα της διαβίου μάθησης"). Invited speaker at TEI Thessalias, Ioannina, September 17, 2015.

**Georgiadou, P.**.Introduction to Positive Psychology. Invited speaker at the two-day conference co-organized by the Cyprus Psychologists' Association and the Hellenic Psychological Society,

divisions of a) Counseling Psychology, and b) Positive Psychology. Title of the conference “Positive Psychology and Health”. June 16-17, 2012.

Guest lecturer, invited by the Associate Professor K. Kornilaki, **University of Crete**, Department Of Preschool Education, Faculty of Education, for the course «Psychology of Preschool Age». Title of the lecture: “Sex education of children: ways to approach the subject depending on the age of the children”, 2010.

Guest Lecturer (payed) at the Program of Graduate Studies “Counseling in Special Education, Education and Health”, **University of Thessaly**. Title of lecture: “The role of multicultural counseling and counselor in understanding diversity and in fighting against oppression”, as part of the course titled “Cultural and Multicultural Counseling”, 2009.

Guest lecturer, invited by Professor A. Kalantzi-Azizi, Department of Psychology, **University of Athens**, for the course titled “Psychology of Communication”. Title of the lecture “Communication in psychotherapy”, 2008.

**Georgiadou, P.** Parents’ approach to the sex education of their children. How we need to answer to the questions of our children. Honored guest lecturer by the “Society of Sexual and Reproductive Health” for the Seminar titled “Family and Gender Relationships”, Paphos, 2008.

Guest lecturer invited by Professor A. Kalantzi-Azizi, Department of Psychology, **University of Athens**, for the course titled “Psychology of Communication”. Title of the lecture “Communication in psychotherapy”, 2005.

Guest lecturer invited by Professor Gary Torbit, **McGill University**, Department of Educational and Counselling Psychology, for the course titled “Practicum Supervision” at the graduate level, 2000.

## **Other Scholarly Activities**

### **Conference Organizing**

Member of the organizing committee for a workshop in positive psychology titled: «Κρούσοι στην Κρίση». The workshop will be co-hosted by the (a) Division of Positive Psychology, Hellenic Psychological Society, (b) Greek Hellenic Association of Positive Psychology, (c) MSc “Positive Psychology: Counseling Applications”, Panteion University, Greece. The workshop was held in Athens, November 25, 2016.

Member of the organizing committee for the European Health Psychology Society that took place in Limassol, Cyprus, September 1-5, 2015. Title of the conference “Behaviour Change in Health and Illness”.

Member of the organizing committee of the two-day conference co-organized by the Cyprus Psychologists' Association and the Hellenic Psychological Society, divisions of a) Counseling Psychology, and b) Positive Psychology. Title of the conference “Positive Psychology and Health”. June 16-17, 2012.

Member of the organizing committee of the 2<sup>nd</sup> Panhellenic Conference of Counselling Psychology organized by the Hellenic Psychological Society, Division of Counselling Psychology, Athens, 2006. Title of the conference: «Counselling Psychology in Men: Theory, research, intervention.»

Member of the organizational committee of the 2nd Panhellenic Congress of Psychological Research, Crete, Greece, 1990.

### **Consultancies**

**External Evaluator** for the Financed Lifelong Learning Program for updating knowledge of tertiary higher education of graduate, from the Ministry of Education and Religious Affairs. Title of the program: “Training for Social Welfare Professionals in Counseling Skills and Enhancing their Professional Identity”. September 16, 2015, TEI Ipirou, Ioannina, Greece.

### **Experience**

#### **Administrative**

(projects managed, committees served etc)

Academic Coordinator of the MSc Counseling Psychology at University of Nicosia since September 2013.

Academic Coordinator of the MSc Counseling at University of Nicosia from September 2013 to September 2016 (the program is now nonactive).

Project manager of the development of the business plan for the Psychiatric Hospital of Attica “Dromokaiteio”, as a member of the company “Asset – Technology”, 2004.

Coordinator/administrator of the Psychological Assessment Library at McGill University, Department of Educational and Counselling Psychology, 1997 - 1999.

Co-ordinator of various research teams, and of the archival data of the “McGill Psychotherapy Process Research Team” 1996 – 2003.

### A. Committees served

Member of The Review Bioethics Committee for Biomedical Research on Human Beings and their biological substances and the Clinical Trials on Medicinal Products of Human Use, Ministry of Health, Republic of Cyprus, 01/2019-11/2021.

Member of the Department of Social Sciences Ethics Review Board, University of Nicosia, 2018- ongoing.

Member of the University's Research Ethics Committee, University of Nicosia, 2014- ongoing.

Elected Board Member of the Cyprus Psychology Association (2013-2015)

Co-coordinator for the Division of Positive Psychology, Hellenic Psychological Society, 2011-2016.

Cyprus Representative to the European Federation of Psychologists Associations EFPA (IVZW)-Board of Ethics, 2012-2015.

Member of a Committee for the definition of the studies and the role of Counseling Psychologists, Division of Counseling Psychology, Hellenic Psychological Society, 2011.

Member of the «McGill Psychoeducational and Counselling Clinic» Committee, Department of Educational and Counselling Psychology, McGill University, Montreal, Canada, 1998-2000.

Member of the Space Allocation Committee Department of Educational and Counselling Psychology, McGill University, Montreal, Canada, 1997-1998.

Student Representative, Member of the Committee for the APA Accreditation Department of Educational and Counselling Psychology, McGill University, Montreal, Canada, 1995.

Member of the Student Affairs Committee Department of Educational and Counselling Psychology, McGill University, Montreal, Canada, 1994-1995.

Student representative in the committee of acknowledgement of courses, Department of Psychology, School of Social Sciences, University of Crete, Greece, 1989-1990.

### Advisory

(students supervised, theses directed etc)

Main supervisor of the doctoral dissertation of the following students:

- Photini Panayiotou, Ph.D. in Clinical Psychology, Title of the Thesis: “Examination of Dispositional Forgiveness on Mental Health Outcomes and Effectiveness of a Pilot Psychoeducational Group Intervention for Forgiveness in Greek-Cypriot University Students”. Successfully defended: April 2019

- Chara Papaefstathiou, Ph.D. in Clinical Psychology, Title of the Thesis: “Quality of Life of Parents of Adults with Developmental Disabilities: The Role of Self-Compassion and Self-Efficacy.” Ongoing

M.Sc thesis supervision of one M.Sc. student at the program of Clinical Psychology, University of Nicosia (completed).

B.Sc. thesis supervision of 2 Undergraduate students in Psychology, University of Nicosia (both completed in May 2018).

M.Sc. thesis supervision of a master’s student from DL program in School Psychology/ Educational Psychology, University of Nicosia, began January 2015 (completed).

Master’s thesis supervision of a Graduate Student at the Program of Graduate Studies “Counseling in Special Education, Education and Health”, University of Thessali, Volos, Greece, ongoing. Title of the thesis: «The relationship between positive emotions, psychological resilience, and life satisfaction. A study in Cypriot and Greek population.» Completed in 2012.

Co-supervision of four undergraduate theses, during my work at the University of Cyprus. Titles of the studies:

- (1) “The relationship between positive emotions, anxiety, depression, stress, meaning of life and life satisfaction”. Department of Psychology, University of Cyprus, 2010.Co-supervisor, Professor F. Constandinidou (Head of the Department).
- (2) “The relationship between resilience, anxiety, depression, stress, and life satisfaction”. Department of Psychology, University of Cyprus, 2010.Co-supervisor, Associate Professor G. Spanoudis.
- (3) “Positive emotions, life satisfaction meaning of life and psychological resilience: a study with University students”. Department of Psychology, University of Cyprus, 2009.Co-supervisor, Professor F. Constandinidou (Head of the Department).
- (4) “A study of Cypriot University students examining the relationship between positive emotions, personality characteristics, life satisfaction, and depression, anxiety and stress”. Department of Psychology, University of Cyprus, 2009.Co-supervisor, Associate Professor G. Spanoudis.

## Teaching

(seminars designed, courses taught)

University of Nicosia, Cyprus, 2011- ongoing

### B.Sc. level:

- General Psychology I (PSY 110)
- General Psychology II (PSY 111) (English and Greek)
- Abnormal Psychology (PSY 240) (English and Greek)
- Theories of Counseling (PSY 420)

- Techniques of Counseling (PSY 430) (English and Greek)
- Psychology of Adulthood and Aging (PSY 360)

**Master's level:**

- Group Therapy (PSYM 675)
- Professional Issues and Ethics (PSYM 640)
- Multiculturalism and Diversity Issues (PSY 535)
- Theories and Models of Psychotherapy (PSYM 522)
- Positive Psychology: Health Promotion and Prevention (PSYM 604)
- Επαγγελματική Δεοντολογία (PSYM 681)

**Doctorate level:**

- Group Psychotherapy (PSYM 720)
- Doctoral Seminar II: Ethics, Professional Issues, and Diversity (PSY 762)

University of Cyprus, Cyprus, 2006 – 2011

**B.Sc. level:**

- Counseling Psychology (ΨΥΧ 307)
- Psychology of Happiness and Adjustment (ΨΥΧ 132)
- Deontology and Ethics (ΨΥΧ 306)
- Problems in Learning and Behavior (ΨΥΧ 324)

**Master's level:**

- Ethics in Educational Psychology (ΨΥΧ 601)
- Counseling Psychology (ΨΥΧ 617)

**Doctorate level:**

- Psychotherapy Seminar for Couples and Families (ΨΥΧ 720)-  
PhD. level

University of Athens, Medical School- Graduate Program, 2009

- Health Counseling- Communication Skills

Technological Educational Institute of Ipirou (T.E.I), 2006 (B.Sc. level)

- Psychopathology of children and adults

University of Athens, Greece, 2006 (B.Sc. level)

- Counseling Psychology

Mediterranean College”, Athens, Greece, 2004 – 2006 (B.Sc level)

- Counseling Skills
- Human Growth and Development
- Humanistic Theories
- Gestalt Theories
- Personal Development
- Couple Therapy

McGill University, Montreal, Canada, 2002 (Master's level)

- Ethics and the Law (420- 618) (Teaching Assistant)

McGill University, Montreal, Canada, 1998 (Master's level)

- Psychometry (420- 682) (Teaching Assistant)

McGill University, Montreal, Canada, 1999 (Master's level)

- Current Trends in Counselling: Advanced Clinical Skills (412-670 B) (Co-lecturer with Associate Professor Anastassios Stalikas)

McGill University, Montreal, Canada, 1999 (Master's level)

- Group Counselling: Practice (412-624L) (Co-lecturer with Assistant Professor Marilyn Fitzpatrick)

### **Clinical**

Clinical supervision of Master's and Ph.D. students undergoing their practicum training.

### **Extra Curricular Activities**

Lectures to the public

- Society of Sexual and Reproductive Health, Paphos, May 29 2008, "Parents' approach to the sex education of their children. How we need to answer to the questions of our children"
- Society of Sexual and Reproductive Health, Paphos, May 30 2008, Opening presentation «The importance of the inclusion of sex education in the educational system».