

MARIA POTHOUlaki

PhD, CPSychol, AFBPsS

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EDUCATION

Glasgow Caledonian University	Glasgow, UK
PhD in Health Psychology (University studentship)	
Department of Psychology	2003-2006
School of Health and Life Sciences	
Glasgow Caledonian University	Glasgow, UK
BSc (Hons) Psychology	
Department of Psychology	1998-2002
School of Health and Life Sciences	

ACADEMIC POSTS- TEACHING AND RESEARCH EXPERIENCE

University of Nicosia	Athens, Greece
<i>Associate Professor, School of Humanities and Social Sciences</i>	Sept.2026 – Present
• Teaching – undergraduate psychology students • Development of teaching material • Development of Assessment briefs • Research	
Democritus University of Thrace	Thrace, Greece
<i>Guest Lecturer, Department of Medicine, School of Health Sciences</i>	March 2026-June 2026 & June 2025-August 2026
• Teaching/online delivery of psychology lectures for the Master's Program "Primary Health Care: Social Medicine and Pharmaceutical Care" • Development of teaching material • Development of exam questions	
International Center for Hellenic and Mediterranean Studies (DIKEMES) /College Year in Athens (CYA)	Athens, Greece
<i>Lecturer</i>	Sept.2025 – May 2026
• Teaching/delivery of a psychology course to undergraduate study -abroad students • Development of teaching material • Marking	

Metropolitan College*Programme Leader and Lecturer, Department of Psychology*

Athens, Greece

Oct.2019 – Sept. 2026

- Academic coordination of MSc courses in Psychology in collaboration with the University of East London (MSc Clinical & Community Psychology, MSc Business Psychology, MSc Psychology –Greek speaking, MSc Psychology-english speaking).
- Face to face and online teaching
- Development of teaching material
- Marking & moderation
- Supervision of MSc students' research theses
- Development of assessment briefs
- Personal Academic Tutoring (PAT)
- Academic Interviews
- Coordination of course teams -lecturers
- Design and delivery of staff development sessions
- Member of the Collaborative Research Ethics Committee of Metropolitan College

Glasgow Caledonian University*Research Fellow, School of Health and Life Sciences*

Glasgow, UK

June 2016 – Dec.2018

- Research design, implementation and team coordination in the context of a £2.4 Million public health research program funded by the National Institute for Health and Care Research (NIHR)
- Optimising and developing a sexual health intervention in the public health sector to prevent transmission of STIs.
- Development of Training Material and Intervention Manual for Health Care Professionals in sexual health clinics (NHS)
- Leading a series of qualitative and process evaluation studies
- Design and coordination of research activities and implementation
- Ethics Applications for different bodies (NHS-IRAS, Academic institutions)
- Teaching and development of teaching material
- Supervision of PhD students
- Reporting and paper writing
- Presentations at scientific conferences

Metropolitan College*Lecturer, Department of Psychology*

Athens, Greece

Oct. 2015 – June 2016

- Teaching/Delivery of Health Psychology Module to third year undergraduate students
- Development of teaching material
- Marking and moderation
- Supervision of undergraduate students' dissertations

Agricultural University of Athens

Athens, Greece

Research Associate, Department of Agricultural Economics and Rural Development

Sept.2006 – Sept.2008

- Local project management of European (FP6) and National funded Programs
- Design and implementation of research activities.
- Contribution in research proposals
- Identification of potential collaborations and research partnerships

Glasgow Caledonian University

Glasgow, UK

Part-time Lecturer, Department of Psychology

Feb.2003 – Feb.2004

- Part-time teaching - General Psychology Module
- Development of educational material for tutorials
- Assessment and marking

OTHER PROFESSIONAL POSTS

Symplexis

Athens, Greece

Research Associate

July. 2002 – Oct. 2003

- Advising on social, psychological and research topics
- Research design and implementation of European funded projects
- Development of training material
- Contributing to publications

European Projects:

1. PITCH - a model for gender-sensitive intergration strategies based on personalised, participatory, local, and multistakeholder approaches
(HOME/2020/AMIF/AG/101038534)

KMOP-Family and Childcare Center

Athens, Greece

Project Manager

Dec. 2012 – Dec.2015

- Project Management and Implementation of European and National projects
- Coordination and implementation of research, training activities and dissemination events.
- Organisation of conferences, workshops and seminars within the context of projects

- Communication and liaison with the European Commission, international and national partners and stakeholders
- Coordinating the effective implementation and delivery of work
- Project team leading
- Reports for National and EU funders
- Contributing to Publications

European Projects indicatively:

1. RESILAND - Participation, Capacities and Resilience of Children on the Move against Trafficking and Exploitation (HOME/2012/ISEC/AG/THB/4000003916)
2. CITISPYCE: Combating Inequalities through Innovative Social Practices of, and for young people in cities across Europe (FP7-SSH-2012-2) (PN: 320359)
3. More Women in European Politics-More Women in 2014 (JUST/2012/FRAC/AG/2695)
4. Integrated Support and Care for Elderly and People with Disabilities in Kosovo: Pilot Action towards the transition to Community based Services (EuropeAid/132-568/L/ACT/XK)

KMOP-Family and Childcare Center

Pristina, Kosovo

Trainer and Supervisor

June 2014

- Development of training material for health care professionals in two Day Care Centers for people with disabilities and elderly people in Kosovo
- Delivery of training sessions to health care professionals in Kosovo
- Supervision of cases of health care professionals working in two Day Care Centers in Kosovo within the context of the European Project “Integrated Support and Care for Elderly and People with Disabilities in Kosovo: Pilot Action towards the transition to Community based Services” (EuropeAid/132-568/L/ACT/XK)

Ministry of Regional Development

Warsaw, Poland

Expert Moderator

Dec.2012

- Moderating the thematic working group “Local Governance-towards more quality services to citizens” at the Final Conference of the European Network “Facing the challenge how to effectively support public administration reforms by ESF funds”

Headway Ltd & Logotech SA -consulting companies providing support to the Managing Authority for the Operational Program “Administrative Reform 2007-2013”, Ministry of Administrative Reform and E-Government

Research Associate

Athens, Greece
May2012- Dec2012

- Providing consulting services and supporting the work of the Managing Authority for the Operational Program “Administrative Reform 2007-2013” related to the European Network “Facing the challenge how to effectively support public administration reforms with ESF funds”
- Design, management and coordination of research investigating local government services in 6 European countries
- Design of dissemination material
- Organisation of the National Conference
- Communication with relevant national and international experts, stakeholders and partners.

Cegedim Strategic Data, Athens, Greece

Market Research Analyst –Local Project Manager

Athens, Greece
March2009- Apr.2011

- Market research in pharmaceutical and health care industries
- Project management of qualitative research projects
- Liaising and collaborating with international pharmaceutical industries
- Local coordination and local project management in European epidemiological clinical studies
- Research in therapeutic areas such as: mental health, allergic asthma, breast cancer, prostate cancer, lung cancer, dementia, multiple sclerosis etc.

Logotech S.A, in the context of Lifelong Learning and Vocational Training Program – Leonardo da Vinci “HEAL-TRAIN – Unhealthy Life Assessment Training”

Trainer –Research Associate

Athens, Greece
Sept2008- April 2010

- Assisting in Project Management
- Contributing to the development of educational and training material, training kit, trainers’ guide and e-learning platform content
- Coordination and scientific responsibility for the development of Module 3 “Ethics in Research-Guidelines for Best Practice”

- Delivery of training seminars to professional researchers and health care professionals

Psychologist (license to practice)

Athens, Greece
2008- Present

- Individual and group sessions
- Sessions with young adults and vulnerable groups of people in the context of National and EU funded programs
- Mental health services in collaboration with civil society organizations/NGOs, scientific supervision, development of interventions and implementation support.

PUBLICATIONS

Painesis, P., Vogopoulou, M. & Pothoulaki, M. (2026). Emotion regulation through self-chosen music: A qualitative study with young adults. *Psychology of Music*, 0(0).

<https://doi.org/10.1177/03057356261465614>

Estcourt, C.S, Mapp, F., Woode Owusu, M., Low, N., Flowers, P., Copas, A., Roberts, T.E., Mercer, C.H., Saunders, J., Nandwani, R., Althaus, C.L, Stirrup, O., Symonds, M., Howarth, A.R., Johnson, A.M., Okeke Ogwulu, C., Pothoulaki M., Vojt, G., Wayal, S., Brice, S., Comer-Schwartz, A., Tostevin, A., Williams, E., Lasoye, S., McQueen, J., Abdali, Z. & Cassell, J.A. (2024) Improving sexual health through partner notification: the LUSTRUM mixed methods research Programme including RCT of accelerated partner therapy. *Programme Grants for Applied Research*, 12 (2). <https://doi.org/10.3310/TRQW3886>

Flowers, P., Vojt, G., Pothoulaki, M., Mapp, F., Woode Owusu, M., Cassell, J., Estcourt, C.S., Saunders, J. (2022) Using the behaviour change wheel approach to optimize self-sampling packs for sexually transmitted infection and blood borne viruses. *British Journal of Health Psychology*, 00, 1-16. DOI: 10.1111/bjhp.12607

Estcourt, C., Flowers, P., Cassell, J., Pothoulaki, M., Vojt, G., Mapp, F., Woode Owusu, M., Low, N., Saunders, J., Symonds, M., Howarth, A., Wayal, S., Nandwani, R., Brice, S., Comer, A., Johnson, A.M. & Mercer, C. (2022) Going beyond ‘regular and casual’: development of a classification of sexual partner types to enhance partner notification for STIs. *Sexually Transmitted Infections*, 98 (2), 108-114. <https://doi.org/10.1136/sextrans-2020-054846>

Middleton, A., Pothoulaki, M., Woode Owusu, M., Flowers, P., Mapp, F., Vojt, G., Laidlaw, R., Estcourt, C.S. (2021) How can we make self-sampling packs for sexually transmitted infections and blood borne viruses more inclusive? A qualitative study with people with mild learning disabilities and low health literacy. *Sexually Transmitted Infections*, 97 (4), 276-281.

Vojt, G., Smith, M., Owusu, M. W., Mapp, F., Pothoulaki, M., Estcourt, C., & Flowers, P. (2021). How do Dating Apps reflect the social organisation of sexual relationships? A review of dating apps and their key features. <https://doi.org/10.31235/osf.io/wf3vd>

Vojt, G., Pothoulaki, M., Laidlaw, R., & Flowers, P. (2020). What do we know about types of intimate relationship and associated sexual partners - A scoping review of interdisciplinary literature. <https://doi.org/10.31235/osf.io/fvmqw>

Pothoulaki, M., Vojt, G., Mapp, F., Woode Owusu, M., Mercer, C.H., Estcourt, C., Wayal, S., Saunders, J., Nandwani, R., Cassell, J.A., Flowers, P. (2020). The social organisation of sexual relationships: an exploratory qualitative study. <https://doi.org/10.31235/osf.io/m4fgb>

Flowers P, Pothoulaki M, Vojt G, Mapp F, Woode Owusu M, Estcourt CS, Cassell J, Saunders J. (2020) Understanding the barriers and facilitators to using self-sampling packs for sexually transmitted infections and blood borne viruses: thematic analyses supporting intervention optimisation. medRxiv 2020.11.22.20230359, doi: <https://doi.org/10.1101/2020.11.22.20230359>

Estcourt, C.S, Howarth, A.R., Copas, A., Low, N., Mapp, F., Woode Owusu, M., Flowers, P., Roberts, T., Mercer, C.H., Wayal, S., Symonds, M., Nandwani, R., Saunders, J., Johnson, A.M., Pothoulaki, M., Althaus, C., Pickering, K., McKinnon, T., Brice, S., Comer, A., Tostevin, A., Ogwulu, C., Vojt, G., Cassell, J.A. (2020) Accelerated partner therapy (APT) partner notification for people with Chlamydia trachomatis: protocol for the Limiting Undetected Sexually Transmitted infections to RedUce Morbidity (LUSTRUM) APT cross-over cluster randomised controlled trial. *BMJ Open*;10: e034806. doi:10.1136/ bmjopen-2019-034806

Mapp, F., Pothoulaki, M., Flowers, P., Vojt, G., Woode-Owusu, M., Wayal, S., Cassell, J., Kanwar, T., Patel, K. & Estcourt, C. (2016) Implementation of expedited partner therapy (EPT) interventions for sexually transmitted infections (STIs): a systematic review. *PROSPERO*, CRD42016051178.
Available
from: http://www.crd.york.ac.uk/PROSPERO/display_record.php?ID=CRD42016051178

Pothoulaki, M., MacDonald, R.A.R. & Flowers, P. (2012) An Interpretative Phenomenological Analysis of an Improvisational Music Therapy Program for Cancer Patients. *Journal of Music Therapy*, 49 (1), 45-67.

Pothoulaki, M. & Chryssochoidis, G. (2009) Health claims: Consumers' Matters. *Journal of Functional Foods*, 1 (2), 222-228. (**AWARDED AS ONE OF THE TOP TEN MOST CITED ARTICLES PUBLISHED DURING THE PERIOD 2008-2010**)

Chryssochoidis, G.M., Kapsokefalou, M., Pothoulaki, M., Kehagia, O.C., Linardakis, M.G. & Koutelidakis, A.E. (2008) Bioactive Compounds Databanks: Preferences of the Research Community and Sustainability. *Journal of Applied Nutrition*, 56 (1), 4-16.

Pothoulaki, M., MacDonald, R.A.R., Flowers, P., Stamatakis, E., Filiopoulos, V., Stamatiadis, D. & Stathakis, Ch.P. (2008) An Investigation of the Effects of Music on Anxiety and Pain Perception in Patients Undergoing Haemodialysis Treatment. *Journal of Health Psychology*, 13 (7), 904-912.

Pothoulaki, M., MacDonald, R.A.R. & Flowers, P. (2006) Methodological issues in music interventions in oncology settings: A systematic literature review. *The Arts in Psychotherapy*, 33 (5), 446-455.

Pothoulaki, M., MacDonald, R.A.R. & Flowers, P. (2005) Music Interventions in Oncology Settings: A Systematic Literature Review. *British Journal of Music Therapy*, 19 (2), 75-83.

Book chapters

Tryfona, S., Pothoulaki, M. & Papadimitriou, P. (2018) Athens: Aghia Sophia and Elefsina. In S. Güntner, L.H. Seukwa, A.M. Gehrke and J. Robinson (eds.) Local Matters: How neighbourhoods and services affect the social inclusion and exclusion of young people in European cities, pp.33-55. Berlin: Peter Lang.

Pothoulaki, M. & Papadimitriou, P. (2017) The Loft: Shelter of Ideas in Athens. In T. Sirovatka & H. Spies (eds.) Effective Interventions for Unemployed Young People in Europe: Social Innovation or Paradigm Shift?, pp 63-83. Abingdon: Routledge

Pothoulaki, M., MacDonald, R. & Flowers, P. (2012) The Use of Music in Chronic Illness: Evidence and Arguments. In: R.A.R MacDonald, G. Kreutz & L. Mitchell (eds.) Music, Health and Wellbeing, pp. 239-256. Oxford: Oxford University Press.

Book reviews

Pothoulaki, M. (2016) Book review: “Musical Life Stories: Narratives on Health Musicking” (Lars Ole Bonde, Marie S. Skånland & Gro Trondalen, Eds.). *Approaches: An Interdisciplinary Journal of Music Therapy*, First View (Advance online publication), 1-2.

Invited reviewer in journals

Sexually Transmitted Infections
Culture, Health and Sexuality
Journal of Research in Nursing
Appetite

Editorial Board Member

BPS CPD Reviewer

Member of the Advisory Editorial Board at the peer-reviewed Journal “Approaches: An Interdisciplinary Journal of Music Therapy” (2014-2019)

Published articles in electronic newspapers

“The right to health – a luxury?”

Published at the online newspaper “Ypervasi” (www.ypervasinews.gr) in 2014

CONFERENCE PAPERS

Papafoti, T.M., Pothoulaki, M. & Sideridou, M. “Schizophrenia and Bipolar Disorder: In silico analysis of genetic linkage”. *1st Panhellenic Conference on Early Intervention in Psychosis, Nafplion, October 2024.*

Gousetis G., Gkaros P and Pothoulaki M. “Delay Discounting and Individuals with Attention - Deficit/Hyperactivity Disorder: A Meta-Analysis”. *2nd International Rehabilitation Conference, Metropolitan College, Athens, November 2022.*

Pothoulaki, M., Vojt, G., Mapp, F., Mercer, C.H., Estcourt, C.S., Woode Owusu, M., Cassell, J., Wayal, S., Symonds, M., Nandwani, R., Saunders, J. & Flowers, P. “Towards understanding the “partner” in partner notification for sexually transmitted infections in healthcare: moving beyond the dichotomy of ‘regular’ and ‘casual’ partners”. *Society for Social Medicine and Population Health Annual Scientific Meeting, Glasgow, September 2018.* Journal of Epidemiology and Community Health, 72 (Suppl1), A15-A16; DOI: 10.1136/jech-2018-SSMabstracts.31.

Pothoulaki, M., Vojt, G., Mapp, F., Woode Owusu, M., Cassell, J., Mercer, C., Nandwani, R., Saunders, J., Symonds, M., Wayal, S., Flowers, P. & Estcourt, C “The ‘lexicon of love’: Understanding types of relationships as primary contexts of STI transmission”. *British Association for Sexual Health and HIV (BASHH) and the Society for the Study of Sexual Transmitted Diseases in Ireland (ssstdi) Annual Conference, Belfast, Ireland, June 2017.* Sexually Transmitted Infections, 93 (Suppl1), A82-A83, DOI: 10.1136/sextrans-2017-053232.245

Mapp, F., Pothoulaki, M., Vojt, G., Estcourt, C.S., Wayal, S., Cassell, J. A., Kanwar, T., Patel, K., Copas, A., Johnson, A.M., Low, N., Mercer, C.H., Roberts, T. E., Saunders, J., Symonds, M. & Flowers, P. “What makes Expedited Partner Therapy (EPT) and Accelerated Partner Therapy (APT) work for partner notification for bacterial STIs? A systematic review of interventions”. *British Association for Sexual Health and HIV (BASHH) and the Society for the Study of Sexual Transmitted Diseases in Ireland (ssstdi) Annual Conference, Belfast, Ireland, June 2017.* Sexually Transmitted Infections, 93 (Suppl1), A84-A85; DOI: 10.1136/sextrans-2017-053232.251

Vojt, G., Pothoulaki, M., Estcourt, C.S., Mapp, F., Woode Owusu, M., Cassell, J.A., Mercer, C.H., Nandwani, R., Saunders, J., Symonds, M. & Flowers, P. “How can sexual history taking for sexually transmitted infection partner notification be improved?” *British Association for Sexual Health and HIV (BASHH) and the Society for the Study of Sexual Transmitted Diseases in Ireland (ssstdi) Annual Conference, Belfast, Ireland, June 2017.* Sexually Transmitted Infections, 93 (Suppl1), A82; DOI: 10.1136/sextrans-2017-053232.243

Vojt, G., Smith, M., Woode Owusu, M., Mapp, F., Pothoulaki, M., Estcourt, C.S., Levy, N., Valencia, M., Ejedenawe, O., Dankyi, S., Attah, S., Palermo, A., Mercer, C.H., Saunders, J., Symonds, M., Wayal, S. & Flowers, P. “The Functionality of Dating Applications in Sexual Relationships and Sexual Health”. *British Association for Sexual Health and HIV (BASHH)*

and the Society for the Study of Sexual Transmitted Diseases in Ireland (ssstdi) Annual Conference, Belfast, Ireland, June 2017. Sexually Transmitted Infections, 93 (Suppl1) A83; DOI: 10.1136/sextrans-2017-053232.247

Pothoulaki, M., Torrens, A. & Avantagelou, G. “Promoting Women in Greece”. ***Final Dissemination Event of the European Project “More Women in European Politics-More Women in 2014”. Committee of Regions, Brussels, Belgium, October 2014.***

Pothoulaki, M., Alexopoulos, G. & Misouli, M. “Local Governance - Towards more quality services for citizens”. ***Final Conference of the European Network “Facing the challenge how to effectively support public administration reforms by ESF funds”. Ministry of Regional Development, Warsaw, Poland, December 2012.***

MacDonald, R.A.R., Pothoulaki, M., Flowers, P. et al. “Musical Identities within music therapy: cancer care, psychiatric hospitals and community settings”. ***13th World Congress of Music Therapy, Seoul, Korea, July 2011.***

De Barcellos, M.D., Kugler, J.O., Grunert, K.G., Van Wezemaal, L., Pothoulaki, M., Ueland, O. & Verbeke, W. (2009) “European Consumers' Acceptance and Rejection of Novel Beef Technologies: A Qualitative Study”. ***International European Forum on System Dynamics and Innovation in Food Networks, Innsbruck-Igls, Austria, 2009.***

Pothoulaki, M. (2010) “Module 3: Ethics in Research- Guidelines for Best Practice” .***“HEAL-TRAIN-Unhealthy Life Assessment Training”, Leonardo da Vinci Lifelong Learning Programme Dissemination Conference, University College Cork, Cork, Ireland, March 2010.***

Pothoulaki, M., MacDonald, R.A.R. & Flowers, P. (2006) “The effects of preferred music listening in renal failure patients”. ***9th International Conference on Music Perception and Cognition (ICMPC), University of Bologna, Italy, August 2006.***

Pothoulaki, M., MacDonald, R.A.R., Flowers, P., Stamatakis, E., Filiopoulos, V., Stamatiadis, D. & Stathakis, Ch.P. “The effectiveness of music in reducing perceived pain and stress in patients undergoing haemodialysis”. ***7th BANTAO Congress of the Balkan Cities, Association of Nephrology, Dialysis, Transplantation and Artificial Organs, Ohrid, Skopje, September 2005.***

Pothoulaki, M., MacDonald, R.A.R., Flowers, P., Koukourakis, D. & Hailstones, G. (2004) “Music interventions in cancer patients-An Interpretative Phenomenological Analysis”. ***Palliative Care Conference “The marriage of science and soul”, The Prince and Princess of Wales Hospice, Glasgow, UK, October 2004.***

Pothoulaki, M., MacDonald, R.A.R., Flowers, P., (2004) “Music interventions in cancer patients-A qualitative approach”. ***The BPS Division Health Psychology Annual Conference “Health Psychology-A positive perspective”, Queen Margaret University College, Edinburgh, UK, September 2004.***

Pothoulaki, M., MacDonald, R.A.R., Flowers, P., (2003) “Music interventions in patients with cancer-A systematic literature review”.**17th International Congress of Psychopathology and Expression “Body & Soul”, Athens, Greece, October 2003.**

CONTINUOUS PROFESSIONAL DEVELOPMENT (CPD)

The role of the modern digital environment in the development of Internet addiction and electronic games in children, adolescents and young adults (online) / Workshop | Society for Cognitive Behavioural Studies | ONLINE (Greek) **13-14 April 2024**

2022 Suicide Prevention Summit (online) / Workshop | Mental Health Academy & British Psychological Society | ONLINE (English) **10-11 Sept 2022**

Developing competencies for digital clinical practice (online)/ Training seminar | British Psychological Society | ONLINE (English) **Sept 2022**

Training of health professionals to manage cases of physically abused children (online)/ Workshop | Eliza Association & P&A Kyriakou Hospital | ONLINE (Greek) **March 2022**

Good Clinical Practice Training Workshop / Training Workshop | Glasgow Caledonian University | Glasgow, UK **August 2016, May2018 (REFRESH)**

Facing divorce: Transition strategies of men and women / Seminar | Investigation of Human Relations Laboratory | Athens, Greece **November 2015**

Support of children and adolescents after natural disasters/ Seminar| Hellenic Society of Psychosocial Intervention in Disaster Situations | Athens, Greece **April 2015**

“Seven-step Program for treating Traumatized People / Training cycle | Institute for Coping with Trauma, Deutsche Psychologen Akademie & Association of Greek Psychologists (SEPS), | Athens, Greece **2008-2010**

“Risk management and psychological intervention in children and families”/ Two-day training seminar | Association of Greek Psychologists (SEPS)| Athens, Greece **22-23 Oct2008**

Harnessing Hope & Reducing Relapse: Engaging Clients in Cognitive Therapy for Depression / Two-day training workshop in cognitive therapy | Cognitive Workshops| London, UK, **12-13 May 2004**

Training program for trainers-facilitators for Parent Schools based on Maria Hourdaki's developmental approach / Training cycle | Hellenic Parent Schools Association| Athens, Greece, Oct 2002-Feb.2003

ADDITIONAL SEMINARS AND TRAINING

“Multiplier Event SFAB: SUPPORT FAMILY BUSINESS” (online) / Workshop | Research Innovation and Development Lab | ONLINE **August 2022**

DISRUPT Startup ScaleUp – A cross-sectoral event on entrepreneurship (online)/ Workshop | Industry Disruptors Game Changers | Athens **Nov. 2014**

10th Conference of Public Relations and Communication/ Conference | Hellenic Centre of Business Management | Athens **March 2008**

An intercultural approach in adult education / Training Workshop | ΕΚΕΠΙΤς (National Accreditation Centre for Continuing Vocational Training) | Athens **March 2008**

Food labelling-Nutrition claims / Seminar | Hellenic Association of Dietitians/Nutritionists | Athens, Nov.2006

Methodological issues in nutrition and lifestyle assessment and intervention in adolescents Healthy Lifestyle in Europe by Nutrition in Adolescence (HELENA)/ Workshop | Harokopeio University of Athens | Athens **July 2006**

Acting your inner music: Music in psychodrama and group therapy processes/ Workshop | Greek Organisation of Group Analysis and Psychotherapy | Athens, **Sept 2005**

Training cycle for volunteers for the prevention of drug addiction in young people/ Training cycle | Hellenic Red Cross, | Athens **2001**

VOLUNTARY WORK AND PLACEMENT

PRAKSIS

Social service	Athens, Greece	2008
• Psychological support to vulnerable groups of people		

SMILE OF THE CHILD

Cancer Care Unit, Children's Hospital Aghia Sophia	Athens, Greece	2002
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- Psychological support and creative activities with hospitalized children

ARSAKEIO SCHOOL

Counseling and Psychological Service

Athens, Greece

2002-2003

- Counseling services to parents, teachers, children and adolescents & psychometric assessment

HONORS & AWARDS

Journal of Functional Foods Top Cited Article 2008-2010 awarded to Pothoulaki, M. & Chryssochoidis, G. for the paper entitled: “Health Claims: Consumers’ matters”, 2011

Three-year University studentship for the completion of the PhD Thesis| Department of Psychology, School of Life Sciences, Glasgow Caledonian University, Glasgow, UK, 2003-2006

LANGUAGE SKILLS

English (excellent)

French (very good)

Greek (native language)

PROFESSIONAL EXPERIENCE SKILLS AND COMPETENCIES

- Development of interventions
- Process Evaluation
- Experience in mixed-methods approach (both quantitative and qualitative research methods)
- Interviewing skills
- Development of training & teaching material
- Teaching and training skills
- Team building skills
- Coordination skills
- Staff selection and evaluation processes
- Computer skills- Microsoft Office Software (word, excel, power point) | Data Analysis (SPSS, NVivo) | Microsoft Teams

SOCIAL AND ORGANISATIONAL SKILLS AND COMPETENCIES

- Team spirit and teamwork
- Support and empowerment of group members
- Experience in coordinating project teams
- Extensive work experience with multidisciplinary teams
- Ability to combine team members' expertise and competences for optimal outcomes
- Communication skills: Communication with professionals at various hierarchy levels at both national and international context.
- Management and organization of individual and team work under strict timelines.
- Extensive experience in the organization of workshops and conferences

MEMBERSHIP-PROFESSIONAL ASSOCIATIONS

British Psychological Society | Chartered Psychologist, Associate Fellow
Association of Greek Psychologists (SEPS) | Regular Member
Hellenic Psychological Society (ELPSE) | Regular Member

Available references upon request