

Curriculum Vitae



Dimitrios Karatzas, MD, PhD

Consultant Cardiologist

Associate Director 6th Dept. of Cardiology, HYGEIA Hospital, Athens, Greece

Demographics

Date of Birth: 20 June 1968

Place of Birth: Kalamata / Messinia, Greece

Work Address: 6th Dept. of Cardiology, HYGEIA Hospital, 4th Erythrou Stavrou, Marousi, Greece

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Degrees & Licensure

Medical Degree: University of , 1993 (Very Good)

Doctoral Degree: University of , 2009 (Excellent). Thesis Title: "The Immunomodulatory Effect of Physical Training in Patients with Chronic Heart Failure"

Medical Licence: 25/05/1993

Board Certification in Cardiology: 26/3/2001

Foreign Language Certificates: FIRST CERTIFICATE in ENGLISH (- 1983)

Education & Training

1986 June : High School graduation (Degree 99,3/100)

1986 - 1992: Medical student, University of Athens Medical School,

2003 - 2008: PhD student, University of Athens Medical School,

1993 - 1994: Compulsory Medical Service in medical centre of Trikorfo,

1994 - 1996: Resident in Internal Medicine

1997 - 2001: Fellow in Cardiology, 2nd Cardiology Dept. ONASSIS Cardiac Surgery Centre

2003 - 2004 Consultant Cardiologist Dept. of Cardiology, Tzaneio Hospital, Piraeus, Greece

2004 - 2015: Consultant Cardiologist 2nd Dept. of Cardiology, Attikon University Hospital, Athens

2015 – 2019 Associate Director 2nd Dept. of Cardiology, HENRY NTYNANT Hospital center, Athens, Greece

Jan2020 – present Associate Director 6th Dept. of Cardiology, HYGEIA Hospital, Athens, Greece

Clinical Experience

During my training in Cardiology (2nd Cardiology Dept. ONASSIS Cardiac Surgery Centre, 2nd Dept. of Cardiology, Attikon University Hospital) I gained experience in Clinical Cardiology, as well as in Echocardiography, Heart Failure and in Cath LAB.

Research & Professional Experience

of , 2009 (Excellent). Thesis Title: "The Immunomodulatory Effect of Physical Training in Patients with Chronic Heart Failure"

Teaching Experience

2004 – present: Cardiology, undergraduate students, University of Athens Medical School, Athens, Greece (Head of the educational programme from 2004 -2015)

2004 - 2015: Cardiology, residents, 2nd Dept. of Cardiology, ,

2007 - 2015: Cardiology, postgraduate Nurses, 2nd Dept. of Cardiology, ,

Research & Publications

Publications in English in peer-reviewed journals (PubMed): 15 (see Appendix for detailed list)

Abstracts in International Congresses: 30

Publications in Greek journals: 12

Chapters in Greek Textbooks: 4 (see Appendix for detailed list)

Abstracts in Greek Congresses: 100

Invited Lectures in International and Greek Congresses: 200

Chairs in International and Greek Congresses: 100

ASSOCIATE EDITOR IN THE HELLENIC JOURNAL "Developments and Perspectives in Cardiology"

ASSISTANT EDITOR IN HELLENIC JOURNAL OF CARDIOLOGY

ABSTRACT REVIEWER OF EUROPEAN HEART FAILURE CONGRESS

Research Awards

2003 AWARD (1ST PRIZE) INTERNATIONAL CONGRESS OF ONASSIS CARDIAC SURGERY CENTER

2001 awarded by HELLENIC CARDIOLOGICAL SOCIETY

1999 awarded by HELLENIC HEART FAILURE ASSOCIATION

Research Programs and International Multicenter Clinical Trials

EUROPA, PREAMI, HEAAL, I-PRESERVE, FAST/TRAC, EPICOR, REMINDER

Professional Memberships

PRESIDENT OF HEART FAILURE WG (HELLENIC CARDIOLOGICAL SOCIETY) 2018-2020

MEMBER OF HELLENIC CARDIOLOGICAL SOCIETY

MEMBER of EUROPEAN SOCIETY OF CARDIOLOGY

Appendix

CHAPTERS IN BOOKS

TWO CHAPTERS IN THE 2ND EDITION OF THE CARDIOLOGY TEXTBOOK OF THE (EDITOR D.T. KREMASTINOS) :

CHAPTER 25 MECHANICAL SUPPORT OF CARDIAC FUNCTION

(Volume II, pages 1087-1114)

CHAPTER 42 NON ST ELEVATION ACUTE CORONARY SYNDROMES

(Volume III, pages 1347-1358)

TWO CHAPTERS IN THE 1st EDITION OF THE CARDIOVASCULAR DISEASE TEXTBOOK OF THE :

SECTION 2 « CORONARY ARTERY DISEASE » CHAPTER 2 NON ST ELEVATION ACUTE CORONARY
SYNDROMES

(Volume I, pages 61-69)

SECTION 4 « CARDIOMYOPATHIES » CHAPTER 5 RESTRICTIVE CARDIOMYOPATHY

(Volume I, pages 167-171)

List of Publications in English (PubMed)

1. PHYSICAL TRAINING REDUCES PERIPHERAL MARKERS OF INFLAMMATION IN PATIENTS WITH
CHRONIC HEART FAILURE

EUROPEAN HEART JOURNAL 2001;22:791-7

2. PHYSICAL TRAINING MODULATES PROINFLAMMATORY CYTOKINES AND THE SOLUBLE Fas
/SOLUBLE FasLigand SYSTEM IN PATIENTS WITH CHRONIC HEART FAILURE

JOURNAL OF THE OF CARDIOLOGY 2002;39:653-63

GROWTH HORMONE ADMINISTRATION REDUCES CIRCULATING PROINFLAMMATORY CYTOKINES
AND THE SOLUBLE Fas/SOLUBLE FasLigand IN PATIENTS WITH CHRONIC HEART FAILURE
SECONDARY TO IDIOPATHIC

DILATED CARDIOMYOPATHY

AMERICAN HEART JOURNAL 2002 ; 144: 359-64

4. RIGHT VENTRICULAR MULTIPLE MYXOMAS OBSTRUCTING RIGHT VENTRICULAR OUTFLOW TRACT

JOURNAL OF THORACIC AND CARDIOVASCULAR SURGERY 2003;126:913-4

5. EFFECTS OF GROWTH HORMONE ON CIRCULATING CYTOKINE NETWORK AND LEFT
VENTRICULAR CONTRACTILE PERFORMANCE AND GEOMETRY IN PATIENTS WITH DILATED
CARDIOMYOPATHY

EUROPEAN HEART JOURNAL 2003;24: 2186-96

6. PROGNOSTIC USEFULLNESS OF ECHO DOBUTAMINE IN YOUNG (14 TO 25 YEARS) AND OLDER
(40 TO 55 YEARS) PATIENTS WITH DILATED CARDIOMYOPATHY

THE AMERICAN JOURNAL OF CARDIOLOGY 2004; 93: 251-5

7. COMPARISON OF CIRCULATING PROINFLAMMATORY CYTOKINES AND SOLUBLE APOPTOSIS MEDIATORS IN PATIENTS WITH CHRONIC HEART FAILURE WITH VERSUS WITHOUT SYMPTOMS OF DEPRESSION

THE AMERICAN JOURNAL OF CARDIOLOGY 2004; 94: 1326-8

8. GROWTH HORMONE-INDUCED REDUCTION OF SOLUBLE APOPTOSIS MEDIATORS IS ASSOCIATED WITH REVERSE CARDIAC REMODELLING AND IMPROVEMENT OF EXERCISE CAPACITY IN PATIENTS WITH IDIOPATHIC DILATED CARDIOMYOPATHY

EUR. JOUR.CARDIOVASCULAR PREVENTION REHABILITATION 2004;12:164-8

9. EFFECTS OF LEVOSIMENDAN VERSUS DOBUTAMINE ON INFLAMMATORY AND APOPTOTIC PATHWAYS IN ACUTELY DECOMPENSATED CHRONIC HEART FAILURE

THE AMERICAN JOURNAL OF CARDIOLOGY 2006; 98:102-6

10. EXERCISE-INDUCED CHANGES IN E/E' RATIO IN PATIENTS WITH SUSPECTED CORONARY ARTERY DISEASE

CORONARY ARTERY DISEASE 2008;19:405-11

11. DIASTOLIC STRESS ECHOCARDIOGRAPHY DETECTS CORONARY ARTERY DISEASE IN PATIENTS WITH ASYMPTOMATIC TYPE II DIABETES

CORONARY ARTERY DISEASE 2010;21:104-12

12. EXERCISE-INDUCED CHANGES OF B-TYPE NATRIURETIC PEPTIDE UNCOVER THE UNKNOWN CORONARY ARTERY DISEASE IN PATIENTS WITH CHEST PAIN AND LEFT VENTRICULAR SYSTOLIC FUNCTION

EUR JOUR CARDIOVASCULAR PREVENTION AND REHABILITATION 2011;18:72-8.

13. DETECTION OF HIGH-BURDEN CORONARY ARTERY DISEASE BY EXERCISE- INDUCED CHANGES OF E/E' RATIO

INT J CARDIOVASC IMAGING 2012;28:521-30

14. LONG-TERM PROGNOSTIC VALUE OF DIASTOLIC EXERCISE ECHOCARDIOGRAPHY.

INT J CARDIOL. 2013; 25: e14-6.

15. RANOLAZINE FOR THE PREVENTION OR TREATMENT OF ATRIAL FIBRILLATION: A SYSTEMATIC REVIEW.

J CARDIOVASC MED (HAGERSTOWN). 2014;15:254-9.