

### Academic Personnel Short Profile / Short CV

|                             |                              |
|-----------------------------|------------------------------|
| <b>University:</b>          | UNIC Athens                  |
| <b>Surname:</b>             | Zacharakis                   |
| <b>Name:</b>                | Konstantinos (Kostas)        |
| <b>Rank/Position:</b>       | Clinical Assistant Professor |
| <b>Faculty:</b>             | Medical School               |
| <b>Department:</b>          | Basic and Clinical Sciences  |
| <b>Scientific Domain: *</b> | Psychiatry                   |

*\* Field of Specialization*

| Academic qualifications<br>(list by highest qualification) |      |                                                |                                                |                                                      |
|------------------------------------------------------------|------|------------------------------------------------|------------------------------------------------|------------------------------------------------------|
| Qualification                                              | Year | Awarding Institution                           | Department                                     | Thesis title (Optional Entry)                        |
| PhD in Medicine                                            | 1997 | National and Kapodistrian University of Athens | Department of Medicine ,<br>Eginition Hospital | The Suicide Phenomenon in Greece : A Study Over Time |
| Medical Doctor (MD)                                        | 1987 | National and Kapodistrian University of Athens | Department of Medicine                         | N/A                                                  |
| Diploma in Clinical Training in Cognitive Therapy          | 2003 | National and Kapodistrian University of Athens | University Mental Health Research Institute    | N/A                                                  |

| Employment history in Academic Institutions/Research Centers – List by the three (3) most recent |      |                                                                                                        |             |                                                       |
|--------------------------------------------------------------------------------------------------|------|--------------------------------------------------------------------------------------------------------|-------------|-------------------------------------------------------|
| Period of employment                                                                             |      | Employer                                                                                               | Location    | Position                                              |
| From                                                                                             | To   |                                                                                                        |             |                                                       |
| 2024                                                                                             | -    | University of Nicosia, Medical School                                                                  | HHG, Greece | Clinical Assistant Professor                          |
| 2000                                                                                             | 2001 | Monitoring and Support Unit for PSYCHARGOS program, University Mental Health Research Institute        | Athens      | Technical Assistance Manager on Mental Health Matters |
| 1996                                                                                             | 1999 | Monitoring and Evaluation of Mental Health Services Unit , University Mental Health Research Institute | Athens      | Assistant Researcher, Researcher                      |
|                                                                                                  |      |                                                                                                        |             |                                                       |

| Key <u>refereed</u> journal papers, monographs, books, conference publications etc. List the five (5) more recent and other five (5) selected –(max total 10) |      |                                               |                                               |                                                                       |        |         |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------|------|-----------------------------------------------|-----------------------------------------------|-----------------------------------------------------------------------|--------|---------|
| Ref. Number                                                                                                                                                   | Year | Title                                         | Other authors                                 | Journal and Publisher / Conference                                    | Vol.   | Pages   |
| 1                                                                                                                                                             | 2024 | Irritable bowel syndrome and mental disorders | N/A                                           | Endoskopiseis/ EPEGE                                                  | 67     | 48-53   |
| 2                                                                                                                                                             | 2011 | Psychoneuroimmunology                         | N/A                                           | Tsakraklides V(ed) : “Pathology of the Lymphatic System”/ Zevelekakis | 1      | 105-114 |
| 3                                                                                                                                                             | 2007 | The cost of treating schizophrenia in Greece  | M. Geitona, M. Ollandezos, C. Kousoulakou, E. | Psychiatriki / Hellenic Psychiatric                                   | 18 (1) | 47–58   |

|    |      |                                                                                                                 |                                                                                                                                                       |                                                                                                                                                                    |        |         |
|----|------|-----------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|---------|
|    |      |                                                                                                                 | Agelopoulos, P. Kakavas, B. Karpouza, S. Kesidou, N. Bilanakis, E. Papamichael, S. Papanicolaou, A. Chaidemenos, Th. Chamogeorgakis, J. Kyriopoulos . | Association                                                                                                                                                        |        |         |
| 4  | 2007 | Medical resource utilization and cost of treating schizophrenia in Greece.                                      | Geitona, M., Aggelopoulos, E., Kakavas, P., Karpouza, V., Kesidou, S., & Kyriopoulos, J..                                                             | Journal of Mental Health Policy and Economics                                                                                                                      | 10     | S15-S16 |
| 5  | 2005 | Placement and Treatment of Mentally Disordered Offenders in Greece                                              | Alevizopoulos, A., Skondras M                                                                                                                         | In : Placement And Treatment of Mentally Disordered Offenders-Legislation and Practice in European Union, Salize & Dressing (eds). Pabst Science Pubs, Lingerich,. | 1      | 236-246 |
| 6  | 2005 | Suicide in Cyprus 1988-1999                                                                                     | Hadjivassilis V, Madianos MG, Papadimitriou GN, Stefanis CN                                                                                           | Eur Psychiatry                                                                                                                                                     | 20(2)  | 110-4   |
| 7  | 1998 | Suicide in Greece 1980-1995: patterns and social factors                                                        | Madianos MG, Papadimitriou GN, Stefanis CN                                                                                                            | Soc Psychiatry Psychiatr Epidemiol.                                                                                                                                | 33(10) | 471-6   |
| 8  | 1999 | The mental health care delivery system in Greece: regional variation and socioeconomic correlates               | Madianos MG, Tsitsa C, Stefanis C                                                                                                                     | J Ment Health Policy Econ.                                                                                                                                         | 2(4)   | 169-176 |
| 9  | 1999 | Changing patterns of mental health care in Greece (1984-1996)                                                   | Madianos MG, Tsiantis J                                                                                                                               | Eur Psychiatry                                                                                                                                                     | 14(8)  | 462-7   |
| 10 | 1999 | Geographical variation in mental hospital discharges in Greece and socioeconomic correlates: a nationwide study | MG Madianos, C Tsitsa, C Stefanis                                                                                                                     | Social Psychiatry and Psychiatric Epidemiology                                                                                                                     | 34(9)  | 477-483 |

|  |  |             |  |  |  |  |
|--|--|-------------|--|--|--|--|
|  |  | (1978–1993) |  |  |  |  |
|--|--|-------------|--|--|--|--|

| Exhibitions (where applicable). List the five (5) more recent and other five (5) selected.<br>(max total 10) |      |                                                 |                       |                         |                                    |
|--------------------------------------------------------------------------------------------------------------|------|-------------------------------------------------|-----------------------|-------------------------|------------------------------------|
| Ref. Number                                                                                                  | Date | Topic                                           | International / Local | Location*               | Role in Exhibition                 |
| 1                                                                                                            | 2008 | Novel Treatment Modalities for Mental Disorders | International         | Mitera Hospital, Athens | President, Head of Organizing Team |

*\*Specify venue, geographic location etc*

| Research Projects. List the five (5) more recent and other five (5) selected<br>(max total 10) |      |                                                                            |                               |               |
|------------------------------------------------------------------------------------------------|------|----------------------------------------------------------------------------|-------------------------------|---------------|
| Ref. Number                                                                                    | Date | Title                                                                      | Funded by                     | Project Role* |
| 1                                                                                              | 2007 | The cost of treating schizophrenia in Greece                               | Janssen-Cilag Pharmaceuticals | Researcher    |
| 2                                                                                              | 2007 | Medical resource utilization and cost of treating schizophrenia in Greece. | Janssen-Cilag Pharmaceuticals | Researcher    |
| 3                                                                                              | 2006 | Treatment pathways and cost assessment of                                  | Janssen-Cilag                 | Researcher    |

|    |           |                                                                                                   |                          |                      |
|----|-----------|---------------------------------------------------------------------------------------------------|--------------------------|----------------------|
|    |           | schizophrenia in Greece                                                                           | Pharmaceuticals          |                      |
| 4  | 1996-1999 | Creation of DATAPSY data base on mental health services in Greece                                 | Greek Ministry of Health | Researcher           |
| 5  | 1996-1999 | Quality assurance study of Public mental health services                                          | Greek Ministry of Health | Researcher           |
| 6  | 1996      | Development of quality of physical structure indicators in public mental hospitals of Greece.     | European Union           | Assistant Researcher |
| 7  | 1996      | The mental health care delivery system in Greece: regional variation and socioeconomic correlates | European Union           | Assistant Researcher |
| 8  | 1996      | Changing patterns of mental health care in Greece (1984-1996)                                     | European Union           | Assistant Researcher |
| 9  | 1996      | Factors influencing length of mental hospital stay in Greece Nationwide                           | European Union           | Assistant Researcher |
| 10 | 1996      | Geographical variation in mental hospital discharges in Greece and socioeconomic correlates       | European Union           | Assistant Researcher |

*\*Project Role: i.e. Scientific/Project Coordinator, Research Team Member, Researcher, Assistant Researcher, other*

| Academic Consulting Services and/or Participation in Councils / Boards/ Editorial Committees.<br>List the five (5) more recent (Optional Entry) |        |                                        |                                           |                |
|-------------------------------------------------------------------------------------------------------------------------------------------------|--------|----------------------------------------|-------------------------------------------|----------------|
| Ref. Number                                                                                                                                     | Period | Organization                           | Title of Position or Service              | Key Activities |
| 1                                                                                                                                               | 2025   | World Journal of Psychiatry            | Invitation for Editorial Board Membership | N/A            |
| 2                                                                                                                                               | 2007-  | International Journal of Mental Health | Ad-hoc reviewer                           | N/A            |

**Awards / International Recognition (where applicable). List the five (5) more recent and other five (5) selected.**

| (max total 10) (Optional Entry) |      |                                                                                                                                                                                                                                                            |                        |
|---------------------------------|------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|
| Ref. Number                     | Date | Title                                                                                                                                                                                                                                                      | Awarded by:            |
| 1                               | 1994 | 1 <sup>st</sup> Award for Applied Research for the study "Anxiety and depression in a sample of end-stage renal disease patients on dialysis. Comparison to an age- and sex-matched sample of chronic respiratory patients" (Zacharakis C, Hadjidimoula A) | Athens Medical Society |

| Other Achievements. List the five (5) more recent and other five (5) selected.<br>(max total 10) (Optional Entry) |           |                                                                                                                                                                                                                                            |                                     |
|-------------------------------------------------------------------------------------------------------------------|-----------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|
| Ref. Number                                                                                                       | Date      | Title                                                                                                                                                                                                                                      | Key Activities:                     |
| 1                                                                                                                 | 2011      | First application in Greece of the Vagus Nerve Stimulation treatment method for treatment-resistant depressive disorder (in collaboration with Neurosurgeon Dr. Ch. Seferis, Hygeia Hospital)                                              | Head Psychiatrist                   |
| 2                                                                                                                 | 2007      | First application on a Greek patient of bilateral capsulotomy for treatment-resistant Obsessive Compulsive Disorder (in collaboration with the team headed by Prof B. Nuttin in Universitair Ziekenhuis Leuven Hospital , Leuven, Belgium) | Head Psychiatrist of the Greek team |
| 3                                                                                                                 | 2000-2017 | Womens' Mental Health Society                                                                                                                                                                                                              | Founder, President                  |

|   |             |                                                                                                           |                                                                                                                                                                                   |
|---|-------------|-----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 4 | 1999-2016   | Hellenic Society of Psychosomatic Medicine                                                                | Founder, President                                                                                                                                                                |
| 5 | 2003-       | Invited speaker in many conferences                                                                       |                                                                                                                                                                                   |
| 6 | 2007 - 2012 | International collaborations in the application of novel treatment methods                                | Universitair Ziekenhuis Leuven Hospital , Leuven, Belgium<br>ZGT Hospital, Almelo, Netherlands                                                                                    |
| 7 | 1996        | National and Kapodistrian University of Athens , Monitoring and Evaluation of Mental Health Services Unit | Collaborator in the Interim Monitoring Report to European Union on the Progress of the Implementation of the Psychiatric Reform Program in Greece Under Rec(EEC) NO 815/84.       |
| 8 | 1999        | National and Kapodistrian University of Athens , Monitoring and Evaluation of Mental Health Services Unit | Collaborator in the Final Monitoring Report to European Union on the Progress of the Implementation of the Psychiatric Reform Program in Greece Under Rec(EEC) NO 815/84 – part B |