



### Academic Personnel Short Profile / Short CV

<b>University:</b>	University of Nicosia
<b>Surname:</b>	Syros
<b>Name:</b>	Ioannis
<b>Rank/Position:</b>	Adjunct faculty
<b>Faculty:</b>	Psychology
<b>Department:</b>	Education
<b>Scientific Domain: *</b>	Special Education

*\* Field of Specialization*

Academic qualifications (list by highest qualification)				
Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
PhD	2019	University of Athens	Medical School	Depression and Changes in Steroid Hormones and Lipid Factors in Children and Adolescents
Certification in CBT Psychotherapy	2020	European Association of Cognitive and Behavioral therapies		
Specialization Certificate in Child & Adolescent Psychiatry	2010	"P & A Kiriakou" Athens Children's Hospital	National Health System	
Medical School Graduation	2002	University of Athens	Medical School	



### Employment history in Academic Institutions/Research Centers – List by the three (3) most recent

Period of employment		Employer	Location	Position
From	To			
2015	Present	University of Athens Medical School	Athens	Lecturer
2018	Present	University of Nicosia	Nicosia	Adjunct Faculty

Key <u>refereed</u> journal papers, monographs, books, conference publications etc. List the five (5) more recent and other five (5) selected –(max total 10)						
Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2022	Disentangling the associations between past childhood adversity and psychopathology during the COVID-19 pandemic: The mediating roles of specific pandemic stressors and coping strategies	Jernslett M, Anastassiou-Hadjicharalambous X, Lioupi C, Syros I, et al	<i>Child Abuse and Neglect</i>	129	10567 3.
2	2022	Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Cognitive Behavioral Intervention on Trauma in Schools (CBITS), and Other Promising Practices in the Treatment of Post-Traumatic Stress Disorder in Children and Adolescents: Evidence Evaluation.	Karantzali A, Anastassiou-Hadjicharalambous X	<i>OBM Neurobiology</i>	6(4)	43
3	2021	Biological links between Depression and Lipids: A special focus on Serotonin Function, Inflammatory System and Stress Hormones	Liapi C.	<i>Dialogues in Clinical Neuroscience &amp; Mental Health</i>	4(3)	141- 154
4	2021	Innovative Strategies and Challenges for the Prevention	Karantzali A, Anastassiou-Hadjicharalambous X	<i>OBM Neurobiology</i>	5(3)	16



		of Pathological Anxiety in Children and Adolescents				
5	2021	Paranoid Hostility but Not Depressive Symptoms Associated with Cytokines During the Premenstrual Phase in Young Women	Gourna C, Papageorgiou C, Kolaitis G, Liapi C.	<i>SOJ Neurology and Neuroscience</i>	1(1)	1–7. 00050 5
6	2020	Increased Diurnal Salivary Cortisol and Serum Triglycerides and Decreased Apo A1 Concentrations in Children and Adolescents with Clinical Depression.	Pervanidou P, Liapi C, Apostolakou F, Chrousos GP, Kolaitis G	<i>OBM Neurobiology</i>	4(2)	24
7	2018	Depressive Symptoms do not Affect Lipids and Haemostasis throughout the Menstrual Cycle in Apparently Healthy Young Women.:	Kolaitis G, Papageorgiou C, Gourna C, Chrousos GP, et al.	<i>Journal of Neuroendocrinology Research</i>	1	103
8	2017	Cognitive Behavioural therapy for the treatment of PTSD		<i>European Journal of Psychotraumatology</i>	8(sup4 )	13512 19