

**Academic Personnel Short Profile / Short CV**

|                             |                                                  |
|-----------------------------|--------------------------------------------------|
| <b>University:</b>          | UNIC Athens                                      |
| <b>Surname:</b>             | Stamoula                                         |
| <b>Name:</b>                | Eleni                                            |
| <b>Rank/Position:</b>       | Teaching and Research Faculty Member             |
| <b>Faculty:</b>             | School of Life and Health Sciences               |
| <b>Department:</b>          | Department of Health Sciences (Pharmacy Program) |
| <b>Scientific Domain: *</b> | Pharmacology, Clinical Pharmacology              |

*\* Field of Specialization*

| <b>Academic qualifications<br/>(list by highest qualification)</b> |                |                                                |                                                               |                                                                                                                                     |
|--------------------------------------------------------------------|----------------|------------------------------------------------|---------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|
| <b>Qualification</b>                                               | <b>Year</b>    | <b>Awarding Institution</b>                    | <b>Department</b>                                             | <b>Thesis title (Optional Entry)</b>                                                                                                |
| MSc in «Clinical Trials: Design and Conduct».                      | 2022-currently | National and Kapodistrian University of Athens | School of Medicine                                            |                                                                                                                                     |
| «MBA-Master in Business Administration»                            | 2020-2022      | University of Macedonia, Thessaloniki          | School of Economics                                           |                                                                                                                                     |
| Post-doctoral research                                             | 2021-2023      | Aristotle University of Thessaloniki           | Laboratory of Clinical Pharmacology, School of Medicine       |                                                                                                                                     |
| Master in «Clinical and Industrial Pharmacology»                   | 2017-2020      | Aristotle University of Thessaloniki           | Laboratory of Clinical Pharmacology, School of Medicine       |                                                                                                                                     |
| BSc in Pharmacy                                                    | 2012 – 2018    | Aristotle University of Thessaloniki           | School of Pharmacy                                            |                                                                                                                                     |
| PhD in Medicine                                                    | 2010 – 2016    | Aristotle University of Thessaloniki           | Department of Physiology and Pharmacology, School of Medicine | PhD Research Title: «Analysis of the molecular response of neuronal cells in excitotoxicity»<br>Grade: «Excellent with Distinction» |

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|---------------------------------------|-------------|---------------------------------------------|-------------------|--|
| MSc in «Medical Research Methodology» | 2006-2010   | Aristotle University of Thessaloniki        |                   |  |
| BSc in Biology                        | 1999 – 2005 | Aristotle University of Thessaloniki        | School of Biology |  |
|                                       | 1992–1998   | American College of Thessaloniki “Anatolia” |                   |  |

| Employment history in Academic Institutions/Research Centers – List by the three (3) most recent |         |                                                          |                      |                                               |
|--------------------------------------------------------------------------------------------------|---------|----------------------------------------------------------|----------------------|-----------------------------------------------|
| Period of employment                                                                             |         | Employer                                                 | Location             | Position                                      |
| From                                                                                             | To      |                                                          |                      |                                               |
| 05/2026                                                                                          | Present | UNIC Athens                                              | Athens, Greece       | Teaching and Research Faculty Member          |
| 10/2023                                                                                          | 08/2026 | Aristotle University of Thessaloniki, School of Medicine | Thessaloniki, Greece | Reader in Pharmacology /Clinical Pharmacology |
| 11/2020                                                                                          | 09/2021 | Aristotle University of Thessaloniki, School of Medicine | Thessaloniki, Greece | Academic Assistant in Molecular Pharmacology  |
| 2017                                                                                             | 2021    | Aristotle University of Thessaloniki, School of Medicine | Thessaloniki, Greece | Academic Assistant in Pharmacology            |

| Key <u>refereed</u> journal papers, monographs, books, conference publications etc. List the five (5) more recent and other five (5) selected –(max total 10) |      |                                                                                                    |                                                                                       |                                    |      |       |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------|------|----------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|------------------------------------|------|-------|
| Ref. Number                                                                                                                                                   | Year | Title                                                                                              | Other authors                                                                         | Journal and Publisher / Conference | Vol. | Pages |
| 1                                                                                                                                                             | 2026 | Modulating glutamate neurotransmission in in vivo models of Multiple Sclerosis: a narrative review | Stamoula, Vavilis, Boskou, Vampertzi, Floropoulou, Demopoulos, Grigoriou and Melnikov | Frontiers in Immunology            |      |       |

|   |      |                                                                                                                                                                                                  |                                                                                                                                                                                                   |                                             |  |  |
|---|------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------|--|--|
| 2 | 2026 | Therapeutic Effects of Vitamins in Endometriosis Patients:<br>A Systematic Review of Randomized Controlled Trials                                                                                | Tsokkou S, Matsas A, Konstantinidis I., Karopoulou E, Papamitsou T and Stamoula E.                                                                                                                | International Journal of Molecular Sciences |  |  |
| 3 | 2025 | A review of the TGF- $\beta$ 1 pathway in Alzheimer's disease and depression: Possible restoration potential of antidepressa                                                                     | Ioannidou E, Vavilis T, Bourtzos Z, Stamoula E.                                                                                                                                                   | Neuroscience                                |  |  |
| 4 | 2025 | Towards implementing optimized methodologies and in-depth molecular profiling to assess the pharmacological potential of human lung fibroblast exosomes as bio-shuttles for cancer therapeutics. | Giannopoulos-Dimitriou A., Saiti A., Panteris E., Malousi A., Chatzopoulou F., Stamoula E., Anagnostopoulos A., Vatsellas G., Al-Maghrabi P., Müllertz A., Tseti I., Fatouros DG, Vizirianakis I. | European Journal of Pharmaceutical Sciences |  |  |
| 5 | 2025 | Unveiling the Diagnostic Significance of Calprotectin in Serous Ovarian Carcinoma.                                                                                                               | Matsas A., Stamoula E., Kontzoglou K., Eleftheriades M., Tsokkou S., Christopoulos P., Panoskaltsis T., Polydrou E., Sotiropoulos I., Troupis T., Iliopoulos DC.                                  | Life                                        |  |  |
| 6 | 2025 | The role of neuroinflammation in Schizophrenia: focus on Th17 cell functions                                                                                                                     | Melnikov M., Lopatina A., Sviridova A., Chugunov D., Vavilis T., Stamatellos V.P., Stamoula E., Marco Cosentino                                                                                   | Asian Journal of Psychiatry                 |  |  |
| 7 | 2021 | Antidepressants on Multiple Sclerosis: A Review of In Vitro and In Vivo Models                                                                                                                   | Stamoula Eleni, Sifis Spyridon, Dardalas Ioannis, Ainatzoglou Alexandra, Matsas Alkis, Athanasiadis Theodoros, Sardeli Chrysanthi, Stamoulas Konstantinos, Papazisis George                       | Frontiers in Immunology                     |  |  |

|    |      |                                                                                                                          |                                                                                                                                                                                |                                      |  |  |
|----|------|--------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|--|--|
| 8  | 2015 | Low Dose Administration of Glutamate Triggers a Non-Apoptotic, Autophagic Response in PC12 Cells                         | Eleni Stamoula, Theofanis Vavilis, Eleni Aggelidou, Aikaterini Kaidoglou, Angeliki Cheva, Kyriakos Mellidis, Antigone Lazou, Costas Haitoglou, Maria Albani, Aristeidis Kritis | Cellular Physiology and Biochemistry |  |  |
| 9  | 2015 | Researching glutamate – induced cytotoxicity in different cell lines: a comparative/collective analysis/study            | Aristeidis Kritis, Eleni Stamoula, Kristi Paniskaki, Theofanis Vavilis                                                                                                         | Frontiers in Cellular Neuroscience   |  |  |
| 10 | 2015 | Deprivation (OGD) Modulates the Unfolded Protein Response (UPR) and Inflicts Autophagy in a PC12 Hypoxia Cell Line Model | Theofanis Vavilis, Nikoleta Delivanoglou, Eleni Aggelidou, Eleni Stamoula, Kyriakos Mellidis, Aikaterini Kaidoglou and Aristeidis Kritis                                       | Cellular and Molecular Neurobiology  |  |  |

*\*Specify venue, geographic location etc*

| Research Projects. List the five (5) more recent and other five (5) selected (max total 10) |           |                     |            |                  |
|---------------------------------------------------------------------------------------------|-----------|---------------------|------------|------------------|
| Ref. Number                                                                                 | Date      | Title               | Funded by  | Project Role*    |
| 1                                                                                           | 2019-2021 | Scientific Director | DEMOS S.A. | Protein Analysis |
| 2                                                                                           |           |                     |            |                  |

*\*Project Role: i.e. Scientific/Project Coordinator, Research Team Member, Researcher, Assistant Researcher, other*

| Academic Consulting Services and/or Participation in Councils / Boards/ Editorial Committees. List the five (5) more recent (Optional Entry) |        |              |                              |                |
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| Ref. Number                                                                                                                                  | Period | Organization | Title of Position or Service | Key Activities |
| 1                                                                                                                                            |        |              |                              |                |

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**Awards / International Recognition (where applicable). List the five (5) more recent and other five (5) selected.  
(max total 10) (Optional Entry)**

| Ref. Number | Date | Title | Awarded by: |
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**Other Achievements. List the five (5) more recent and other five (5) selected.  
(max total 10) (Optional Entry)**

| Ref. Number | Date | Title | Key Activities: |
|-------------|------|-------|-----------------|
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