

Academic Personnel Short Profile / Short CV

University:	University of Nicosia
Surname:	Nakou
Name:	Panagiota
Rank/Position:	Lecturer
Faculty:	Medical School
Department:	Basic and Clinical Sciences
Scientific Domain: *	Medical Ethics

** Field of Specialization*

Academic qualifications (list by highest qualification)				
Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
PhD in Bioethics & Medical Jurisprudence	2024	University of Manchester, UK	Centre for Social Ethics and Policy, Department of Law	Can the routine and widespread offer of reproductive technologies empower women's choices? Lessons from the history of prenatal screening and testing and reflections on increasing the elective egg freezing storage limit for developing an ethical approach to routinisation in reproductive technology.
MA Healthcare Ethics & Law	2017	University of Manchester, UK	Centre for Social Ethics and Policy, Department of Law	
PG Certificate in Restorative Dental Practice	2014	University College London, UK	Eastman Dental Institute	
Vocational Training Certificate	2012	KSS-NHS Postgraduate Deanery for Kent, Surrey & Sussex, UK		
DipDS	2009	Aristotle University of Thessaloniki, GR	School of Dentistry	

Employment history in Academic Institutions/Research Centers – List by the three (3) most recent				
Period of employment		Employer	Location	Position
From	To			
September 2020	August 2024	University of Manchester	UK	Teaching Associate/Lecturer
September 2024	current	University of Nicosia Medical School	Cyprus	Lecturer

Key <u>refereed</u> journal papers, monographs, books, conference publications etc. List the five (5) more recent and other five (5) selected –(max total 10)						
Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2026	Empowering women's choice in the new era of non-invasive prenatal testing methods: Opting for routine perinatal care information over routine screening.	Nakou P.	<i>Clinical Ethics</i>		
2	2025	Whole-genome sequencing for newborns.	Nakou P.	<i>Biological Sciences Review</i>		
3	2024	Women's reproductive choice and (elective) egg freezing: is an extension of the storage limit missing a bigger issue?	Nakou P.	<i>The New Bioethics</i>		
4	2023	The risk of normative bias in reporting empirical research: lessons learned from prenatal screening studies about the	Nakou P. & Bennett R.	<i>Theoretical Medicine and Bioethics</i>		

		prominence of acknowledged limitations.				
5	2021	Is routine prenatal screening and testing fundamentally incompatible with a commitment to reproductive choice? Learning from the historical context.	Nakou P.	<i>Medicine, Health Care and Philosophy</i>		
6	2019	Conditions for involving persons who are not able to consent in biomedical research under article 17 of the Oviedo Convention. Too permissive or too prohibitive?	Nakou P.	<i>Bio-Juria Bio-Νομικά</i>		
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Exhibitions (where applicable). List the five (5) more recent and other five (5) selected. (max total 10)					
Ref. Number	Date	Topic	International / Local	Location*	Role in Exhibition
1	May '26	Ethical and legal issues at the beginning and end of life	Conference Centre for Social Ethics and Policy 40th Anniversary event, University of Manchester	UK	Panel organiser & discussant
2	May '26	Healthcare crises: ethical and clinical judgment under uncertainty	UNIC IDEALITER Training Course	Cyprus	Case scenario facilitator/presenter
3	Oct '25	Ηθικές αρχές στη φροντίδα ψυχικής υγείας: από την αυτονομία και την εμπιστευτικότητα στην προστασία της αξιοπρέπειας.	Conference Παγκόσμια ημέρα ψυχικής Υγείας 2025: Πρόσβαση σε υπηρεσίες ψυχικής υγείας σε καταστροφές και	Cyprus	Oral Presentation

			καταστάσεις έκτακτης ανάγκης. University of Nicosia, Medical School		
4	May '23	Innovative prenatal screening methods: Why it's time to move on from routinely offering prenatal screening to routinely offering perinatal care counselling.	Department of Law PGR Conference, University of Manchester	UK	Oral Presentation
5	July '22	Why routinely providing access to information rather than routinely providing prenatal screening is ethically more justifiable in a system that usually values respect for autonomy as paramount.	16th World Congress of Bioethics (WCB), Institute for Biomedical Ethics, University of Basel	Switzerland	Oral Presentation
6	June '22	Women's reproductive choice and (elective) egg freezing: Is an extension of the storage limit missing a bigger issue?	Postgraduate Summer Research Showcase, University of Manchester	UK	Poster Presentation
7	May '22	Why bioethics must uphold standards of best practice in its use of empirical research and the role of reflexivity.	Department of Law PGR Conference, University of Manchester	UK	Oral Presentation
8	March '22	A historical overview of prenatal screening and testing technologies' development: What should we learn from the past to face perpetual issues related to women's choices about prenatal screening and testing?	UNESCO Chair in Bioethics 14th World Conference on Bioethics, Medical Ethics & Health Law, Porto Palacio Hotel, Porto	Portugal	Oral Presentation
9	Nov '20	Women's reproductive choice and elective egg freezing: Is an extension of the storage limit missing a bigger issue?	2nd Interdisciplinary PGR Conference on Global Challenges, Faculty of Social Sciences and Health, Durham University	UK	Oral Presentation
10	Dec '17	Conditions for involving persons not	International	Greece	Oral Presentation

		able to consent in biomedical research under Article 17. Too permissive or too prohibitive?	Anniversary Conference '1997-2017: 20 years after the Oviedo Convention on Human Rights and Biomedicine', Medical Chamber of Thessaloniki		

**Specify venue, geographic location etc*

Research Projects. List the five (5) more recent and other five (5) selected (max total 10)				
Ref. Number	Date	Title	Funded by	Project Role*
1	June '25-present	Research Project: A systematic review to explore health care professionals' and parents' views of communication and consent practices in newborn screening, Hundley K., Ulph F., Bennett R.	PROSPERO-registered systematic review Supported as part of University of Manchester doctoral research.	Research team member
2	2024	Research project: "Birth Trauma", Mullock A., Fox C., Lamont, R., Allen O.	University of Manchester, School of Social Sciences, P129717 F0705	Research Assistant
3	2023	Book: Bennett, R. (2025). <i>The Welfare of Future Children: Reproductive Ethics and Disability Screening</i> . Bloomsbury Academic. [Manuscript submitted for publication].	Centre for Social Ethics and Policy, Department of Law, University of Manchester, UK.	Research Assistant
4	2019	Impact case project: "The Ethics of Medical Screening"- "The Provision of Antenatal Information for the NHS Newborn Bloodspot	Health Technology Assessment programme	Research Assistant

		Screening Programme (NBSP)" which was carried out by Ulph, F., Bennett, R., Lavender, T., Payne, K., Roberts, S. & Victor, S.		
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**Project Role: i.e. Scientific/Project Coordinator, Research Team Member, Researcher, Assistant Researcher, other*

Academic Consulting Services and/or Participation in Councils / Boards/ Editorial Committees. List the five (5) more recent (Optional Entry)				
Ref. Number	Period	Organization	Title of Position or Service	Key Activities
1	May-July 2026	International Conference on Artificial Intelligence in Health (aiHealth 2026) University of Aegean (Lesvos)	Programme Committee member	Abstract reviewer
2	Since May 2026	UNIC Medical School	Professionalism mentor	Provide mentoring and feedback to a medical student on professional development.
3	Since September 2025	University Research Ethics, Medical School UNIC	member	Review research proposals submitted to the university for ethical compliance.
4	Since April 2025-present	Bloomsbury Publishing	Series Editor	Peer review proposals and full manuscripts in reproductive ethics. Advise on thematic direction, series title, and book presentation (cover

				design, fonts, images). Guide authors to ensure scholarly rigour and coherence across the series.
5	Since October 2024-present	Research Ethics & Deontology Committee, Ionian University	Member	Review research proposals submitted to the university for ethical compliance.
6	Since 2022	International Association of Bioethics (IAB)	Member	
7	2021-2022	North Manchester General Hospital (NMGH) Clinical Ethics Committee	Advisor	
8	Since 2020	Journals: <i>Bioethics</i> , the <i>Journal of Medical Ethics</i> , <i>Clinical Ethics & World Medical & Health Policy</i>	Peer Reviewer	

Awards / International Recognition (where applicable). List the five (5) more recent and other five (5) selected. (max total 10) (Optional Entry)

Ref.	Date	Title	Awarded by:
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Other Achievements. List the five (5) more recent and other five (5) selected. (max total 10) (Optional Entry)			
Ref. Number	Date	Title	Key Activities:
1	Since April 2026	COIL Project on Research Ethics within NEOLAiA (T4.5) University of Nicosia & University of Tours, France Curriculum development, coordination & teaching	Participation in the development and coordination of the curriculum and learning activities, and contribution to teaching on international research ethics for students from the University of Nicosia and University of Tours.
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