COURSE DESCRIPTION

<table>
<tr><td>Course title</td><td colspan="4">Integrated Clinical Practice IV</td></tr>
<tr><td>Course code</td><td colspan="4">MD-206</td></tr>
<tr><td>Course type</td><td colspan="4">Required</td></tr>
<tr><td>Level</td><td colspan="4">1st cycle: undergraduate</td></tr>
<tr><td>Year / Semester</td><td colspan="4">Year 2 / Semester 4 (Spring)</td></tr>
<tr><td>Teacher's name</td><td colspan="4">Evie Vassiliou</td></tr>
<tr><td rowspan="2">ECTS</td><td rowspan="2">8</td><td>Large Group Learning per Week</td><td>Small group work per Week</td><td>Clinical practice</td></tr>
<tr><td>1-2</td><td>3</td><td>4</td></tr>
<tr><td>Course purpose and objectives</td><td colspan="4">The main objectives of the course are to:
1. Discuss elements of patient relationships and structuring consultations based on CCG, focusing on ICE.
2. Recognize the importance of effective communication in medical consultations and apply the CCG approach.
3. Discuss addressing sensitive matters and practice obtaining consent.
4. Explain the role of shared decision-making in discussing behaviour change.
5. Apply clinical reasoning to reach a reasonable differential diagnosis from histories of various systems, including musculoskeletal and neurological.
6. Perform appropriate clinical examinations of the nervous system and the thyroid gland.
7. Analyse case scenarios, discuss medical history components, and formulate management plans.</td></tr>
<tr><td>Learning outcomes</td><td colspan="4">Clinical Skills

<u>Theme 1. Abdominal Examination</u>
1. Identify and describe the anatomical landmarks and surface lines that overlie the major abdominal organs
2. Perform an abdominal examination on a colleague in a systematic way

<u>Theme 2. Rectal Examination</u>
1. Revise principles of intimate examination
2. Perform rectal examination on a mannequin
3. Identify prostate pathology during rectal examination on a mannequin

<u>Theme 3. Thyroid gland and thyroid status</u>
1. Perform and practise the thyroid status assessment.</td></tr>
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2. Perform and practise the thyroid gland examination on a colleague in a systematic way.
3. Perform an examination of the lymph nodes of the neck.

Theme 4. IV Cannulation

1. Discuss the importance of sharps safety
2. Discuss the management for needle stick injuries
3. Practice insertion of IV cannula on a mannequin

Communication Skills

Theme 3. Building the relationship with an emphasis on explanation and planning – giving information

1. Provide clinical information in a clear, structured, and patient-centred manner using signposting, plain language, chunking, and checking.
2. Tailor explanations to the patient's baseline understanding, ideas, concerns, expectations, and information needs.
3. Check the patient's understanding, invite questions, and agree immediate next steps during a musculoskeletal or nervous system consultation.

Theme 4. Informed Consent and principles of Intimate Examination

1. Explain the purpose, nature, benefits, risks, alternatives, and expected process of an intimate examination or consent-related procedure in language the patient can understand.
2. Support valid informed consent by checking understanding, voluntariness, and the patient's right to decline, pause, or stop the examination.
3. Demonstrate professional conduct for intimate examinations, including privacy, dignity, boundaries, confidentiality, appropriate chaperone use, and respectful communication before, during, and after the examination.

Psychology

4. Outline the importance of intimate physical examination.
5. Describe the emotions associated with intimate physical examinations.
6. Outline the potential psychological impact that intimate physical examinations have on patients.

Theme 5. Building the relationship with an emphasis on explanation and planning- achieving shared understanding by incorporating the patient's perspective

1. Elicit the patient's perspective on an endocrine presentation, including prior understanding, concerns, preferences, treatment burden, and relevant social context.
2. Use explanation and planning skills to develop shared understanding by linking clinical information with the patient's perspective.
3. Agree a patient-centred plan, confirm understanding using teach-back or patient summary, and identify any remaining questions or concerns.

<table>
<tr><td>Prerequisites</td><td>None</td><td>Required</td><td>None</td></tr>
<tr><td>Course content</td><td colspan="3">Clinical Skills Themes
1. Abdominal Examination 1 SP
2. Abdominal Examination 2 SP
3. Rectal
4. Thyroid gland and thyroid status
5. IV Cannulation

Communication Skills Themes
1. Building the relationship with an emphasis on explanation and planning – giving information.
2. Informed Consent and principles of Intimate Examination.
3. Building the relationship with an emphasis on explanation and planning- achieving shared understanding by incorporating the patient’s perspective.</td></tr>
<tr><td>Teaching methodology</td><td colspan="3">Lectures, tutorials and workshops

Communication skills: small group teaching, group discussions, role playing.

Clinical skills: small group teaching, demonstration of examination techniques, and examinations on peers, practising and performing the skills on mannequins.

Clinical Placements: During clinical placements students see patients under supervision.</td></tr>
<tr><td>Bibliography</td><td colspan="3">Recommended Textbooks/Reading:
<table>
<tr><th>Authors</th><th>Title</th><th>Publisher</th><th>Year</th><th>ISBN</th></tr>
<tr><td>Silverman J, Kurtz S, Draper J.</td><td>Skills for communicating with patients</td><td>CRC Press
3rd Edition</td><td>2013</td><td>9781846193651</td></tr>
<tr><td colspan="5">E-book-Permalink:
https://ebookcentral.proquest.com/lib/nicosia/detail.action?docID=4742673</td></tr>
<tr><td>Lloyd, Margaret</td><td>Clinical communication skills for medicine</td><td>Churchill Livingstone/ Elsevier
4th Edition</td><td>2019</td><td>9780702072130</td></tr>
<tr><td>Ian B. Wilkinson, Tim Raine, Kate Wiles, Peter Hateley, Dearbhla Kelly, Iain McGurgan</td><td>Oxford Handbook of Clinical Medicine</td><td>Oxford University Press
11th Edition</td><td>2024</td><td>9780198844013</td></tr>
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	J. Alastair Innes (ed.)	Macleod's clinical examination	Elsevier 15th Edition	2023	9780323847704	
	Khan, H et al.	OSCEs for Medical Finals	Wiley-Blackwell 1st edition	2013	9780470659410	
	Talley and O'Connor	Talley and O'Connor clinical examination	Elsevier 9th Edition (volume 1 & 2)	2021	9780729542593	
Assessment	• Clinical placements attendance and professional behaviour (20%) • End of Year OSCE (80%)					
Language	English					