

COURSE OUTLINE

(1) GENERAL

SCHOOL	School of Humanities and Social Sciences		
ACADEMIC UNIT	Department of Social Sciences		
LEVEL OF STUDIES	1 st Cycle		
COURSE CODE	PSY-110	SEMESTER	Fall
COURSE TITLE	General Psychology I		
INDEPENDENT TEACHING ACTIVITIES <i>if credits are awarded for separate components of the course, e.g. lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits</i>		WEEKLY TEACHING HOURS	CREDITS
		3	6
<i>Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).</i>			
COURSE TYPE <i>general background, special background, specialised general knowledge, skills development</i>	General Background		
PREREQUISITE COURSES:	None		
LANGUAGE OF INSTRUCTION and EXAMINATIONS:	English		
IS THE COURSE OFFERED TO ERASMUS STUDENTS			
COURSE WEBSITE (URL)			

(2) LEARNING OUTCOMES

Learning outcomes <i>The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.</i> <i>Consult Appendix A</i> <ul style="list-style-type: none"> • Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area • Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B • Guidelines for writing Learning Outcomes
<p>After completion of the course students are expected to be able to:</p> <ol style="list-style-type: none"> 1. Describe the historical development of psychology as a scientific discipline. 2. Explain what intelligence is, identify how it is defined and analyze biases that might be involved in its measurement. 3. Explain basic human emotions and motivations and further analyze their influence on human behavior. 4. Analyze issues of gender, sexuality and discuss possible biases related to these concepts. 5. Explain the concept of personality, compare and evaluate various theories regarding its development and ways of measuring it. 6. Describe how the process of learning takes place and analyze the more important mechanisms that underlie it. 7. Analyze basic concepts in the area of social psychology and apply them to real-life social situations. 8. Identify major categories of human psychopathology and evaluate their defining characteristics and implications.

9. Describe and analyze methods of treatment and prevention of psychological disorders, evaluating their development, implementation, and impact, with particular emphasis on the role and implications of Artificial Intelligence (AI) in contemporary psychotherapeutic and preventive interventions.

General Competences

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

<i>Search for, analysis and synthesis of data and information, with the use of the necessary technology</i>	<i>Project planning and management</i>
<i>Adapting to new situations</i>	<i>Respect for difference and multiculturalism</i>
<i>Decision-making</i>	<i>Respect for the natural environment</i>
<i>Working independently</i>	<i>Showing social, professional and ethical responsibility and sensitivity to gender issues</i>
<i>Team work</i>	<i>Criticism and self-criticism</i>
<i>Working in an international environment</i>	<i>Production of free, creative and inductive thinking</i>
<i>Working in an interdisciplinary environment</i>	<i>.....</i>
<i>Production of new research ideas</i>	<i>Others...</i>
	<i>.....</i>

Search for, analysis and synthesis of data and information, with the use of the necessary technology Working independently Team work Respect for difference and multiculturalism Showing social, professional and ethical responsibility and sensitivity to gender issues Production of free, creative and inductive thinking

(3) SYLLABUS

1. Introduction to Psychology
2. Intelligence
3. Motivation and Emotion
4. Sexuality
5. Personality
6. Learning
7. Social Psychology
8. Psychological disorders
9. Treatment and Prevention

(4) TEACHING and LEARNING METHODS - EVALUATION

DELIVERY <i>Face-to-face, Distance learning, etc.</i>	Face to Face	
USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY <i>Use of ICT in teaching, laboratory education, communication with students</i>	Use of ICT Communication with students	
TEACHING METHODS <i>The manner and methods of teaching are described in detail.</i> <i>Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc.</i> <i>The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS</i>	Activity	Semester workload
	Lectures	35
	Study and analysis of bibliography	90
	Exam preparation	25
	Course total	150
STUDENT PERFORMANCE EVALUATION <i>Description of the evaluation procedure</i> <i>Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other</i> <i>Specifically-defined evaluation criteria are given, and if and where they are accessible to students.</i>	Written exams (midterms, final exam including multiple-choice questions, short answer questions and/or essay questions analyzing psychological theory and research), weekly online quizzes covering lecture material, essays and written assignments (with AI caution), individual or group presentations in class, participation and engagement in class activities, as well as in assigned course exercises and tasks.	

(5) ATTACHED BIBLIOGRAPHY

Spielman, R. M., Jenkins, W., & Lovett, M. (2023). Psychology 2e. Independently Published.