



UNIVERSITY OF NICOSIA ΠΑΝΕΠΙΣΤΗΜΙΟ ΛΕΥΚΩΣΙΑΣ

University of Nicosia, Cyprus

Course Code SPSC-403	Course Title Internship in Physical Education	ECTS Credits 6
Department Sports Science	Semester Spring or Fall	Prerequisites SPSC:-120, -130, -140, -260, -265, -270, -275, -306
Type of Course Required	Field Physical Education	Language of Instruction Greek
Level of Course 1 st Cycle	Year of Study 4 th	Lecturer(s) Dr Tsouloupas Costas
Mode of Delivery face-to-face	Work Placement Yes	Co-requisites None
Recommended Optional Programme Components: N/A		

Objectives of the Course:

This course aims to introduce the student to the practical considerations (form 8-10 weeks x 3 days per week x 3 teaching-periods per day) of teaching physical education in a primary and secondary school environments; to provide the opportunity for the student to practice the theory learned in the pre-requisite subjects, and to allow the student to experience rewards in personal and professional growth through actual physical education teaching episodes and children contact. Through observation and practice the student will begin to gain an understanding of the skills required from a teacher. Students will improve their knowledge and develop higher order thinking skills designed to foster an effective teaching and learning based environment. Students will have the opportunity to develop their teaching skills through hands on weekly teaching experiences within local elementary/secondary schools.

Learning Outcomes:

- Through participation in and completion of this course students will be able to:
1. Understand the central concepts, tools of inquiry, and structure of physical education, and create learning experiences that foster active inquiry, collaboration, and supportive interaction in the classroom, in the gymnasium, and on the playing field.
 2. Understand how children learn, develop, and provide learning opportunities that support their cognitive, affective, and psychomotor/physical development.
 3. Understand how children differ in their approaches to learning and creates instructional opportunities that are appropriate for physical education, and adapted to learners who are diverse in terms of cultural background, emotional maturity, cognitive ability, and physical capabilities.
 4. Understand and use a variety of instructional strategies, including the use of technology, to encourage children's development of critical thinking and problem solving while engaging in gross motor activities.
 5. Use knowledge of effective verbal and nonverbal communication and

demonstration techniques, including technology as well as a variety of feedback practices, to foster a life-long interest in the pursuit of healthful life styles.

- Utilize both short and long term planning for instruction based upon knowledge of subject matter, the students, the community, available resources, and curriculum goals.

Course Contents:

- Overview of school policies.
- Physical education lessons procedures, facilities and resources.
- Analysis and observation of a variety of teaching styles and classroom management techniques.
- Plan, implement and evaluate units and lessons in accordance with the school curriculum, and refine (their own) teaching styles and classroom management techniques.
- Design and deliver a complete physical education lesson.
- Analysis and evaluation of the physical education units taught.

Preparation of a complete portfolio during the practicum

Learning Activities and Teaching Methods:

Lectures, supervision, and placement supervision

Assessment Methods:

- Midterm practicum examination, Final practicum examination, coursework/essays/assignment.
- 100% attendance is necessary. Absences due to ill-health (or any other reason) must be made up and documentation (e.g. medical certificate) presented before a pass grade can be awarded.

Required Textbooks/Reading:

Authors	Title	Publisher	Year	ISBN
Pangrazi, R.	Dynamic Physical Education Curriculum Guide: Lesson Plans for Implementation for Dynamic Physical Education for Elementary School Children (15 th ed)	Pearson: Benjamin Cummings	2006	0805379096
Rink, J.E.	Teaching physical education for learning (5 th Ed.)	McGraw-Hill	2005	0072973048

Recommended Textbooks/Reading:

Authors	Title	Publisher	Year	ISBN
Pangrazi, Robert P	Dynamic physical education for elementary school children. (15th ed.)	Pearson: Benjamin Cummings	2007	0805379088

Paul W. Darst, Robert P. Pangrazi	Dynamic Physical Education for Secondary School Students, 6/E	Pearson: Benjamin Cummings	2009	0321536797
K.T. Thomas, A.M. Lee, J.R. Thomas	Physical Education Methods for Elementary Teachers	Human Kinetics	2008	0736067043
Stephen A. Mitchell, Judith L. Oslin, Linda L. Griffin	Teaching Sport Concepts and Skills- 2nd Edition - A Tactical Games Approach	Human Kinetics	2006	0736054537
Siedentop, D., Hastie, P., & van der Mars, H	Complete Guide to Sport Education	Human Kinetics	2004	0736043802