



UNIVERSITY OF NICOSIA ΠΑΝΕΠΙΣΤΗΜΙΟ ΛΕΥΚΩΣΙΑΣ

University of Nicosia, Cyprus

Course Code SPSC-265	Course Title Team Sports Teaching I	ECTS Credits 6
Department Sports Science	Semester Spring	Prerequisites SPSC-140
Type of Course Required	Field Physical Education & Coaching	Language of Instruction Greek
Level of Course 1 st Cycle	Year of Study 2 nd	Lecturer Dr Tsouloupas Costas Dr Christou Marios
Mode of Delivery face-to-face	Work Placement Yes	Co-requisites None
Recommended Optional Programme Components: N/A		

Objectives of the Course:

The purpose of this course is to provide learning experiences that will lead to the development of basic skills in Football and Basketball. In addition to skill acquisition, the course will focus on how to plan and implement the four stages of skill development in games through the use of extending, refining, and applying tasks. Students will be expected to achieve an intermediate level of skill in the selected team sports (Football and Basketball). Much practice outside of class time and individual tutoring may be necessary for some students to achieve the expected performance level.

Learning Outcomes:

By the end of the course students should be able to:

1. Demonstrate basic skills in Volleyball and Handball using a mature movement pattern.
2. Demonstrate team play concepts and strategies in mini-game play.
3. Demonstrate knowledge of history, rules, safety, and performance techniques in selected team sports.
4. Analyze and evaluate student performance in selected sports skills.
5. Demonstrate knowledge and application of the Sport Education Model.
6. Demonstrate an understanding of the broad scope of teaching games content in physical education including the development of closed and open skills.
7. Sequence games content for teaching using appropriate combinations of extending, refining and application tasks.
8. Select, modify and apply a variety of pre-designed games for use as application tasks.
9. Develop lesson and unit plans with appropriate assessment procedures for selected team sports.

Course Contents:

1. Acquisition and Analysis of Football and Basketball
2. Planning and teaching
3. Assessment

For each unit content will include the following:

1. History, rules, safety
2. Fundamental skill acquisition
3. Drills and min-games
4. Strategies for play
5. Game play
6. Teaching the games

Learning Activities and Teaching Methods:

Lectures and practical application from the students

Assessment Methods:

Midterm examination, Final examination, Coursework, Practical examination, Attendance and Participation

Required Textbooks/Reading:

Authors	Title	Publisher	Year	ISBN
Jean- Francis Grehaigne, Jean- Francois Richard, Linda L. Griffin	Teaching and Learning Team Sports and Games	Routledge Falmer	2004	0415946409

Recommended Textbooks/Reading:

Authors	Title	Publisher	Year	ISBN
Joan A. Philipp, Jerry D. Wilkerson	Teaching Team Sports: A Coeducational Approach	Human Kinetics	1990	0-87322-259-8