



# UNIVERSITY OF NICOSIA ΠΑΝΕΠΙΣΤΗΜΙΟ ΛΕΥΚΩΣΙΑΣ

University of Nicosia, Cyprus

<b>Course Code</b> SOWK- 490	<b>Course Title</b> Understanding Addictions	<b>ECTS Credits</b> 4
<b>Department</b> Social Sciences	<b>Semester</b> Fall	<b>Prerequisites</b> None
<b>Type of Course</b> Elective	<b>Field</b> Social Work	<b>Language of Instruction</b>
<b>Level of Course</b> 1 <sup>st</sup> Cycle	<b>Year of Study</b> 4 <sup>th</sup>	<b>Lecturer(s)</b> Gregory Neocleous
<b>Mode of delivery</b>	<b>Work Placement</b> None	<b>Co-Requisites</b> None

## Objectives of the Course:

The main objectives of the course are to:

- To build upon students' skills in conducting assessments, and to teach students how to incorporate a thorough substance abuse assessment in all of their assessment activities as social workers.
- To enhance students' early intervention skills with individuals, families, groups and communities so that they can most effectively address problems related to substances.
- To gain an understanding of the bio-psycho-social-spiritual nature of substance abuse problems.

## L e a r n i n g O u t c o m e s :

After completion of the course students are expected to be able to:

1. make a thorough assessment of the presence of substance abuse and the extent of addiction present
2. be able to conduct a biopsychosocial assessment
3. have a basic knowledge of common substances of abuse and their effects
4. recognize and address the needs of special populations
5. understand the family issues in the context of substance abuse and misuse

## Course Contents:

1. The path to dependence
2. Addiction focused counseling
3. Group treatment of addiction
4. Ethics and Confidentiality
5. Case management
6. Special Populations
7. Clinical Treatment Issues

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| 8. Biochemical, social and family education     |
| 9. Substance abuse treatment and family therapy |

**Learning Activities and Teaching Methods:**

Lectures, Role Playing and Assignments, Video Presentations
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**Assessment Methods:**

Quiz, Class Presentations, Paper(substance abuse assessment), Final Exam.
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**Required Textbooks/Reading:**

Authors	Title	Publishe	Year	ISBN
Charalambos Pouloupoulos	Addictions-Therapeutic Communities	Ellinika Grammata	2005	

**Recommended Textbooks/Reading:**

Authors	Title	Publishe	Year	ISBN
Elizabeth Burton Phillips	Mum, Can You Lend Me Twenty Quit?	Portrait Books	2007	
Myers, P.L., Salt, N.R.	Becoming An Addictions Counselor	Jones and Bartlett	2007	
Dave Capuzzi,	Foundations of addictions counseling	Pearson	2008	

