



University of Nicosia, Cyprus

Course Code PSYM-700	Course Title Clinical Practicum I	ECTS credits 15
Department Social Sciences	Semester Spring	Prerequisites None
Type of Course Special Requirement	Field Clinical Psychology	Language of Instruction English
Year of Study 2 nd	Mode of Delivery Face-to-face	Lecturer(s) Members of Faculty

Course Description:

This is the first of a two semester course and it involves a combination of classroom and experimental instruction in the application of theories and techniques of psychological intervention. Guided practice, role playing, and audiovisual feedback training sessions are used in teaching how to initiate, manage and terminate the therapeutic relationship. Students will also give the opportunity to observe clinical sessions with practising psychologists. This course is linked to the students' first placement.

Course Objectives and Learning Outcomes:

The main objectives of this course is

- To facilitate students' understanding in linking different theoretical approaches to clinical intervention.
- to introduce students to the application of techniques and skills learnt in class in clinical practice.

Course Contents::

- Empathy and approaches to empathy.
- The microskills approach to interviewing skills, attending skills, listening skills, influencing skills and strategies.
- The psychodynamic frame of reference and worldview.
- Free association, using psychodynamic theory for case conceptualization.
- The cognitive-behavioral frame of reference and worldview.

- The cognitive worldview, multicultural issues.
- The existential-humanistic frame of reference and worldview.
- Victor Frankl and logotherapy, Frito Perls and gestalt therapy, ethics and the counseling of special populations-gays and lesbians, children adolescents, victims of AIDS, child abuse.
- Family therapy and the system worldview.
- Major theoretical forces of psychotherapy.

Learning Activities and Teaching Methods:

Lectures and Assignments

Recommended Textbooks/Reading:

Authors	Title	Publisher	Year
Ivey Allen E, Ivey Mary B & Simek-Morga, Lynn	Counseling and Psychotherapy. A multicultural perspective, 3rd edition,	Boston, Allyn and Bacon.	1993
Corey, Gerald, Corey, Marianne S & Callahan, Patrick	Issues and Ethics in the Helping Professions, 4th edition	Pacific Grove CA Brooks/Cole Pub Co.	1993

Assessment Methods:

1	Class Presentation
2	Assignment
3	Final Exam