



**University of Nicosia, Cyprus**

<b>Course Code</b> PSYM-690	<b>Course Title</b> Rehabilitation and Community Care	<b>ECTS credits</b> 7.5
<b>Department</b> Social Sciences	<b>Semester</b> Fall OR Spring	<b>Prerequisites</b> None
<b>Type of Course</b> Major Electives	<b>Field</b> Clinical Psychology	<b>Language of Instruction</b> English
<b>Year of Study</b> 2 <sup>nd</sup> OR 3rd	<b>Mode of Delivery</b> Face-to-face	<b>Lecturer(s)</b> Stelios Georgiades, Psych.D

**Course Description:**

This course focuses on the current trend of closing psychiatric hospitals and moving towards the more humane approach of care in the community. Following an introduction to the history and philosophy of care in the community the main emphasis of the course is on assessment, behavioural programmes and psychological interventions aiming to reduce symptomatology enhance social/community skills and improve quality of life to this group of people.

**Course Objectives and Learning Outcomes:**

The main objectives of the course is to

- Introduce students to long term psychiatric illnesses and institutionalisation and to the purposes of deinstitutionalisation and rehabilitation
- Familiarise them with assessment techniques and monitoring at the pre-deinstitutionalisation stage and during rehabilitation
- Assessment and therapeutic Programmes and monitoring techniques

**Course Contents::**

- Introduction to the aims of Community Care as opposed to Care in Psychiatric Hospitals
- Assessment tools of assessing suitability of patients for moving out in the community
- Methods of Observation and Recording symptoms and Behaviours
- Designing and application of Rehabilitation Programmes
- Monitoring and evaluation of efficacy of Behavioural Programmes

- Moving towards independent living.

**Learning Activities and Teaching Methods:**

Lectures and Assignments

**Required Textbooks/Reading:**

Authors	Title	Publisher	Year
Lecture Notes			
Review Articles			

**Assessment Methods:**

1	Mid-Term Exam
2	Final Exam
3	Assignment