

University of Nicosia, Cyprus

Course Code PSYM-685	Course Title Psychology of Prevention	ECTS credits 7.5
Department Social Sciences	Semester Fall OR Spring	Prerequisites None
Type of Course Major Electives	Field Clinical Psychology	Language of Instruction English
Year of Study 2 nd OR 3rd	Mode of Delivery Face-to-face	Lecturer(s) Marios Adonis, PhD

Course Description:

A course whose main aim is to introduce the role of prevention in a variety of settings and groups as a better alternative to treatment. Prevention programmes in drug addiction, alcoholism, cardiovascular disorders, HIV/AIDS, diabetes are some of the areas explored.

Course Objectives and Learning Outcomes:

On completion of this course students should

- Have a good understanding of the link between illness and health
- Value the role of prevention as alternative/complimentary to treatment
- Appreciate the role of prevention programmes.

Course Contents:

- Introduction to Prevention and its links to illness and health
- Human behaviour in relation to illness and health
- Prevention Programmes
- The example of Blood Donation as a prevention programme
- Application of prevention programmes in a number of behaviours linked to illnesses such as HIV/AIDS, diabetes, cardiovascular disorders, cancer, drug and alcohol addiction

Learning Activities and Teaching Methods:

Lectures and Assignments

Required Textbooks/Reading:

Authors	Title	Publisher	Year
Lecture Notes			
Review Articles			

Assessment Methods:

1	Mid-Term Exam
2	Final Exam
3	Assignment