



**University of Nicosia, Cyprus**

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| <b>Course Code</b><br>PSYM-675                 | <b>Course Title</b><br>Group Therapy    | <b>ECTS credits</b><br>7.5                |
| <b>Department</b><br>Social Sciences           | <b>Semester</b><br>Fall OR Spring       | <b>Prerequisites</b><br>None              |
| <b>Type of Course</b><br>Major Electives       | <b>Field</b><br>Clinical Psychology     | <b>Language of Instruction</b><br>English |
| <b>Year of Study</b><br>2 <sup>nd</sup> OR 3rd | <b>Mode of Delivery</b><br>Face-to-face | <b>Lecturer(s)</b><br>X. Georgiadou, PhD  |

**Course Description:**

This course involves principles and practices of conducting therapeutic groups. Participation in in-class group experiences and analysis of group dynamics in various seminars and role plays.

**Course Objectives and Learning Outcomes:**

On completion of this course students should have

- a good understanding of the different group-therapy approaches and the theoretical models guiding them
- the ability to understand the different issues that are relevant to group therapy
- the knowledge to assess the suitability of clients and organize a group for therapy.

**Course Contents::**

- The different types of group interventions
- Management of group seminars
- Resolving typical group issues
- Theories related to group therapy
- Research concerning group therapy

**Learning Activities and Teaching Methods:**

Lectures and Assignments

**Required Textbooks/Reading: Recommended Textbooks/Reading:**

| <b>Authors</b>            | <b>Title</b>  | <b>Publisher</b>                                 | <b>Year</b> |
|---------------------------|---|--|-------------|
| Corey G                   | Theory and Practice of Groups Counseling, 3rd edition,      | Pacific Grove, CS:<br>Brooks/Cole Publishing Co. | 1990        |
| Yalom I.D. and Leszcz, M. | Theory and Practice of Group Psychotherapy (5th edition). . | Basic Books, Inc                                 | 2005        |

**Assessment Methods:**

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| 1 | Mid-Term Exam |
| 2 | Final Exam    |
| 3 | Assignment    |
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