



**University of Nicosia, Cyprus**

<b>Course Code</b> PSYM-645	<b>Course Title</b> Brief Therapy and Crisis Intervention	<b>ECTS credits</b> 7.5
<b>Department</b> Social Sciences	<b>Semester</b> Fall OR Spring	<b>Prerequisites</b> None
<b>Type of Course</b> Major Electives	<b>Field</b> Clinical Psychology	<b>Language of Instruction</b> English
<b>Year of Study</b> 2 <sup>nd</sup> OR 3 <sup>rd</sup>	<b>Mode of Delivery</b> Face-to-face	<b>Lecturer(s)</b> Stelios Georgiades, Psych.D.

**Course Description:**

Introductory but in-depth course intended to orient graduate students to the general issues and theories related to crisis intervention and brief therapy, to provide them with detailed information regarding specific areas of crisis and therapeutic responding, and to offer them an interactive format whereby they will observe, develop, and use effective crisis management and brief therapy techniques.

**Course Objectives and Learning Outcomes:**

The main objectives of this course is to help students

- Identify what is crisis as well as to distinguish between the different type of crises
- Develop their counseling skills to the methods employed in different types of crises

**Course Contents:**

- Major Tenets of Brief Therapy
- Brief Therapy versus Long-Term Therapy
- Crisis Intervention Versus Therapy
- Suicide Intervention
- The Clinician in Action
- Workplace Violence
- Domestic Violence
- Psychiatric Crisis Intervention

**Learning Activities and Teaching Methods:**

Lectures and Assignments
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**Recommended Textbooks/Reading:**

Authors	Title	Publisher	Year
Budman S H	Forms of Brief Therapy”,	• New York: The Guilford Press.	1995
Everstine D S & Everstine L (1983)	“People in Crisis: Strategic Therapeutic Interventions”,	New York: Brunner/Mazel.	1993
Lecture Notes			

**Assessment Methods:**

1	Mid-Term Exam
2	Final Exam
3	Assignment