



<b>Course Code</b> PSYM-620	<b>Course Title</b> <i>Psychological Interventions I: Dynamic Approaches</i>	<b>ECTS credits</b> 7.5
<b>Department</b> Social Sciences	<b>Semester</b> <i>Fall</i>	<b>Prerequisites</b> None
<b>Type of Course</b> Major Requirement	<b>Field</b> <i>Clinical Psychology</i>	<b>Language of Instruction</b> English
<b>Year of Study</b> 2nd	<b>Mode of Delivery</b> <i>Face-to-face</i>	<b>Lecturer(s)</b> S. Petronda, PhD

### Course Description:

The application of Psychodynamic theories in the treatment of psychiatric and psychological problems is the main aim of this course. Throughout the course students will be introduced to techniques of history taking within this approach, free association dream analysis and interpretation. The efficacy of the approach as treatment modality will also be examined.

### Course Objectives and Learning Outcomes:

The main objectives of this course is to teach students

- Introduce the application of Psychodynamic theories in the treatment of psychiatric and psychological problems.
- train students to history taking within this approach, conducting sessions, and using the techniques of free association, dream analysis and interpretation as means to therapy in the treatment of a variety of problems/disorders.
- Students will be encouraged to examine the efficacy of this approach through current research.

### Course Contents::

- The Psychoanalytic Model
- The symptoms as perceived in psychoanalysis
- Personality Disorders
- Anxiety Disorders
- Affective Disorders
- Addictions

- Psychotic Disorders
- Presentation of Study Cases

**Learning Activities and Teaching Methods:**

Lectures and Assignments

**Recommended Textbooks/Reading:**

Authors	Title	Publisher	Year
Lemma A.	Handbook Introduction to the Practice of Psychoanalytic Psychotherapy: A Practical Treatment	Wiley Publications,	2003
Stone, M.H. (Ed)	Essential papers on borderline disorders: One hundred years at the border.	New York and London: New York University Press	1986
Talley, P.F., Strupp, H.H. & Butler, S.F. (Eds)	Psychotherapy research and practice: Bridging the gap.	New York: Basic Books.	1994
Taylor, G., Bagby, R.M. & Parker, J.D.	Disorders of affect regulation: Alexithymia in medicine and psychosomatic illness.	Cambridge: International University Press.	1997

**Assessment Methods:**

1	Mid-Term Exam	
2	Class Presentation	
3	Assignment	
4	Final Exam	