



## Course Syllabus

<b>Course Code</b>	<b>Course Title</b>	<b>ECTS Credits</b>
PSYD-410	Clinical and Health Psychology	10
<b>Prerequisites</b>	<b>Department</b>	<b>Semester</b>
PSYD-200	Social Sciences	Fall
<b>Type of Course</b>	<b>Field</b>	<b>Language of Instruction</b>
Compulsory	Psychology	English
<b>Level of Course</b>	<b>Lecturer(s)</b>	<b>Year of Study</b>
1 <sup>st</sup> Cycle	Marios Adonis	4 <sup>th</sup>
<b>Mode of Delivery</b>	<b>Work Placement</b>	<b>Corequisites</b>
Distance Learning	None	None

### Course Objectives:

The main objective of the course is to provide a broad understanding of the topics relevant to the specialty of Clinical and Health Psychology. Specifically:

- Roots and development of clinical psychology
- Professional ethics
- Theoretical approaches to adjustment, deviance, and therapy
- Clinical assessment techniques
- Interview and intervention procedures,
- Professional issues of contemporary clinical psychology
- The psychosocial aspects of health
- The socio-cognitive models that describe the psychological processes leading to the maintenance of health, and the promotion of the psychological well-being of physically ill persons

### Learning Outcomes:

After completion of the course students are expected to be able to:

- Discuss the historical development of clinical psychology.
- Identify a range of major contemporary clinical intervention techniques designed for individuals and groups.
- Develop and basic skills in clinical interview techniques.
- Identify a range of major contemporary clinical assessment methodologies.
- Demonstrate an ability to identify the strengths and weaknesses associated with contemporary diagnoses of mental disorders.

- Clear knowledge of professional ethics in clinical psychology.
- Discuss contemporary professional issues in clinical psychology.
- Distinguish the complex interactions of biological, psychological, and social, factors as they impact human health and disease
- Explain the biopsychosocial model and its relevance for the prevention, etiology, and treatment of disease & apply that model to specific health issues
- Explain research on the factors involved in causing, maintaining, contributing to, preventing, and treating a specific health issue

**Course Content:**

1. The history of Clinical Psychology
2. Basic Features of Clinical Assessment
3. Testing in Clinical Psychology
4. Psychotherapeutic Interventions
5. Research on Clinical Interventions
6. Clinical Specialties
7. Professional Issues in Clinical Psychology
8. The Systems of the Body
9. Health-Related Behaviors
10. Stress and Moderators of Stress Experience
11. Using Health Care Services & Patient-Provider Relations
12. The Management of Pain and Discomfort
13. Psychological Issues in Advancing, Chronic and Terminal Illness

**Learning Activities and Teaching Methods:**

Lectures, Practical Exercises, Assignments, role plays, forum discussions.

**Assessment Methods:**

Quizzes, role play assignments, term paper, final exam

**Required Textbooks / Readings:**

Title	Author(s)	Publisher	Year	ISBN
Introduction to Clinical Psychology	Kramer, G.P., Bernstein, D.A., & Phares, V.	Prentice Hall	2009	ISBN: 0131729675

Health Psychology	Taylor, S.E.	McGraw-Hill	2009	ISBN: 007-128360-9
Ethical Principles of Psychologists and Code of Conduct.	American Psychological Association	American Psychological Association	2002	-
Ethics Code	European Federation of Psychologists Associations	European Federation of Psychologists Associations	2005	-