



Course Syllabus

Course Code	Course Title	ECTS Credits
PSYD-120	Developmental Psychology	10
Prerequisites	Department	Semester
PSYD-100	Social Sciences	Spring
Type of Course	Field	Language of Instruction
Compulsory	Psychology	English
Level of Course	Lecturer(s)	Year of Study
1 st Cycle	Yianna Ioannou	1 st
Mode of Delivery	Work Placement	Corequisites
Distance Learning	None	None

Course Objectives:

The main objectives of this course are to:

- Familiarize students with the major cognitive, linguistic, social, emotional, physiological and personality aspects of development.
- Provide an in-depth understanding of the psychological changes people experience from birth through aging and death.
- Explore factors affecting prenatal, perinatal and postnatal development.
- Describe major developmental milestones achieved throughout the lifespan.
- Discuss major theories of psychosexual, psychosocial, cognitive, emotional and moral development.
- Explore the ever-changing interrelation between the individual and the social context.

Learning Outcomes:

- Demonstrate an in-depth understanding of the concept of human development across the lifespan
- Identify and critically evaluate major theories of development throughout the lifespan, from prenatal development to the end of life
- Describe the process of language acquisition in early childhood
- Analyze the physical, cognitive and emotional changes and processes during each of the major developmental phases (infancy, early childhood, middle childhood, adolescence, early adulthood, middle adulthood and old age)
- Develop familiarity with landmark research studies in the field of developmental psychology

- Demonstrate understanding of the societal challenges at each phase of human development
- Identify the main health and social challenges in adulthood and aging
- Demonstrate understanding of the process of grief and bereavement when faced with loss at different phases of life

Course Content:

1. Introduction to the study of human development
2. Biological foundations: heredity, prenatal development and birth
3. Physical, perceptual and motor development through early childhood
4. Language acquisition and cognitive development in early childhood
5. Socioemotional development in infancy and early childhood
6. Physical, cognitive and socioemotional development in middle childhood
7. Physical cognitive and socioemotional development in adolescence
8. Socioemotional development in adolescence
9. Physical, cognitive and personality development in young adulthood
10. Forming relationships in young and middle adulthood
11. The challenges of middle adulthood
12. Physical, cognitive, social and mental health issues in late adulthood
13. Dying and bereavement

Learning Activities and Teaching Methods:

Presentations, assignments, discussion forums, video demonstrations

Assessment Methods:

Quizzes, Homework assignments, Final examination

Required Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
Human Development: A life-span view	Kail, R.V. & Cavanaugh, J.C.	Wadsworth Cengage Learning	2016	-