



Course Syllabus

Course Code	Course Title	ECTS Credits
PSYC- 676	Child Therapy	7.5
Prerequisites	Department	Semester
PSYC- 510, 610	Social Sciences	Spring
Type of Course	Field	Language of Instruction
Required	Clinical Psychology	English
Level of Course	Lecturer(s)	Year of Study
2 nd cycle	Dr. Yianna Ioannou	2 nd
Mode of Delivery	Work Placement	Corequisites
Face-to-Face	N/A	None

Course Objectives:

The main objectives of the course are to:

- Introduce students to all aspects of child therapy, including case conceptualization, technique and therapy process.
- Introduce students to parent counselling and guidance.
- Familiarize students with the process of working with children at different developmental stages, from the pre-school years to adolescence.
- Provide students with skills to work with child psychopathology from a developmental perspective.

Learning Outcomes:

After completion of the course students are expected to be able to:

1. have a solid understanding of child development and psychopathology
2. have the ability to understand the different issues that are relevant to child therapy
3. understand the legal, ethical and professional issues related to child therapy
4. understand the role of the therapist and the therapeutic conditions
5. comprehend the therapeutic process in working with children and be able to apply basic techniques to this process

Course Content:

1. Historical perspectives on child therapy
2. Legal, ethical and professional considerations in child therapy
3. Understanding the meaning of play
4. Making therapeutic use of children’s drawings
5. The frame of child therapy for children and their parents
6. Basic techniques of child therapy
7. Facilitating the therapeutic process with children
8. Working with parents

Learning Activities and Teaching Methods:

Lectures, role-playing, case presentations, discussions

Assessment Methods:

Midterm Examination
In-class exercises
Final Examination
Attendance/Participation

Required Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
Starting Treatment with Children and Adolescents	Tuber, S. & Caflich, J.	Routledge	2011	9780415885584
Working with Parents Makes Therapy Work	Novick, K. & Novick, J.	Jason Aronson	2011	9780765701077

Additional required readings/articles will be made available electronically.

Recommended Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
Stories from Child and Adolescent Psychotherapy	Kronengold, H.	Routledge	2016	9781138912878
A primer for child psychotherapists	Siskind, D.	Aronson	1999	9780765702333