



Course Syllabus

Course Code	Course Title	ECTS Credits
PSYC- 637	Diversity issues: Promoting advocacy and social justice as Counseling psychologists	7.5
Prerequisites	Department	Semester
None	Social Sciences	Spring
Type of Course	Field	Language of Instruction
Required	Psychology	English
Level of Course	Lecturer(s)	Year of Study
2 nd Cycle	Dr. Andreas Anastasiou	2 nd
Mode of Delivery	Work Placement	Corequisites
Face-to-face	N/A	None

Course Objectives:

The main objectives of the course are to:

- Sensitize students to the complexity of counseling psychologists' identity as social justice and advocacy agents.
- Provide basic theoretical and practical knowledge on how to identify and correct biases and stereotyping that can harm the therapeutic process.
- Promote student self-awareness of their own cultural identity and how it affects the counselling process.
- Familiarize students with the role and the actions of counseling psychologists as social justice advocates for marginalized individuals and groups.

Learning Outcomes:

After completion of the course students are expected to be able to:

1. Critically assess the development of their own cultural identity and identify their blind spots and microaggressions.
2. Demonstrate understanding in issues of identity development, oppression, racism, classism, discrimination.
3. Develop competence in addressing discrimination issues in counseling and psychotherapy
4. Develop advocacy understanding and competence.

Course Content:

- Humanism, Feminism and Multiculturalism: Elements of Social Justice and A Revolutionary Force in Counseling Psychology Worldview and Identity Development
- Developing Multicultural Competence: Obstacles to Developing Cultural Competence and Cultural Humility
- Multicultural Counseling and Therapy (MCT)
- The Impact of Systemic Oppression Within the Counseling Process: Client Worldviews and Counselor Credibility
- Microaggressions in Counseling and Psychotherapy
- White Racial Identity Development: Counseling Implications
- The Political and Social Justice Implications of Counseling and Psychotherapy
- Developing Advocacy Competence
- Addressing Classism in Counseling and Psychology: A Social Justice Perspective on Counseling and Poverty
- Addressing Religion and Spirituality in Counseling and Psychology
- Addressing Sexism in Counseling and Psychology: Counseling Women

Learning Activities and Teaching Methods:

Class discussions, projects, assignments, presentations

Assessment Methods:

Class participation, presentation, projects, assignments, examination

Required Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
Diversity and Social Justice in Counseling, Psychology, and Psychotherapy: A Case Study Approach	Kassan, A. A., & Moodley, R.	Cognella Press	2021	978-1-5165-4859-0

Counseling the Culturally Diverse: Theory and Practice	Sue, D.W., Sue, D., Neville, H.A., & Smith, L.	• Wiley	2019 (8th Ed.)	978-1119448242
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Recommended Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
ACA Advocacy Competencies: A Social Justice Framework for Counselors	Ratts, M. J., Toporek, R.L., & Lewis, J.A.	American Counseling Association	2010	978-1556202933