



## Course Syllabus

<b>Course Code</b>	<b>Course Title</b>	<b>ECTS Credits</b>
PSYC-620	Psychological Interventions I: Dynamic Approaches	7.5
<b>Prerequisites</b>	<b>Department</b>	<b>Semester</b>
PSYC-520	Social Sciences	Fall
<b>Type of Course</b>	<b>Field</b>	<b>Language of Instruction</b>
Required	Clinical Psychology	English
<b>Level of Course</b>	<b>Lecturer(s)</b>	<b>Year of Study</b>
2 <sup>nd</sup> Cycle	Dr Yianna Ioannou	2 <sup>nd</sup>
<b>Mode of Delivery</b>	<b>Work Placement</b>	<b>Corequisites</b>
Face-to-face	N/A	PSYC-520, PSYC-605

### Course Objectives:

This course aims to familiarize students with the clinical application of psychodynamic approaches, and the process of clinical case conceptualization from a psychodynamic perspective. Students will be introduced to the main tenets of psychodynamic theories and the major techniques used in assessment, interviewing and the psychotherapy process, using illustrations of clinical material and role-playing exercises. The utility and efficacy of psychodynamic models of treatment will also be evaluated and discussed.

### Learning Outcomes:

After completion of the course students are expected to be able to:

1. Show an understanding of the main psychodynamic intervention models.
2. Develop knowledge of the main tenets and theories of psychodynamic psychotherapy.
3. Develop familiarity with psychodynamic assessment and treatment techniques.
4. Approach clinical material and develop case formulations using a psychodynamic perspective.
5. Critically evaluate the efficacy of psychodynamic treatment models.

**Course Content:**

1. Psychodynamic formulation
2. Setting the treatment framework
3. Learning to listen from a psychodynamic perspective
4. Defence analysis
5. The function of dreams, daydreams and fantasies in psychotherapy
6. Working with transference and countertransference
7. Efficacy of psychodynamic approaches

**Learning Activities and Teaching Methods:**

Lectures, Group discussion, Role-playing, Individual and group assignments

**Assessment Methods:**

Midterm exam, Exercises/Assign, Final exam and Attendance and Participation

**Required Textbooks / Readings:**

Title	Author(s)	Publisher	Year	ISBN
Psychoanalytic psychotherapy: A practitioner's guide.	McWilliams, N.	Guilford Press	2004	9781593850098
Psychodynamic Psychotherapy	Cabaniss, D. et. al..	Wiley	2011	9780470684719
Fundamentals of Psychoanalytic Technique.	Fink, Bruce.	W.W.Norton & Co	2007	9780393707250

**Recommended Textbooks / Readings:**

Title	Author(s)	Publisher	Year	ISBN
Comprehensive dictionary of psychoanalysis	Akhtar, S.	Karnac Books	2009	9781855754713

Introduction to Psychoanalysis: Contemporary Theory and Practice.	Bateman, A. & Holmes, J.	Routledge	2003	9780415107396
<i>Psychodynamic P Brunnel/ Mazel sychotherapy: Learning to Listen from Multiple Perspectives.</i>	Frederickson, Jon.	Taylor & Francis Ltd	1999	9780876309629
Psychoanalytic Case Formulation.	McWilliams, Nancy	Guilford Press	1999	9781572304628
Freud and Beyond	Mitchell, S. & Black, M.	Basic Books	1995	9780465014057