



Course Syllabus

Course Code	Course Title	ECTS Credits
PSYC-605	Assessment & Clinical Skills I: Adults	7.5
Prerequisites	Department	Semester
PSYC-522	Social Sciences	Fall/Spring
Type of Course	Field	Language of Instruction
Required	Clinical & Counseling Psychology	English
Level of Course	Lecturer(s)	Year of Study
2 nd Cycle	Dr. Andreas Anastasiou	1st
Mode of Delivery	Work Placement	Corequisites
Face-to-face	N/A	None

Course Objectives:

The main objectives of the course are to:

- Master the skills necessary for effective clinical work with adults.
- Hone communication skills.
- Refine interpersonal sophistication.
- Explore who we are as helpers.
- Address ethical issues and concerns.
- Create an atmosphere of comfort to facilitate class participation.
- Embrace a multicultural orientation.

Learning Outcomes:

After completion of the course students are expected to be able to:

1. Conduct interviews with adults clients
2. Carry out effective assessments
3. Respond empathically to clients
4. Establish a therapeutic alliance
5. Develop multicultural competencies

Course Content:

The Therapeutic Relationship
The Helping Model
Communication Skills of the therapeutic Dialogue
Empathic Responding
Probing and Summarizing
Challenging the client to develop plans and take action
Ethical considerations and concerns

Learning Activities and Teaching Methods:

Lectures, class discussions

Assessment Methods:

Assignments, Papers, Final Paper, Attendance and Participation

Required Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
The Skilled Helper: A Problem-Management and Opportunity-Development Approach to Helping	Egan, Gerard	Cengage	2014	9781285065717