



## Course Syllabus

<b>Course Code</b>	<b>Course Title</b>	<b>ECTS Credits</b>
PSYC-601	Clinical Practicum II	20
<b>Prerequisites</b>	<b>Department</b>	<b>Semester</b>
PSYC-600	Social Sciences	Fall
<b>Type of Course</b>	<b>Field</b>	<b>Language of Instruction</b>
Required	Psychology	English
<b>Level of Course</b>	<b>Lecturer(s)</b>	<b>Year of Study</b>
2 <sup>nd</sup> Cycle	Dr Christina Theodoulidou	3 <sup>rd</sup>
<b>Mode of Delivery</b>	<b>Work Placement</b>	<b>Corequisites</b>
Face-to-face	Practicum Sites	None

### Course Objectives:

The main objectives of the course are to:

- Provide Counselling Psychology Trainees a forum for peer supervision, clinical consultations and personal development
- Familiarize Counselling Psychology trainees with the process of evaluation and intake assessments of clients, history taking, case formulation and therapy process.

### Learning Outcomes:

After completion of the course students are expected to be able to:

1. Conceptualize and formulate clinical cases.
2. Conduct individual and group psychotherapy (when applicable).
3. Develop treatment plans.
4. Engage in self-reflection to identify potential emotional barriers to treatment.
5. Seek peer consultation and supervision for clinical impasses.
6. Provide supervision to peers and deliver feedback effectively.

### Course Content:

Assessment methods  
Self-awareness and self-reflection

Clinical skills  
Psychological formulation

### Learning Activities and Teaching Methods:

Practicum experiences, group exercises and discussion, practical applications, peer supervision, individual supervision, videotaping of sessions.

### Assessment Methods:

Evaluations by clinical supervisors and by the seminar facilitator, Case presentations:  
Assessment and formulation

### Required Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
Therapy and beyond. Counselling Psychology Contributions to Therapeutic and Social Issues	Milton, M.	Wiley- Blackwell	2010	978-0470715482
Counselling Psychology: A Textbook for Study and Practice	Murphy, D.	Wiley- Blackwell	2017 (1st Ed.)	978-1-119- 10686-9

### Recommended Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
Formulation in psychology and psychotherapy: Making sense of people's problems	Johnstone, L., & Dallos, R.	Routledge	2014	9781583917008

The therapist's use of self	Rowan, J., & Jacobs, M.	Open University Press	2002	0335207766
The Handbook of Counselling Psychology	Douglas, B. Woolfe, R., Strawbridge, S., Kasket, E., & Galbraith, V.	Sage	2016 (4 <sup>th</sup> Ed.)	9781446276327