



Course Syllabus

Course Code	Course Title	ECTS Credits
PSYC-601	Clinical Practicum II	15
Prerequisites	Department	Semester
PSYC-600	Social Sciences	Fall
Type of Course	Field	Language of Instruction
Required	Counseling Psychology	English
Level of Course	Lecturer(s)	Year of Study
2 nd Cycle	Dr. Andrea Koutouroushi	3rd
Mode of Delivery	Work Placement	Corequisites
Face-to-face	Practicum sites	None

Course Objectives:

The main objectives of the course are to:

- Provide counselling psychology trainees a forum for peer supervision, clinical consultations and personal development
- Familiarize counselling psychology trainees on evaluation and intake assessments of clients, history taking, case formulation and therapy process.

Learning Outcomes:

After completion of the course students are expected to be able to:

1. Conceptualize and formulate clinical cases.
2. Conduct individual and group psychotherapy (when applicable).
3. Develop treatment plans.
4. Engage in self-reflection to identify potential emotional barriers to treatment.
5. Seek peer consultation and supervision for clinical impasses.
6. Provide supervision to peers and deliver feedback effectively.

Course Content:

Introduction to Practicum II / Sharing experiences at placements

Working with emotions
 Use of silence in therapy
 Use of self in therapy
 Identifying and working with configurations of self
 Presenting client cases: Assessment and formulation -providing to peers critical and clinical feedback
 Endings: In supervision and in therapy
 Endings: Personal and professional development in Practicum

Learning Activities and Teaching Methods:

Practicum experiences, group exercises and discussion, practical applications, peer supervision, individual supervision, videotaping of sessions

Assessment Methods:

Evaluations by clinical supervisors and by the seminar facilitator, Case presentations:
 Assessment and formulation

Required Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
Therapy and beyond	Milton, M.	Wiley-Blackwell	2010	E-Book available
Counselling Psychology: A Textbook for Study and Practice	Murphy, D.	Wiley-Blackwell		E-Book available