



## Course Syllabus

<b>Course Code</b>	<b>Course Title</b>	<b>ECTS Credits</b>
PSYC-600	Clinical Practicum I	15
<b>Prerequisites</b>	<b>Department</b>	<b>Semester</b>
PSYC-505, PSYC-523, PSYC-592, PSYC-607, PSYC-608, PSYC-640 PSYC-675	Social Sciences	Spring
<b>Type of Course</b>	<b>Field</b>	<b>Language of Instruction</b>
Required	Psychology	English
<b>Level of Course</b>	<b>Lecturer(s)</b>	<b>Year of Study</b>
2 <sup>nd</sup> Cycle	Dr. Christina Theodoulidou	2 <sup>nd</sup>
<b>Mode of Delivery</b>	<b>Work Placement</b>	<b>Corequisites</b>
Face-to-face	Practicum sites	None

### Course Objectives:

The main objectives of the course are to:

- Provide counselling psychology trainees a forum for peer supervision, clinical training and personal development.
- Familiarize counselling psychology trainees to their clinical practicum and their placement at various sites where counselling psychology is applied.
- Help trainees on learning how to maintain client records, report writing, intake assessments, mental status assessment, case formulation and developing a professional identity.

### Learning Outcomes:

After completion of the course students are expected to be able to:

1. Assess and formulate clinical cases.
2. Conduct individual and group psychotherapy (when applicable).
3. Develop treatment plans.
4. Engage in self-reflection.
5. Learn to utilize individual and peer supervision.
6. Learn how to conduct mental status exams.

**Course Content:**

Communication skills Self-awareness Counselling skills Assessment methods
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**Learning Activities and Teaching Methods:**

Class discussions, role-plays, case presentations
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**Assessment Methods:**

Evaluations by clinical supervisors and by the seminar facilitator.
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**Required Textbooks / Readings:**

Title	Author(s)	Publisher	Year	ISBN
Handbook of Counselling Psychology	Douglas, B. Woolfe, R., Strawbridge, S., Kasket, E., & Galbraith, V.	Sage	2016 (4 <sup>th</sup> Ed.)	9781446276327
Counselling Psychology: A Textbook for Study and Practice	Murphy, D.	Wiley-Blackwell	2017 (1 <sup>st</sup> Ed.)	9781119106869

**Recommended Textbooks / Readings:**

Title	Author(s)	Publisher	Year	ISBN
Formulation in psychology and psychotherapy:	Johnstone, L. & Dallos, R.	Routledge	2013 (2 <sup>nd</sup> Ed.)	978-1583917008

Making sense of people's problems				
List of recommended books and articles will be provided in class				