



Course Syllabus

Course Code	Course Title	ECTS Credits
PSYC-540	Theories of Career Counseling	7.5
Prerequisites	Department	Semester
None	Social Sciences	Fall
Type of Course	Field	Language of Instruction
Required	Counseling Psychology	English
Level of Course	Lecturer(s)	Year of Study
2 nd Cycle	Dr. Christina Theodoulidou	1st
Mode of Delivery	Work Placement	Corequisites
Face-to-face	N/A	None

Course Objectives:

The main objectives of the course are to:

- Familiarize students with the current approaches to career development planning and placement.
- Teach students about the social and psychological factors in career decision-making.

Learning Outcomes:

After completion of the course students are expected to be able to:

1. Develop a theoretical and critical understanding of the different theories in Career Counseling .
2. Summarize, compare and contrast the major theories in Career Counseling.
3. Apply ethical standards of the profession to one's own work.

Course Content:

Definition of Career /Career Counselling
Counseling Theories Part I- Humanistic Theories
Counseling Theories Part II- Behavioral and Cognitive-Behavioral Theories
Counseling Theories Part III- Psychoanalytic and Psychodynamic Theories
Narrative Approaches to career counselling

Counseling Theories Part IV-Contextual and Systemic Theories
 Theories of Career decision making and theories of Adult Career Development
 Evaluating the Effectiveness of Career Counseling
 The career counselling process and the skills involved
 Assessment tools and techniques
 Ethical Issues

Learning Activities and Teaching Methods:

Lectures, Group discussions, Role plays, Case studies

Assessment Methods:

Assignment, Final Examination

Required Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
Understanding Career Counselling: Theory, Research and Practice	Kidd, J.M.	Sage: New York	2006	978-141290339
Career Development and Counseling : Putting Theory and Research to Work	Brown,S. D. & Lent, W.	John Wiley& Sons	(2nd Ed.)	9781118222225

Recommended Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
Handbook of Counselling Psychology	Woolfe, R., Strawbridge, S., Douglas, B., & Dryden W.	SAGE	2009	978- 1847870797