



## Course Syllabus

<b>Course Code</b>	<b>Course Title</b>	<b>ECTS Credits</b>
PSYC-520	Advanced Theories and Models of Psychotherapy I	7.5
<b>Prerequisites</b>	<b>Department</b>	<b>Semester</b>
None	Social Sciences	Fall
<b>Type of Course</b>	<b>Field</b>	<b>Language of Instruction</b>
Required	Clinical Psychology	English
<b>Level of Course</b>	<b>Lecturer(s)</b>	<b>Year of Study</b>
2 <sup>nd</sup> Cycle	Stella Petronda	1 <sup>st</sup>
<b>Mode of Delivery</b>	<b>Work Placement</b>	<b>Corequisites</b>
Face-to-face	N/A	None

### Course Objectives:

This course aims to offer students an introduction to psychodynamic/exploratory theories and models of psychotherapy. The course will introduce students to the history of psychoanalytic theory and its evolution into more contemporary psychodynamic models of psychotherapy. Specific focus will be given to Drive Theory, Ego Psychology, Object Relations Theory and Self Psychology.

### Learning Outcomes:

After completion of the course students are expected to be able to:

1. Develop knowledge of the theories and models of Psychotherapy covered in this class.
2. Develop an ability to critically think and evaluate the efficacy of these models in understanding and formulating cases.

### Course Content:

1. The Classical Psychoanalytic Tradition
2. Ego Psychology
3. Interpersonal Psychoanalysis
4. Object Relations Theory

5. Psychology of the Self
6. Contemporary psychoanalytic theory
7. Practical considerations for psychotherapy

**Learning Activities and Teaching Methods:**

Lectures, group discussion, in-class presentations

**Assessment Methods:**

Midterm exam, final exam, attendance and participation, presentation/class discussion & short paper

**Required Textbooks / Readings:**

Title	Author(s)	Publisher	Year	ISBN
Freud and Beyond: A History of Modern Psychoanalytic Thought	Stephen A. Mitchell and Margaret J. Black	Basic Books	2016	Freud and Beyond: A History of Modern Psychoanalytic Thought

**Recommended Textbooks / Readings:**

Additional Readings will be distributed in class or electronically