



<b>Course Code</b> PSY-720	<b>Course Title</b> Group Psychotherapy	<b>Credits (ECTS)</b> 7.5
<b>Department</b> Social Sciences	<b>Semester</b> Fall	<b>Prerequisites</b> None
<b>Type of Course</b> Required	<b>Field</b> Psychology	<b>Language of Instruction</b> English
<b>Level of Course</b> 3 <sup>rd</sup> Cycle	<b>Year of Study</b> 1st	<b>Lecturer</b> Dr. Xenia Georgiadou
<b>Mode of Delivery</b> face-to-face	<b>Work Placement</b> N/A	<b>Co-requisites</b> None

***Objectives of the Course:***

The main objectives of the course are to:

1. help students develop an understanding of the different dimensions of group therapy
2. familiarize the students with the different stages in the development of a group
3. introduce students to different techniques and topics in group therapy

***Learning Outcomes:***

After completion of the course students are expected to be able to:

1. have a good understanding of the different phases of group therapy
2. have the ability to understand the different issues that are relevant to group therapy
3. understand the ethical and professional issues related to group therapy
4. understand the role of the therapist and the therapeutic conditions
5. comprehend the therapeutic process of a group and be able to apply basic techniques to this process

***Course Contents***

1. Introduction to Group Work
2. Group Leadership
3. Ethical and Professional Issues in Group Practice
4. The Therapeutic Factors- Interpersonal Learning
5. The therapist: Working in the Here-and-Now
6. Early Stages in the Development of a Group- The Selection of Clients
7. Creation of the group: Place, Time, Size, Preparation
8. Basic Techniques in Group Leadership
9. Exercises in Group Counseling
10. Later Stages in the Development of a Group
11. Counseling Theories in Group Counseling

**Teaching Methods:**

Lectures, assignment, mid-term, final exam
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**Assessment Methods:**

Individual Paper	30%
Class Presentation	25%
Final Examination	35%
Attendance and Participation	10%
<b>Total</b>	<b>100%</b>

**Required Textbooks:**

Authors	Title	Publisher	Year	ISBN
Gerald Corey	Theory and Practice of Group Counseling  International Student Edition	Brooks/Cole Cengage Learning	2012 (8th Ed.)	978-0-8400-3389-5
Yalom I.D. and Leszcz, M.	The Theory and Practice of Group Psychotherapy	Basic Books, Inc.	2005 (5th edition)	978-0-465-09284-0
Articles provided in class				

**Recommended Textbook:**

Authors	Title	Publisher	Year	ISBN
Masson, R. L., Jacobs, E.E., Harvill, R.L., & Schimmel, C.J.	Group Counseling Interventions and Techniques  International Edition	Brooks/Cole Cengage Learning	2012 (7th Ed.)	978-0-8400-3395-6