



UNIVERSITY OF NICOSIA ΠΑΝΕΠΙΣΤΗΜΙΟ ΛΕΥΚΩΣΙΑΣ

DEPARTMENT OF SOCIAL SCIENCES

PSY 715: Assessment and Clinical Skills

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| Course Code PSY-715 | Course Title Assessment and Clinical Skills | ECTS Credits 7.5 |
| Department Psychology | Semester Spring | Prerequisites None |
| Type of Course Major Requirement | Field Clinical Psychology | Language of Instruction English |
| Level of Course 3 RD Cycle | Year of Study 1 st | Work Placement N/A |
| Mode of Delivery Face-to-Face | Lecturer(s) Dr. Yianna Ioannou | Contact information ioannou.yi@unic.ac.cy |

Objectives of the Course:

This course aims to introduce and familiarize students to clinical interviewing, to the process of clinical case formulation and basic clinical skills. Students will be trained on techniques of interviewing, history taking, performing mental status examinations and doing case formulations, through illustrations of clinical material and role-playing exercises. Students will also receive training on basic clinical skills such as active listening, empathy, paraphrasing, and integrating clinical information.

Learning Outcomes:

After completion of the course students are expected to:

1. Develop knowledge of how to conduct initial clinical interviews with adult and child populations.
2. Develop familiarity with the process of clinical assessment and of developing a case formulation.
3. Develop familiarity with writing initial assessment reports.
4. Acquire skills and knowledge to perform mental status examinations.
5. Establish a basic understanding of how to approach clinical material and develop case conceptualizations.
6. Cultivate basic clinical skills such as active listening, reflecting and empathy.

Learning Activities and Teaching Methods:

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| Lectures, Group discussion, Role-playing, Individual and/or group assignments |
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Assessment Methods:

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| 1 | Assignments (Including Group Assignments, Role-playing and Discussion) |
| 2 | Midterm exam |
| 3 | Final exam |

Required Textbooks/Reading:

| Authors | Title | Publisher | Year |
|-----------------------|--------------------------------------------------|---------------------------------------|-------------|
| Eells, T.D. | Handbook Of Psychotherapy Case Formulation | Guilford Press | 2007 |
| Greenspan, Stanley I. | The Clinical Interview of the Child | American Psychiatric Publishing | 2003 |

Recommended Reading:

| Authors | Title | Publisher | Year |
|-------------------------|----------------------------------------------------------------|-------------------|-------------|
| Sadock, B. & Sadock, V. | Kaplan & Sadock's Pocket Handbook of Clinical Psychiatry | Walters Kluwer | 2010 |
| Siskind, D. | A Primer for Child Psychotherapists | Jason Aronson | 1999 |