



## Course Syllabus

<b>Course Code</b>	<b>Course Title</b>	<b>ECTS Credits</b>
PSY-460	Practicum in Psychology	6
<b>Prerequisites</b>	<b>Department</b>	<b>Semester</b>
4 <sup>th</sup> year student in good standing	Psychology	Fall, Spring
<b>Type of Course</b>	<b>Field</b>	<b>Language of Instruction</b>
Required	Psychology	English/Greek
<b>Level of Course</b>	<b>Lecturer(s)</b>	<b>Year of Study</b>
1 <sup>st</sup> Cycle	Dr Maria Koushiou	4 <sup>th</sup> year
<b>Mode of Delivery</b>	<b>Work Placement</b>	<b>Co-requisites</b>
Face-to-Face	N/A	None

### Course Objectives:

The main objectives of the course are to:

- Involve the student being placed in a field site(s) where the student observes and supports in the provision of psychological services. Working under the supervision of a qualified professional the student is given tasks that are within the scope of the student's abilities and training.
- The course exposes students to professional issues and problems in the delivery of psychological services. Students will participate in weekly discussion in the first weeks to clarify these objectives and later to share field experiences.

### Learning Outcomes:

After completion of the course students are expected to be able to:

1. Approach all psychological service situations in a relaxed, sensitive, and ethical manner
2. Recognize the complexity of situations in the application of psychological principles and processes.

3. Apply psychological concepts, theories, and research findings as these relate to everyday life.
4. Observe how applying psychological principles can facilitate change
5. Recognize that socio-cultural contexts may influence the application of psychological principles in solving social problems.
6. Record reactions to different situations in a diary form, reflecting on the implications of their experience and behavior as an individual and in a small group interaction.

**Course Content:**

1. Introduction to the field
2. Being a helper and advocate
3. Elements of counseling
4. Talking at or with
5. Appreciation of the Systemic Approach
6. Participating in a group process
7. Appreciating Diversity
8. Professional identity and an ethical approach
9. Reflection and working with a diary
10. Being able to say “goodbye”

**Learning Activities and Teaching Methods:**

Role playing, Group and small group discussions, Keeping a field diary, Reporting

**Assessment Methods:****Observation and Reports**

Each student will be passed (P) or not passed (Inc) in this course. Clear evaluations will be made with the students and the unsuccessful completion of certain learning outcomes will be explained in full.

The student is required to work for a period of 100 hours in the field. After initial placements are made students must fulfill a minimum of 60% of their hours in the field (60 hrs.), 20% in the classroom interaction (20) and 20% in relevant seminars (20).

Any placement that the student arranges must be validated by a visit by the course coordinator.

### Required Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
Your Practicum in Psychology	Matthews, J., Walker, E. C.	American Psychological Association	2006	1-59147-328-4

### Recommended Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
Becoming a Helper	Corey, S. M., Corley, G.	Wadsworth	2006	ISBN-10 0534614523
How To Talk So Kids Will Listen and Listen so Kids Will Talk	Faber, A., Mazlish E., Coe K. A.	Piccadilly Press	2001	ISBN 1853407054
The Elements of Counseling	Meir, S. T., Davis, S. R	Brooks/Cole	2007	ISBN 0495017744
Anti-oppressive practice in health and social care	Nzira, V., Williams, P, ()	Sage	2009	ISBN 9781412922685