



Course Syllabus

Course Code	Course Title	ECTS Credits
PSY-405	Clinical Psychology	6
Prerequisites	Department	Semester
PSY-110, PSY-111, PSY-240	Social Sciences	Spring
Type of Course	Field	Language of Instruction
Elective	Psychology	English/Greek
Level of Course	Lecturer(s)	Year of Study
1 st Cycle	Dr Nuno Ferreira	4 th
Mode of Delivery	Work Placement	Co-requisites
Face-to-Face	N/A	None

Course Objectives:

The main objectives of the course are to:

- provide a broad understanding of the topics relevant to the specialty of Clinical Psychology
- roots and development of clinical psychology
- ethics
- approaches to adjustment and deviance
- clinical assessment techniques
- interview and intervention procedures,
- professional issues of contemporary clinical psychology

Learning Outcomes:

After completion of the course students are expected to be able to:

1. Discuss the historical development of clinical psychology.
2. Identify a range of major contemporary clinical intervention techniques designed for individuals and groups.

3. Develop and basic skills in clinical interview techniques.
4. Identify a range of major contemporary clinical assessment methodologies.
5. Demonstrate an ability to identify the strengths and weaknesses associated with contemporary diagnoses of mental disorders.
6. Clear knowledge of professional ethics in clinical psychology.
7. Discuss contemporary professional issues in clinical psychology.

Course Content:

1. Definitions: What is Clinical Psychology?
2. The history of Clinical Psychology
3. Basic Features of Clinical Assessment
4. Interviewing and Observation in Clinical Psychology
5. Testing in Clinical Psychology
6. Basic Features of Clinical Interventions
7. Psychodynamic and Humanistic Psychotherapies
8. Behavioral and Cognitive-Behavioral Interventions
9. Research on Clinical Intervention
10. Clinical Specialties: Clinical Child Psychology, Health Psychology, Clinical Neuropsychology, Forensic Psychology
11. Professional Issues in Clinical Psychology

Learning Activities and Teaching Methods:

Lectures, Practical Exercises, Assignments

Assessment Methods:

Mid-term, Final exam

Required Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
Introduction to Clinical Psychology, 7/E	Geoffrey P. Kramer, Douglas A. Bernstein, Vicky Phares	Prentice Hall	2009	0131729675
Ethical Principles of Psychologists and Code Of Conduct	American Psychological Association		2002	
Ethics Code	European Federation Of Psychologists Associations		2005	